

Thursday, March 22, 2018

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Watchdog takes hospital out of special measures



After lowest rating in October 2016, facility now just 'requires improvement'

■ Health inspectors praise critical care and end of life care with special mentions

■ Centre was UK's best for cancer treatment waiting times in December 2017

■ But trust chief executive calls for new building to cope with growing town

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■ Kings, Unit 4, Church Langley Way, Harlow	■ Reyland Johnson, 1 Acorn Mews, Harlow
■ Kings, 19 East Gate, Harlow	■ Howick & Brooker, 1 High Street, Old Harlow
■ Geoffrey Matthews, 47 High Street, Old Harlow	■ Belvoir, 40 High Street, Old Harlow

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THE TOP 5 THINGS TO DO THIS WEEK



The Age of Anxiety by The Royal Ballet is one of the performances which will be screened live from the Royal Opera House next week

Photo: ROYAL BALLET

ROYAL BALLET

BERNSTEIN CENTENARY: YUGEN/ CORYBANTIC GAMES/THE AGE OF ANXIETY: SAFFRON SCREEN, AUDLEY END ROAD, SAFFRON WALDEN CB11 4UH, TUESDAY, MARCH 27, 7.15PM

Ballet triple bill, broadcast live from the Royal Opera House. The Royal Ballet celebrates the centenary of Leonard Bernstein's birth with an all-Bernstein programme from the company's three associate choreographers: Wayne McGregor, Liam Scarlett and Christopher Wheeldon. Bernstein was one of the first classical composers in America to achieve both popular and critical acclaim. He was eclectic in his sources – drawing on jazz and modernism, the traditions of Jewish music and the Broadway musical – and many of Bernstein's scores are remarkably well suited to dance.

He was particularly associated with Jerome Robbins, and their credits together including Fancy Free and West Side Story.

To celebrate the centenary of the composer's birth, The Royal Ballet has united all three of its associate choreographers to celebrate the dynamic range and dance-ability of Bernstein's music.

The programme includes two world premieres: The first, Yugen from Wayne McGregor is based on Bernstein's choral masterpiece Chichester Psalms, and the second, Corybantic Games from Christopher Wheeldon, is set to Serenade (after Plato: Symposium).

At the heart of the programme is the first revival of Artist in Residence Liam Scarlett's The Age of Anxiety, created in 2014 to Bernstein's soul-searching Second Symphony.

Both symphony and ballet are inspired by WH Auden's masterful modernist poem, itself written in response to the atmosphere of disillusionment and uncertainty that followed the end of World War II.

Tickets are priced at £19. For details visit: saffronscreen.com

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MOUNTFITCHET CASTLE: STANDED MOUNTFITCHET CM24 8SP, EVERY DAY FROM 10AM

Mountfitchet Castle is a fun and educational open-air museum where you and yours can travel back in time over 900 years and witness life in a cool medieval Motte and Bailey castle, the only recreational site in the world to exist on the same site as the original.

Explore the castle itself and roam around the Norman village hidden behind the imposing castle walls, wandering in and out of the recreated houses, smelling the log fires and feeling the atmosphere of a long passed lifestyle.

Very educational and very cool at the same time!

You can also meet and hand feed the tame fallow deer and many other rescued animals that now roam free around the scenic ten-acre site.

The House on the Hill Toy Museum is included in your entry with over 80,000 toys, books and games on display from late Victorian times up to 1990s with hands-on activities throughout the museum including puppet theatre, quots, Lego and Brio tables.

There's also the Haunted Manor feature (additional charge applies and bravery required) bewitched tunnels and chambers to explore.

And there's also a rock 'n' roll exhibition celebrating the golden era of the 1960s and 70s, the WWI and WWII Blitz and Battle of Britain with helmets and masks to try on.

Tickets £19 for adults and £9 for children. For details visit: www.mountfitchetcastle.com

MASTERWORKS

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SWING CLUB

SWINGING AT THE COTTON CLUB: SAFFRON HALL, AUDLEY END ROAD, SAFFRON WALDEN CB11 4UH, SUNDAY, MARCH 25, 3PM

Take a step back into 1920s and 30s New York City and through the doors of Harlem's hottest nightclub – The Cotton Club.

In this show, the exhilarating dance and music of the Cotton Club is recreated with performances that Duke Ellington, Louis Armstrong, Cab Calloway, Billie Holiday, Ella Fitzgerald, and Fats Waller would have been proud of.

Tickets £28 for details visit: www.saffronhall.com

NO BAD WOLF

LITTLE ANGEL THEATRE PRESENTS – RED RIDING HOOD AND THE WOLF, WRITTEN BY JON BARTON: RHODES ARTS COMPLEX, 1-3 SOUTH 3RD, BISHOP'S STORTFORD CM23 3JG, SATURDAY, MARCH 24, 11AM & 2PM

Time for bed. Tuck yourself in. This is where Robyn's story begins. How can they expect her to sleep at a time like this? She takes a book and starts to read. But she can't relate to Red Riding Hood, sugar and spice and all things nice.

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Enjoy a new spin on this classic story about two misfits who just want to fit in. Recommended age from age seven. For details visit: www.rhodesartscomplex.co.uk/



Red Riding Hood is in town – but the wolf isn't bad at all

CONCERT – MOZART GREAT MASS IN C MINOR: SAFFRON HALL, AUDLEY END ROAD, SAFFRON WALDEN CB11 4UH, SATURDAY, MARCH 24, 7.30PM

Two Mozart masterworks, one great, one small, reflecting love's inspiration. Mozart's vow to write a mass after his marriage to Constanze produced The Great C Minor Mass.

Interspersed with monumental choruses, it includes a beautiful solo written specially for her voice. 'Et incarnatus est'; described by Pope Francis as "matchless; it lifts you to God".

Similarly, a tender Romanze lies at the heart of Mozart's 'little serenade', Eine Kleine Nachtmusik.

Award-winning composer Janet Wheeler conducts I Sing and Ever Shall, her celebration of singing's many inspirations, setting texts from Dickinson, Tagore, Herrick and others, including the Muse of Love.

Tickets £28 for details visit: www.saffronhall.com

'Friendly' homeless man who lived in car park at store dies

Hamad Fahari, known to many Tesco customers, was physicist and war veteran

By Hannah Kane
hannah.kane@essexlive.news

A "FRIENDLY" homeless war veteran has passed away after living in a car in the car park of Tesco in Harlow.

Hamed Fahari, a quantum physicist who fought in Iraq, was a friendly face to those who shopped in the superstore in Church Langley.

Clive Turner, 40, had become friends with him after passing him one night.

"He was living in his car at the back of the car park," he said.

"I saw him there one night in November and started chatting to him.

"I came back with a bag of food and clothes for him and it went from there.

"I started to go and talk to him every day and he became my friend, buying him food and helping where I could."

Charity

On March 8, Clive received a call from homeless charity Streets to Homes to say his friend had passed away while staying in the Oasis Hotel.

Clive said: "Hamed had been moved there by the charity when the weather turned a lot colder.

"He was on medication for a lot of different things. He had Alzheimer's, he was diabetic and suffered from PTSD and flashbacks from his time in the army.

"I still don't know the cause of his death. A few days before I



Hamed Fahari talking to a journalist

found out I was phoning him and phoning him but he wouldn't pick up.

"I have a lot of respect for him and he was a really friendly man loved by all."

Hamed had a degree in quantum physics, and was once shortlisted to work with Stephen Hawking.

Clive said: "I have seen all his paperwork. He was a very intelligent man, before he fell on hard times.

"He almost worked with Stephen Hawking once, so they'll be up there together now."

Hamad suffered from post-traumatic stress disorder (PTSD) from fighting in the Iran-Iraq war meaning his life spiralled.

"He was an alcoholic, but he was getting himself back on track," said Clive.

"He was going to support meetings, and when he was sober I would tell him he was doing a great job.

"He was on track to get a house. I'm not sure he saw that as good



Hamed Fahari, a quantum physicist who fought in the Iran-Iraq war, was a friendly face to those who shopped in the superstore in Church Langley

enough considering all he had achieved before.

"I wish there was more I could do."

In November, Clive set up a

fundraising page for his friend, raising over £700 to provide him with food and clothing.

"I can't thank the people who donated enough," he said.

"I spent the money on him as he needed it.

"It went on clothes, food, blankets and sometimes hotels.

"I have £30 of that money left

and it's going to go towards Streets to Homes.

"It's awful that people have died like this, we need to do more and help where we can."



Daniel Jones from Harlow (left) was one of the five British tourists arrested

'Pool party' man jailed in Cambodia

A man from Harlow has been jailed in Cambodia after he was convicted of posting "pornographic images".

Daniel Jones, 31, was handed a year-long prison sentence, ten months of which have been suspended, after images emerged of a group of people acting out what

appear to be sex positions at a pool party.

After being charged by Cambodian police for what officials described as "pornographic dancing", Jones was found guilty of the offence.

He was one of ten people arrested back in January after alleg-

ations emerged from the Let's Get Wet pool party, which he had helped to organise.

At the Siem Reap provincial court, Jones was sentenced to one month and 22 days in prison, which he has already served.

Jones was one of five British tourists arrested during a police

raid after images of the pool party were published online by a Cambodian expatriate website.

All of the people arrested were aged from 19-35 and two of those were women.

It is thought the cases against the other nine people were dropped.

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Stephen Donovan and his uncle, Fred Stokes

'Fred's end-of-life care was perfect'

THE family of an 88-year-old dementia patient who spent some of his last days at Princess Alexandra Hospital say the quality of care he received was "perfect".

Fred Stokes, 88, was living in a care home in North Weald when he was brought to the Harlow hospital with an infection on January 10 and subsequently transferred to a special ward for elderly care on February 7.

Fred – who had previously asked to return to his care home to be back in familiar surroundings – was stable enough to be allowed home on February 14. He died peacefully the next day.

His nephew Stephen Donovan came to see Fred every day for four weeks with wife Frances and said: "Things like combing his hair, every little thing like that meant a lot."

Dementia

"Up until his dementia, he was very smart and looked after his looks."

"But with dementia, when you get an illness that takes you down more than one step and he had two or three infections that really dragged him down."

"He went downhill very quickly in the last six months."

"I can't fault anything. We could see a gradual decline but in the end we heard Fred saying he wanted to go home and that was the care home in North Weald."

"He came over to Gibberd Ward and it was almost another step up in the care and the way he was looked after."

"It's a strong word but I would even go as far as to say it was perfect."

End-of-life care is one of the service areas within the latest Care and Quality Commission (CQC) report that shows significant improvement at Princess Alexandra Hospital, with the service now rated as 'good'.

Princess Alexandra taken out of special measures 18 months Jubilation as hospital is recognised as being well on the mend

By Piers Meyler

piers.meyler@esssexlive.news

PRINCESS Alexandra Hospital in Harlow has been taken out of special measures 18 months after a damning report.

The health watchdog has highlighted critical care and end-of-life care for special mention after agreeing enough improvements have been made to bring the hospital out of special measures.

England's Chief Inspector of Hospitals recommended the hospital be placed into special measures in October 2016 after a Care Quality Commission (CQC) inspection rated the trust as 'inadequate'

overall. A report published today, March 21, has now rated overall hospital services as 'requires improvement'.

Following inspections carried out in June and July of that year, the CQC found the trust – which provides acute hospital and specialist services for around 350,000 people – had seen a deterioration in the quality of some services and identified significant safety concerns.

Less than two years on from those inspections, however, the latest CQC report reflects the many positive changes made throughout the trust since its previous inspection report.

It is now rated as 'good' in

the effective, caring and well-led categories of the inspection, and the overall rating has risen from 'inadequate' to 'requires improvement', which the hospital says reflects the programme of changes underway.

Princess Alexandra Hospital NHS Trust is now among the best performing trusts in the country for many aspects of care and was the UK's best for cancer waiting times in December 2017.

Maternity

Its maternity services were rated as 'outstanding' by the CQC and its end-of-life and dementia services was also praised.

The trust's chief executive Lance McCarthy said: "We are delighted in terms of what the CQC has said and I'm delighted for the 3,000 staff who have worked very hard to improve the quality of care."

"The areas that have improved the most are critical care and end-of-life care, but every area has seen improvements."

"Whilst I am delighted that we are coming out of special measures – and we have seen



some real signs of improvement – we are still rated as 'requires improvement' overall. We know we need to continue to improve, we have a detailed quality improvement plan which we are implementing."

"We know one area we struggle with is the flow of patients through the hospital and consequently the impact that has on our performance against the four-hour standard."

"At the moment we're not getting it right for all of our patients all of the time, and we are not going to be satisfied until we do – our ambition is to transform Princess Alexandra Hospital into an 'outstanding' trust."

"With the scale of change we have delivered in such a

short space of time, and with three out of five areas now rated as 'good' by the CQC, the next jump to becoming a 'good' trust overall is clearly within our grasp."

"I am pleased to say that there were no surprises within the CQC report. We know and understand the areas where we need to make more progress."

"Our quality improvement plan reflects the findings of the most recent inspection and work continues to build on the good practice we have achieved so far."

"Our services have benefited greatly from the £7.5 million we have invested into our estates this year, and we are actively pursuing our plans for a new, modern hospital at Harlow."



The Princess Alexandra Hospital in Harlow



Lance McCarthy, the chief executive of Princess Alexandra Hospital

'We still need to

THE chief executive of Princess Alexandra Hospital in Harlow says a new hospital is needed for the town to keep up with its housing and population growth.

Lance McCarthy, the trust's chief executive is set to meet NHS officials in May for formal permission to develop an outline business case to replace the outdated hospital, which needs almost £100 million investment to maintain current standards over the next decade.

An additional £50 million is thought to be needed to make the improvements necessary to refurbish wards and to bring the hospital up to modern standards.

He said: "The environment doesn't help. We are working out of original 1960s buildings and infrastructure that causes us significant problems on a regular basis."

"It is becoming increasingly hard to maintain and

increasingly hard for us to provide modern services in a building that wasn't designed for the volume and type of care we are providing."

"If we project ahead, we need a new hospital to manage care into the future."

The hospital has identified £27 million worth of improvements that are required over the next five years which increases to £90 million over the next decade.

Refurbish

Mr McCarthy added: "That is just to stay still and then we need another £50 million to refurbish wards and bring the hospital up to modern standards."

"With those figures you are looking at building a new hospital."

"We've submitted a strategic outline case to the regulator NHS Improvement that is with the Department of Health and we are

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after receiving a damning CQC report



Princess Alexandra Hospital in Harlow is now out of special measures; below, a chart showing how each department at the hospital was rated in its most recent inspection

	SAFE	EFFECTIVE	CARING	RESPONSIVE	WELL-LED	OVERALL
Urgent and emergency services	Requires Improvement	Good	Good	Requires Improvement	Requires Improvement	Requires Improvement
Medical care (including older people's care)	Requires Improvement	Good	Good	Requires Improvement	Requires Improvement	Requires Improvement
Surgery	Requires Improvement	Good	Good	Requires Improvement	Good	Requires Improvement
Critical care	Good	Good	Good	Requires Improvement	Good	Good
Services for children and young people	Requires Improvement	Good	Good	Requires Improvement	Requires Improvement	Requires Improvement
End of life care	Good	Good	Good	Good	Good	Good
Maternity and gynaecology	Good	Good	Outstanding	Good	Outstanding	Outstanding
Outpatients and diagnostic imaging	Good	NA	Good	Requires Improvement	Good	Good
OVERALL	Requires Improvement	Good	Good	Requires Improvement	Requires Improvement	Requires Improvement

move on with relocation'

meeting them at the end of the May to hopefully get formal approval to develop an outline business case – a detailed business case for a new hospital."

In the meantime, the population of Harlow and the surrounding areas are expected to increase dramatically over the next 15 years.

Concerns

"We are really clear we need it because of current environmental issues and concerns and to future proof and to provide the best care we can," Mr McCarthy added.

"We are working really closely with councils around their housing plans.

"The five or six boroughs we serve are set to have 51,000 new homes by 2033.

"That's a lot of extra people. We are working closely with them to understand that and the type of patient and demographic who will move in."



Lance McCarthy says the PAH needs £150 million in investment



Head of children's services Fiona Lodge, left, with NICU ward manager Janelle Gardner

Neonatal unit manager praised for helping babies to be happy and safe

THE ward manager on the Neonatal Intensive Care Unit (NICU) at the Princess Alexandra Hospital has been praised for her work, which has won her a trust award for commitment.

Maternity and gynaecology was given an 'outstanding' rating in the (CQC report, which also specifically highlighted Janelle Gardner's work on the NICU.

She said: "It's about the parental engagement and making sure that the care we are providing is safe for the babies and that they are having a positive experience.

"A lot of the time we can get caught up in the mundane stuff and forget that it's their baby.

"We know having skin-to-skin

contact regulates heartbeats and temperature and is good for bonding and feeding."

The improvements made on the NICU by Janelle include inviting parents to team days to come back and share their experiences.

They also held an event last year called 'Graduates of NICU', where babies who had been cared for on the unit were invited with their parents to reunite with staff.

Redecorated

In addition, the parents' room has been redecorated with new furniture and an 'honesty box' so parents can easily grab a bite to eat, which is particularly helpful when they have made an

unplanned visit. There is also a breastfeeding room which features comfy chairs and a TV so that mothers are comfortable and relaxed while they express milk, which can take around 30 minutes each time.

Carly Smith, from Harlow, whose two children, Sylvia and Owen, were born at 26 weeks, spent the first seven weeks of their lives at Cambridge before being transferred to Princess Alexandra Hospital.

She said: "I must admit the nurses always listen to what I've got to say. Since coming here I have been more involved in the twins and been able to hold them. You are very much encouraged to hold your babies."

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Mum Suzie with Jake

Mother's warning after boiling tea burns baby

Little Jake left screaming in agony after being scalded in café

By Richard Duggan
richard.duggan@essexlive.news

A MUM-OF-TWO has shared graphic photos online to warn others of the dangers of children spilling hot liquids on themselves.

Suzie Fogarty, 37, was traumatised when her one-year-old son Jake scalded himself by pouring boiling hot tea down his front in a café last month.

She was forced to hold her screaming baby in a sink full of cold water in an attempt to cool his burns while paramedics rushed to the scene.

After several weeks of hospital visits, doctors are now hopeful that Jake will go on to make a full recovery with remarkably little scarring.

But Suzie, of Upshire near Waltham Abbey, is determined to make sure no one else has to go through the agony of seeing their child in such pain because of an easy-to-avoid accident.

Family

On February 25, full-time mum Suzie had been out with her family at the Lee Valley Park Farm in Waltham Abbey when she decided to take Jake into the café for a drink and some food.

"I sat him in the high chair and I leant down to get the nappy bag and to find his cutlery," she said.

"He's leaned over his meal, over my meal and managed to grab the tea."

"I'm still shocked by how he was able to grab it. I didn't think he could reach the tea."

Fortunately for Jake, the server who poured the drink had properly fastened the cup's lid.

But the small amount of tea that had trickled from the spout landed on the little boy's face and chest, immediately causing him terrible pain.



Jake shows the marks left by the boiling tea

"I looked up and he was crying, his face was in agony," explained Suzie. "I saw the tea had been knocked onto my meal. I couldn't see as he had a jumper and vest on."

Suzie rushed her son into the café's kitchen where she submerged him in a sink full of cold water.

With the help of one of staff members, she managed to keep Jake in the water for eight minutes before an ambulance arrived.

"Trying to keep a one-year-old in cold water on a cold day was brutal," said Suzie.

"He was so scared. He still had all his clothes on. He started getting really cold."

"I felt a lot of guilt as I couldn't keep him under for 15 minutes which is what doctors say to do."

Paramedics rushed Jake

and Suzie to A&E at Princess Alexandra Hospital in Harlow where doctors were able to assess the extent of the burns.

Although Jake was allowed to go home that evening, he was referred to the Children's Burns Unit at Broomfield Hospital in Chelmsford for further treatment.

Bandages

He was bandaged from his neck down to his belly button, with his bandages needing to be changed by medics every four days.

"There wasn't much they could do apart from letting the burns heal themselves," Suzie continued.

"After about 10 days the burns started healing."

Although the majority of the burns were superficial,

Jake had to undergo skin scrubbing, a painful procedure where doctors clean wounds and remove dead skin to promote healing.

News that Jake would not require skin grafts came as a huge relief to Suzie and her husband James.

Nearly a month after the horrific ordeal, Jake has had all his bandages removed but still needs to have a special cream rubbed into the pink skin three times a day for the next year.

"He's healed really well," said Suzie. "If he's going to have scarring it's going to be two very small marks by his collarbone."

With the awful incident behind them, Suzie wants others to be mindful of the dangers that hot drinks pose to children and what to do in that scary situation.

In a bid to educate others, she shared photographs which detailed Jake's treatment and recovery on her Facebook profile. Her post, which also provided a lengthy explanation of what happened and what action you should take if your child is scalded, has been more than 4,000 times and has had more than 2,000 reactions.

"I don't think people realise, I never did, how much hot water would damage a kid," Suzie explained.

"I just thought a child would burn like adults burn. You're always careful – that's why I shared it on Facebook."

"I thought people really needed to know to keep hot drinks away from their children. I'm one of the lucky ones."

"The more people that know what to do and the dangers of it the better."

Suzie has been overwhelmed by the positive reaction to her post but was shocked by the number of

mums who messaged her to say their children had suffered terrible burns.

She is urging adults to always be vigilant about hot drinks and to make sure they are as far away as possible from children.

But if parents are faced with that situation, she advises them to take the child's clothes off straight away to stop the burn spreading and getting deeper.

"Get them in a sink and put the burns under cool water for 15 minutes as quickly as possible," she said.

"Don't use an outdoor tap as if the water is too cold it can lead to further burning and send them in to shock."

"Then take them out of the water and put clingfilm on the burns to stop the nerve endings from hurting as this stops the oxygen getting to them and continue to keep the burns cold with wet cold towels on the cling film, but keeping the rest of their body warm with cuddles and anything you can find."

"This is a good time to give them Calpol too to take the edge off it."

Grateful

One thing Suzie remains grateful for is that her three-year-old daughter Olivia was not present to see her little brother burn.

Despite the accident being all too common, it has not stopped Suzie from feeling guilty.

She also praised the staff at the café, for not only properly putting the lid on the tea but for their "fantastic" response after the scalding.

With Jake having made an almost full recovery, he is back to being a normal baby who, despite what happened, is still blissfully unaware of the dangers of grabbing hot drinks.

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Attack outside Bar Twenty One

Early hours of Sunday September 3, 2017

A group of friends, three boys and one girl, are out in Harlow.

During the night, they are approached by a group of teenage men who offer them drugs or "gear".

They decline the offer, but the group still pester them.

3.26am

The group of teenage men are seen on CCTV outside Bar Twenty One, Post Office Walk, with bottles of alcohol.

Jordan Ogoazi is seen on CCTV holding a glass bottle in his hand. He then conceals the bottle in his trousers and walks away from the bar.

4.35am

The group have been "milling" about outside for over an hour. Ogoazi is still holding the large glass bottle while approaching a VW Polo.

The vehicle drives away.

Confrontation

Ogoazi confronts victim A, a man. With him are Thokozani Shiri and Wael Rzaigui.

Shiri, 20, of Torkilsden Way, Harlow, walks after victim A, holding a bottle in his right hand.

All three cross the road.

4.40am

Shiri is seen with an item in the back pocket of his jeans.

It appears to be a sports bottle, such as a Lucozade bottle.

Later it is confirmed the bottle contained a mixture of Ciroc vodka and fruit juice.

Youth gets out of car

A 15-year-old-boy, now 16, who cannot be named for legal reasons, gets out of a vehicle. Another male gets out too, but he remains unidentified.

Broken glass

Ogoazi picks up the broken glass from the floor.

The males cross the road.

4.51am

Victim A speaks to the crowd and says: "I have done nothing to you and you have done nothing to me."

"I just want to keep everyone out of jail tonight."

Another victim assaulted

Ogoazi assaults another male,

victim D.

He hits him over the head with a bottle, causing him to fall to the ground where victim A says he was concerned with "how seriously injured" his friend was.

4.53am

Victim A pushes someone away, finding himself in the middle of both groups.

Rzaigui, 20, of Parsonage Leys, Harlow, raises and lowers his arm with a large bottle in his hand, "deliberately".

He can be seen in black baggy jeans, raising and lowering his arm again, turns and runs up a nearby stairwell.

He smashes the bottle on the floor.

Victim A chases Rzaigui

Victim A chases Rzaigui, who then trips and falls.

Victim A is confronted by an unidentified male. He throws a punch at victim A, who punches back. Ogoazi approaches victim A from behind and appears to punch him with something in his hand.

Youth punches victim

The 16-year-old boy approaches victim A and punches him, before walking away.

Victim A is surrounded by the group.

Shiri is seen on CCTV in the background, holding a bottle.

Life-changing injury

At some point in the attack, Ogoazi causes a life-changing injury to victim A's left arm after he was stabbed.

Liquid sprayed at victim

Shiri sprays a then unknown liquid at a "defenceless" victim A.

Eyes burning

Shiri throws an unknown liquid over victim B, who came to the aid of the girl, victim C, after she was also punched.

He appears to be in pain, holding his face.

He was heard saying his eyes were "burning".

He takes off his t-shirt and wipes his face.

Suspects run from the scene

Shiri and Rzaigui are the last to leave Post Office Walk.

Liquid thrown into eyes during brawl at bar was just vodka

Accused men used 'unknown substance' during fight

By Hannah Kane

hannah.kane@essexlive.news

TWO men involved in a mass brawl outside a Harlow bar that saw another man glassed and suffer life-changing injuries threw vodka into the eyes of a group of people, a court heard.

Thokozani Shiri and Wael Rzaigui were spared prison at Chelmsford Crown Court on Friday (March 16) after admitting their part in the fight in the early hours of Sunday, September 3, 2017 and pleading guilty to affray.

The pair were part of a group attack outside the town's Twenty One Bar, on Post Office Walk, and sprayed two male victims with what at the time was an "unknown substance".

Another member of the group, Jordan Ogoazi, will be sentenced at a later date.

Defenceless

Shiri, 20, of Torkilsden Way, squirted the liquid, now claimed to be Ciroc vodka and fruit juice, into one of the defenceless victim's faces.

And this caused him to hold his hands up to his face and scream, "My eyes are burning".

Rzaigui, 20, of Parsonage Leys, could be seen waving a glass bottle before smashing it on the ground in CCTV footage played to the court.

The pair have been remanded in custody since their arrest.

Defending Rzaigui, Simon Shannon said: "Since his time in custody, he has availed himself. He has done courses.

"When he says he wants to go to college and get qualifications, it is realistic."

Defending Shiri, Marc Brown said the spraying of the liquid was in the heat of the moment.

He said: "Obviously, spraying



Outside the town's Twenty One Bar, on Post Office Walk, where the violent events of Sunday, September 3, 2017 unfolded

someone with liquid would have been frightening for the victims.

"That evening he had been drinking with friends, milling around in the area.

"Within the bottle was Ciroc vodka and fruit juice.

"It was an impromptu use of something which he already had in his possession."

The were handed a community order, and also ordered to complete 240 hours of unpaid work.

Judge Emma Peters QC said: "You took part in some very serious public disorder in September

last year.

"You were outside milling around in the early hours of the morning.

"Mr Rzaigui, you were carrying a bottle.

"You then raised it in a very dangerous way and smashed it on the ground.

Serious

"Anyone who does that brings with them a risk of causing serious injury to those around.

"Mr Shiri, you had a plastic bottle in your pocket.

"You were drinking from that, but you will know that there are very many people who are horribly disfigured by having acid thrown at their face.

"You were using that to frighten."

"It did not contain a corrosive liquid."

"But the victims were not to know that."

A 16-year-old boy, who cannot be named for legal reasons, was also sentenced to a community order for affray on the same day.

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Father-of-two wins settlement from Tesco after falling ill due to work conditions

Dad contracted deadly disease from rat urine

By Sophie Finnegan

sophie.finnegan@essexlive.news

A DELIVERY driver has won a five-figure settlement after he "almost died" after handling items soaked in rat urine in a Tesco depot in Harlow.

Darren Finn, 42, was rushed to hospital on November 15, 2012 after contracting life-threatening illness, Weil's disease, which turned his skin 'Homer Simpson yellow'.

The father of two worked at the depot which is now closed.

The disease is thought to have been contracted through a minor cut on his eye after handling empty packaging and food waste while carrying out deliveries.

As his condition continued to deteriorate, doctors treated him for kidney failure, jaundice and loss of liver function but struggled to formally diagnose him.

His body went into near-fatal shutdown and it wasn't until five

days later that test results finally confirmed he had Weil's disease.

Darren has now received a five-figure settlement after Tesco ended a five year legal battle, prior to trial.

The ex-employee said: "I honestly believe if I hadn't gone to hospital when I did, I wouldn't be here now."

"After two weeks of battling extreme flu-like symptoms, my eyes and skin both turned a violent shade of yellow and I could barely walk."

"By the time I arrived in hospital it felt like every part of my body was bruised and my head was going to explode with the pain."

"If I had waited another day to go to hospital the disease would have spread to my heart and lungs."

"I gave a urine sample to the doctors when I got there and it was the same colour as a glass of Coke Cola."

"That's when I really started to worry and they began asking if I had been on holiday recently or on a fishing trip. Had I been anywhere, where I could have come into contact with rat urine?"

"I had never heard of it before and had no idea you could catch it from rats, but I knew instantly it had to be from work."

"Rats were constantly urinating over everything – the waste cardboard, cages we moved things in and the floor. It wasn't uncommon for it to drip on my face."

Darren says it was common to come into contact with rats on a daily bases while working for the company, which employs over 500,000 people across 7,000 stores.

Darren, a dad of two, said: "Around four years before this happened we were asked to start picking up food waste and damaged items which were being stored in the warehouse. We felt like this was a cost cutting exercise so a third party no longer had

to come in and dispose of it."

"We started handling damaged products which were kept in thin bags that often ripped. As you can imagine, rotting food waste was a hub for rats and our gloves would get soaked in urine."

"Once your gloves are wet they harbour disease and they would stay that way for a while. The same cages which were used to transport food waste, were then used to transport fresh products to all the stores, without being cleaned."

"Would you buy your fresh products out the back of a bin truck?"

"I used to speak to a pest control guy that came into the yard and he told me that Tesco in particular was a nightmare for leaving waste in outside areas, which in turn attracted more rats."

While he was in hospital for a week, Darren says he was not contacted by his employer until he had spoken with his union

representative.

Darren, who has been married to Carly, 42, for 12 years, said: "One of the doctors actually said to me while I was in hospital, that if I hadn't been in good shape and health, the consequences could have been fatal."

"The ordeal has had a profound effect on my life with a real negative impact on my marriage."

"Throughout everything, I really felt as if the Tesco managers didn't care about my welfare or the rest of my colleagues."

"Although those in charge didn't provide me with support while I was in hospital, my colleagues did, grouping together to do a whip-round to cover the financial loss of being too sick to do Christmas overtime."

Tracey Benson, specialist personal injury lawyer from Slater and Gordon, who represented Darren, said: "Darren has been through a huge ordeal which has had an extremely negative effect

on his life for a number of years."

"No worker should have their life put at risk at work and be forced to work in squalid conditions. The employer has a duty of care to keep all their staff safe while in the work place and in this case regulations applied which were breached. This duty was not carried out here and we hope the company will learn from these mistakes."

Darren, who now works for DHL, adds: "I want everyone to know what they put me through and to make sure this never happens to anyone else. Employers must be held accountable."

A Tesco spokesperson said: "We take any health and safety issues at our sites very seriously. Following Mr Finn's original allegation in December 2012, the Harlow site where he was based was thoroughly inspected by Environmental Health officers who found we had robust pest control measures in place."



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Man only sold drugs to stop his friends making fun of him

By Hannah Kane

hannah.kane@essexlive.news

A DRUG dealer who sold cocaine and heroin in Harlow said he did so because his friends laughed at him for not having a job.

Mohammed Abokey, 26, of Ilford, was handed a sentence of two years and eight months imprisonment for two counts of possession of class A drugs last Friday (March 16).

On January 15 of this year, police were patrolling the Harefield area of Harlow when they noticed the defendant walking from Pennymead.

Prosecuting, Suki Dhadda said: "He seemed to be hanging around. He was stopped by officers.

"He became immediately obstructive to police and said he was in Harlow to meet a girl."

Police then searched Abokey, finding £90 in cash, two phones and what seemed to be a bottle of Pepsi.

One of the phones, a Samsung, was ringing constantly.

"It was being constantly called by Trev and Dean," said Ms Dhadda. "They are known drug

users in the Harlow area.

"Officers located one drug user in the area. They seized his phone and there was a text message saying 'I do three for 25'.

"That turned out to be the defendant's phone that he had on him."

Abokey was put into the back of a police car when officers noticed the Pepsi bottle he was holding had started to fizz.

Wrapped

Inside, they found 5.39 grams of cocaine, with a value of up to £390, and £30-worth of heroin, wrapped up and ready to sell.

Further analysis of the Samsung phone found messages such as "The shop is open" had been sent to 19 other contacts.

Abokey has lived in the UK since 2004, after moving from Somalia because of the civil war.

His father was murdered during the conflict, a factor which the defendant says meant he had a difficult upbringing.

Probation officer, Kevin Diwell, said: "During around 2007, he admitted he had begun hanging around with the wrong crowd.

"He then moved away and changed his life for the better. He had a family, two young daughters, and things were better."

However, during a period of unemployment, Abokey bumped into a group of his old friends who began insulting him about his lack of work.

Mr Diwell said: "One of the men started to insult him surrounding his job, his family and the money he was earning.

"Through the consistent barrage of his situation they said did he want to work. He said 'no' but through the consistent insults he said 'yes'.

"He was offered £500 for four days work. He worked about three or four hours a day for two days, and was then arrested on the third day."

Defending, Brent Martin asked Judge Emma Peters to give "mercy" to Abokey.

He said: "In terms of the drugs, they are very small amounts.

"In terms of financial gain, it was fairly limited. This is a man who is desperate to get back to his family life and back to the straight and narrow.

"Prison is extremely difficult for this defendant. For his mental health and the separation from his family.

"If your honour can find some form of mercy in this case to keep it as short as you can then that would be something that would be very much appreciated by this defendant."

Judge Peters said that crossing county lines to commit drugs offences should expect a harsh sentence.

She said: "Class A drugs cause misery. Not only do they damage the health of those addicted but other people who they steal from to get the money to pay for the drugs also have misery brought upon them.

"It is a miserable trade. Anyone who comes from London to sell drugs on the streets of Essex must understand that this will get a serious sentence."

Mohammed Abokey, 26, of Ilford, was handed a sentence of two years and eight months imprisonment for the possession of class A drugs



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Representative
Finance Example

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£219*	£219	£19,049	£17,630	NIL	£9,595
FINANCE DEPOSIT ALLOWANCE	TOTAL AMOUNT PAYABLE	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (RPI)
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'Town's roads are worse than the ones in Africa and Cuba'

Great grandmother says state of infrastructure has gone downhill in recent years

By Richard Duggan

richard.duggan@essexlive.news

A GREAT-grandmother is up-in-arms about the condition of Harlow's roads, claiming they are worse than ones she has seen in Africa.

Audrey Brown, 76, has lived in the town since 1965 and thinks its infrastructure has gone downhill in recent years.

But the main issue she feels blights the area is the number of potholes in the roads particularly the ones on Southern Way.

"I just can't believe how Harlow has gone down the pan," said Audrey, of Perry Spring.

"I get nothing out of this country at all, so I would like to have nice roads."

Services

Audrey, who claims she does not really use any of the services provided by the council, and often avoids going into the town centre because of the cost of parking.

Instead, she chooses to go to Hoddesdon for her banking and to Staple Tye for dental appointments, enjoying getting out and about in her car.

"Southern Way is one of our main roads," she explained.

"We have got Edinburgh Way and two other avenues – they are the main roads in Harlow.

"They are all disgusting."

Audrey, who works as a cleaner, is resigned to the fact Essex Highways will have bigger and more pressing problems to tackle across the county than dealing with irritants on smaller residential roads.

However, she does feel that Harlow's busiest carriageways, particularly the ones used by drivers passing through the town, should be presentable.

"The main roads are what people see of us," said Audrey.

"They are going to think that Harlow's got more holes than roads.

"The tarmac is non-existent.

Audrey Brown takes aim at the potholes on Harlow's streets



"I could go on and on about how Harlow has gone downwards."

Audrey drives every day, whether it is because she is going to work or visiting one of her three children, seven grandchildren or seven great-great grandchildren.

While she is lucky to live in the same area as many of her relatives, it does pain her to see the condition of the town's roads.

Audrey was also fortunate enough to travel all around the world with her husband George,

who passed away six years ago.

During that time they visited far away locations including Kenya, where they holidayed 10 years ago.

Her worldly experiences have given Audrey high standards

about what she expects to see from roads in the UK.

"When you drive through Harlow you think to yourself 'it looks tatty'," she continued.

"They are as bad as ones in Africa. We went to Kenya – their

back roads are like the one I live on. But the main roads there are great.

"The Cuban roads are bad – but that was 15 years ago – they are better than Harlow's roads though."

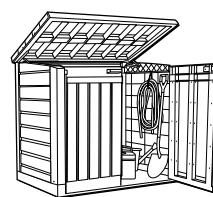
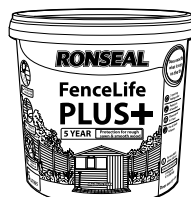
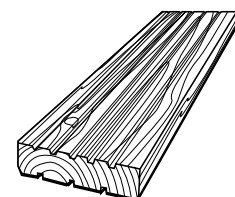
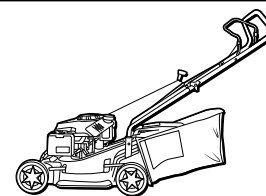
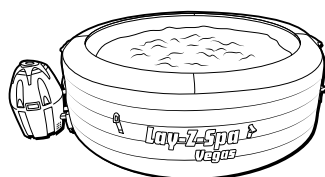


Do you agree with Audrey? Or do you feel her claims are exaggerated? Visit the website essexlive.news to take part in our online pothole vote



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NHS HEROES AWARDS

TIME TO VOTE FOR YOUR NHS HEROES



Grateful: Coronation Street star Kym Marsh with her daughter Polly

KYM MARSH: NEONATAL STAFF ARE REASON MY POLLY IS HERE

MY baby Archie was stillborn at 21 weeks and five days. So when I became pregnant with my daughter Polly I knew I would need to be closely monitored.

Thankfully, I was placed in the care of St Mary's Hospital, Manchester, and in particular consultant obstetrician Dr Philip Bullen. He was there for me 24/7, whenever I needed him.

And when Polly was born seven weeks

premature in 2011, St Mary's neonatal care unit - a super centre in the North West - were there for us.

Dr Bullen and all the staff at St Mary's are true angels and miracle workers. They became like a second family to me, always there to lend support and comfort when things got too much.

And they are also, without doubt, the reason that my Polly is here today.



THE
NHS HEROES

AWARDS 2018

itv Mirror

children's heart unit. And in 2015, newborn Teddy Houlston became Britain's youngest-ever organ donor after doctors at the University Hospital of Wales, Cardiff, carried out pioneering surgery three minutes after he died. His

kidneys were then used to save an adult's life in Leeds.

Now please tell us about the NHS Heroes where you live. It all starts with a nomination, so use the form on this page, the NHS Heroes website or email to tell us about them.

FROM lifesaving doctors and nurses and daring paramedics to tireless porters and selfless volunteers, the National Health Service is full of heroes. Now we are going to celebrate them with a landmark new awards show to mark the 70th anniversary of the birth of the NHS.

The NHS Heroes Awards, brought to you by ITV and the Mirror, will honour their devotion, dedication and care at a glittering awards dinner attended by some of Britain's biggest stars and screened as a two-hour prime-time special on ITV.

It will be the biggest event of its kind to celebrate the people who make the NHS our country's greatest treasure, and the high point of national celebrations of its 70th birthday.

From the moment Nye Bevan launched the NHS at Park Hospital in Manchester in 1948, it has been at the centre of national life, and at the heart of every single community. It is there for us at the start of our lives and at the end, and it is where we experience our most life-affirming moments.

Now the search is on for the winners of the first NHS Heroes Awards, and we need you to tell us about them.

It could be a nurse, midwife or carer whose boundless compassion changed a life, or a doctor whose dedication and skill saved one.

Or perhaps you know of a paramedic or emergency

team who risked their own lives to tend to a casualty in death-defying circumstances.

We will also honour the pioneers who have made the NHS the envy of the world by developing groundbreaking treatments and procedures that are changing and saving lives around the globe.

And we want to know about inspirational volunteers and support staff as well as fund-raisers who are determined to give something back to the NHS for saving their lives by supporting its vital work.

The winners, who will be chosen by a judging panel including leading medical experts, will be honoured in front of some of Britain's biggest stars at the prestigious awards dinner in London's

Park Lane in May.

Now the search is on for the winners of the first NHS Heroes Awards, and we need you to tell us about them

There are NHS Heroes and pioneers in every part of the country. Do you know of someone as inspiring as the NHS staff who responded to the horrors of the Manchester Arena bombing last May. From the first

paramedic on the scene to life-saving hospital doctors and nurses, the response to the attack showed the NHS at its best.

Or perhaps there is a brilliant specialist hospital in your region, such as Liverpool's Alder Hey, Birmingham Children's Hospital or Hull's award-winning Eye Hospital.

Newcastle's Freeman Hospital is home to a leading transplant centre and



WHO'S YOUR NHS HERO?

You can nominate your heroes today for NHS Heroes Awards brought to you by ITV and the Mirror. Please tick the category you are nominating them for, and write in the space underneath why they deserve recognition. If you need more space, you are welcome to write on an extra sheet of paper. Don't forget to add your name and address and contact details so we can get in touch if we have any queries about the nomination.

Send the completed form to: **NHS Heroes, PO Box 4014, London E14 5BF**
You can also fill out an online nomination form at www.NHS-Heroes.co.uk or email nominate@NHS-Heroes.co.uk

CHOOSE A CATEGORY

- ☐ **EMERGENCY LIFESAVER** Honouring the dedicated emergency medics who go above and beyond the call of duty to save lives, even risking their own in the process
- ☐ **HERO NURSE** Celebrating an outstanding individual who has excelled in any type of nursing including midwifery, A&E, paediatrics and community nursing
- ☐ **HERO DOCTOR** Honouring a surgeon, specialist, hospital doctor or GP who has saved or transformed lives in an extraordinary way with their dedication and skill
- ☐ **UNSUNG HERO** This award celebrates the people who, although they are not medically qualified, are the beating heart of the NHS, such as porters, cleaners, orderlies or support staff.
- ☐ **PIONEERING HERO AWARD** For an individual or team whose work in the NHS has developed groundbreaking treatments or procedures, saving lives and having a lasting global impact.
- ☐ **MENTAL HEALTH CHAMPION** For a member of NHS staff who has worked tirelessly to help patients with mental health issues, with life-changing results
- ☐ **SPECIAL RECOGNITION AWARD** For an individual or team whose remarkable contribution to the NHS deserves recognition, and is not covered by existing categories
- ☐ **NHS FUND-RAISING HERO** For tireless and inspirational charity fundraising to support the NHS, aged 16 and over
- ☐ **NHS YOUNG FUNDRAISING HERO** To honour a young person aged 15 and under for inspirational charity work to support the NHS
- ☐ **HERO VOLUNTEER AWARD** For someone who has selflessly given up their time as a volunteer to support the NHS, going above and beyond to help and support patients and staff
- ☐ **NHS LIFETIME ACHIEVEMENT AWARD** To honour one special individual, from the last 70 years, who has made a significant and outstanding contribution to the NHS and healthcare in the UK

NAME OF YOUR NHS HERO

THEIR ADDRESS AND PHONE NUMBER (if you know it)

WHY DO THEY DESERVE AN AWARD?

Your name

Your address and phone number

Winners are chosen by the NHS Heroes judging panel, from a shortlist produced by the NHS Heroes research team. The team consider every public nomination received as well as conducting a full research process, which includes inviting nominations from charities, emergency services, voluntary and other organisations and searching news stories in print archives, on TV and online. The judging panel chooses who they feel are the most deserving winners, regardless of the number of nominations received. The closing date for nominations is 5pm on Monday, March 26.



Nominate online at www.NHS-Heroes.co.uk

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Paul Colella
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(Fitted)

Comes with
Super Underlay
& Gripper Rugs

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& Gripper Rugs **£189**
(Fitted)



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Huge choice of high quality products featuring fantastic prices, great customer

Family firm boasts an extensive range of trade essentials

SAM'S Trade Centre is the place to go for trade essentials.

Serving Harlow since June 2004, SAM'S has a 20,000 sq ft purpose built building from which it supplies an extensive range of trade essentials from building supplies, housewares, electrical, tools, plumbing, bathrooms, kitchens and much, much more.

Neil Boughtwood, Manager of SAM'S, explained: "The policy of the store is to enable customers to benefit and profit from the huge range and high quality of products we offer along with fantastic prices, great service and knowledgeable staff."

Family

SAM'S, which is just off Edinburgh Way, is owned by a family who have been in business with their main company, The Dencon Group of Companies, for nearly 80 years.

Damian Sullam, director of SAM'S said: "As a company we are very proud of our extensive 40,000 product range which includes over 500 different brands."

"Naming the store after my great grandfather was very fitting, as it references where we began and where we are going."



"With all the growth and development that is happening in Harlow, SAM'S wants to grow with the town and allow the people of Harlow to benefit from our store."

Alongside the bathroom and kitchen showrooms, over the last

year SAM'S kitchen expert has been designing bespoke kitchens for customers, who are able to see their dream kitchen come alive on a computer screen.

The diversity of SAM'S is such that all trades people, retailers and many more can enjoy their

services.

Neil added: "If you haven't been to SAM'S before, come down, have a browse and even sign up as a member."

"If you can't get to the store you can always log on at www.samstradedirect.com, and



Everything a tradesman needs can be found at SAM'S Trade Centre in Harlow

view our terrific product range online."

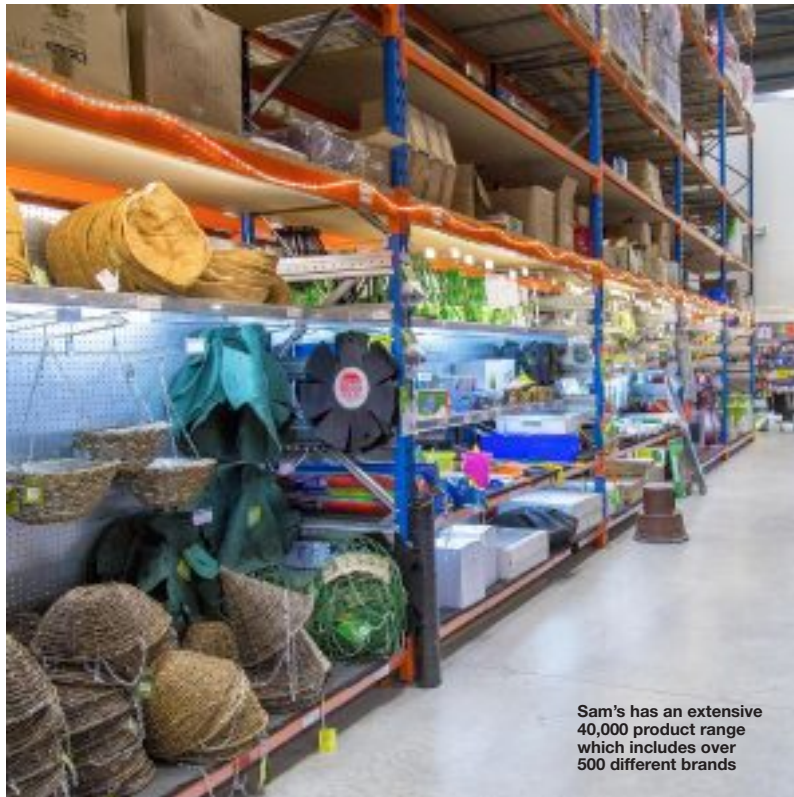
Contact

SAM'S is open seven days a week Monday to Thursday from 7am to 8pm, Friday 7am to 7pm, Saturday 8am to 3pm and

Sunday 10am to 4pm.

SAM'S is located at the rear of Lyden house, South Road, Templefield Industrial Estate, Harlow.

■ To contact SAM'S Trade Centre call 01279 437074 or send a fax to 01279 454218.



Sam's has an extensive 40,000 product range which includes over 500 different brands



service and very knowledgeable staff



There is a huge range of bathroom designs available at SAM'S Trade Centre, Harlow



Knowledgeable staff can create custom kitchen designs at SAM'S Trade Centre

Opening Hours:
Monday - Thursday: 7am - 8pm
Friday - 7am - 7pm
Saturdays: 8am - 3pm
Sundays: 10am - 4pm
Closed Bank Holidays



Find us on Edinburgh Way, South Rd, in Harlow rear of Lyden House (Sat Nav CM20 2BS)



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Ask your Funeral Director today about adding a **photo** to your notice, as we don't charge any extra for a **photo**.

You can also place your notice over the phone by calling : **01462 504155**

Birthday Greetings

Happy 60th Birthday

DIXON UNA
(nee McCabe)

Wishing you a very happy 60th birthday.
Enjoy your special day.
Celebrate in style.

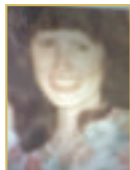
Let's of love from all the family xxx

60th



family-announcements.co.uk/essex

Happy 60th Birthday



DIXON UNA

Wishing our best friend Una a very happy 60th Birthday,
one in a million!
Enjoy your special day and celebrations
With all our love
X X X

The Lambrusco Club X X X

60th

HAPPY 50TH BIRTHDAY!



**PARNELL
Peter**

Wishing you a very happy
birthday on the 27th of
March!

Lots of love from Marielle,
Will & Fay xxx

Wedding Anniversaries

60th Wedding Anniversary

**PITT
Olive and Doug**
Happy anniversary to
the best Mum, Dad,
Grandparents and
Great-Grandparents in
the world love you loads
from Sue, Paul, Donna,
Kirsty, Kieone, Corey,
Barry and Mike
xxx



Bereavements

GRAHAM BARNES

Graham John Barnes sadly passed away on 14th March 2018 aged 85 years. Leaves three loving children and nine grandchildren. The funeral service is due to take place at St Laurence Church Wormley, Herts EN10 7QF on Tuesday March 27th at 1.45pm. Please come in colourful clothes. No flowers please. Donations, if desired, to Noah's Ark Children's Hospice <https://www.justgiving.com/fundraising/inmemoryofgb>

CINDY SHELLEY

Bereavements

Peter BERRY

Sadly passed away on 3rd of March 2018 aged 46.
He will be greatly missed by his Fiancee,
Family & Friends

The funeral will take place on
Wednesday 28th March at
Parndon Wood Crematorium at 10.00am.

Family flowers only please.
If desired, donations made payable to
Princess Alexandra Hospital Charitable Trust or
Essex air Ambulance and may be sent c/o
Daniel Robinson & Sons,
Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990



Brenda BIRCH

Formerly of
Thurstans,
Harlow, and
Milwards
School, passed
away on 19th
January 2018
at Priscilla
Bacon Lodge
in Norwich,
aged 73.

Much missed
wife of Philip,
mother to
Matthew and
Dominic. The
family would
like to thank
everyone from
Harlow who sent
good wishes.

More than 3000 loving
messages and photos are
added every month on
our site, you can leave
your own tribute or
add a picture today
completely free of charge.

Thank you for the many good
times we shared xxxxx
Today, tomorrow, all my life,
I will love and miss you mum x

family-announcements.co.uk

Valerie Rose CHANNELL (Edmonds)



A wonderful Mother, Grandmother and Great
Grandmother
who touched the hearts of so
many who knew her.

Died 17th March 2018 aged
85 after a short illness

Loving mother to Sue, Steve, Jeff, Paul,
Julie & Dave, Grandmother to 15 and Great
Grandmother to 11. Dear mother-in-law to 4
Funeral service at 10.30am at Potter Street
Baptist Church, (Harlow) on Tuesday 3rd
April. All welcome. Immediate family
flowers only please with donations, if
desired, to Dementia UK via Daniel
Robinson Funeral Directors Harlow.



SHARE YOUR LOVING
MEMORIES WITH
FAMILY & FRIENDS
ONLINE FOR FREE

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Bereavements

FREDERICK EDMONDSON (Fred)

9/11/25 - 16/2/18

Passed away suddenly
on 16th February aged
92. He will be sadly
missed by his much
loved sister Iris Frew
and many friends.

Funeral service will be
held on Monday 26th
March at St Marys
Church Latton,
Harlow at 1.45pm,
followed by Cremation
at Parndon Wood,
Harlow at 2.30pm.

Everyone is welcome to
join us at
The Fairways, Harlow
for refreshments
afterwards.

Flowers welcome.
Donations if desired
maybe payable to
St Clare Hospice,
Harlow or charity of
your choice maybe
sent c/o
Daniel Robinson
& Sons,
Wych Elm, Harlow
CM20 1QP
Tel: 01279 426990.

More than 3000 loving
messages and photos are
added every month on
our site, you can leave
your own tribute or
add a picture today
completely free of charge.

Thank you for the many good
times we shared xxxxx

Today, tomorrow, all my life,
I will love and miss you mum x



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Geoffrey ENSOR

Passed away peacefully on 26 February aged 97.
Husband of the late Mary and father of Oliver and
Christopher

Missed by all family and friends

Thanksgiving service will be on Tuesday, 10 April,
11:30 am, St. Mary's Church Birchanger and
afterwards at Birchanger Church Hall.

No flowers please, but charity donations invited
through www.drobinson.co.uk via the in memory
pages.



LIGHT A CANDLE

Audrey June FISH

Of Barnard Road, Sawbridgeworth, passed away
peacefully in Princess Alexandra Hospital on the
8th March 2018 aged 87. She will be deeply missed
by Sheila and John, Jean and Alan, family, friends
and all who knew her. Audrey's funeral service
will be held at Parndon Wood Crematorium on
Wednesday 28th March 2018 at 10.45am.

Family flowers only please but donations for
Cancer Research UK may be sent to
Daniel Robinson & Sons, 3 Bullfields,
Sawbridgeworth, CM21 9DB
Telephone 01279-722476

Alternatively, please visit the In Memory pages at
www.drobinson.co.uk

'She was a lovely lady'

Bereavements

Joan HOCKLEY



04/01/41 - 06/03/18

Joan Hockley sadly passed away peacefully
following a short illness on 6/3/18. All friends
are welcome to join us in celebrating Joan's
very full life on Thursday 29/3/18 1.45 pm,
for her service at 2 pm at The Lea Valley
Church, Monkswood Ave, Waltham Abbey,
EN9 1LB. Family flowers only, a donation box
to Joan's chosen charities will be available
on the day. Joan was a wonderful and much
loved mother to Beverley & an amazing
aunt, cousin, mentor & friend. She was a
clever, kind, multi-talented, openhearted
lady & a true Christian. Throughout her life
Joan selflessly made a huge contribution to
her community in Waltham Abbey with her
services to The British Red Cross, The Lea
Valley Church, Tea Dance, Stitch Group &
much more. Joan was treasured by all of her
family & friends, she will be immeasurably
missed & lovingly remembered by many.

To make a donation for a
loved one resting with
**DANIEL ROBINSON
& SONS**

Please visit the In Memory pages at:
www.drobinson.co.uk

Wych Elm, Harlow, Essex 01279 426990
7981 South Street, Bishop's Stortford 01279 655477
Bullfields, Sawbridgeworth 01279 722476

Olive Carmel HOLT

Sadly passed away on 13th March 2018
aged 65 years.

Much loved Mother to Laura, Nanna to Lochlan,
Sister to Ed & Jackie and Friend to many.
Funeral to be held at Parndon Wood Crematorium
on Tuesday 27th March at 10am.

Family Flowers only please.

If desired, donations made payable to
'Cancer Research UK' may be sent c/o
Daniel Robinson & Sons,
Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990.
Alternatively, please visit the 'In Memory' page at
www.drobinson.co.uk

To make a donation for a loved one resting with
Daniel Robinson & Sons
you can make a donation by visiting the
In Memory pages at: www.drobinson.co.uk

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7981 South Street, Bishop's Stortford 01279 655477
Bullfields, Sawbridgeworth 01279 722476

Bereavements



Shirley Anne JONES (Nee Romaine)

Sadly passed away on 21st February 2018 aged 67 years. Beloved wife of Joe and much loved by all her family, grandchildren and friends.

Funeral Service to be held at St Mary's Church, Sheering on Thursday 5th April at 12 noon followed by a Cremation at Harlow Crematorium.

Flowers or donations please made payable to Essex Air Ambulance or St Clare's Hospice may be sent to Daniel Robinson & Sons Funeral Directors, 10 Wych Elm, Harlow CM20 1QP, tel 01279426990.

In Loving Memory of MARGARET BARNARD (Maggie)

08.06.1948 - 06.03.2018

Passed away sadly after a brief fight with cancer, she was an amazing character, loved by many friends and family and will be hugely missed.

She was a loving, caring Mum, Sister, Wife and Nanny

Heaven has gained yet another angel, hope you sleep well

All our love Joanne, Juliet, Sister Carole, Gary, Darren, Amber, Harrison, Lucas & Tobey

Funeral will take place on Thursday 29th March at Parndon Wood, Harlow 3.15pm

Please wear anything bright and colourful
Flowers or donations if you wish to Isabel Hospice c/o Daniel Robinson Bishops Stortford
Tel: 01279 655477 or Via the In Memory Page
www.drobinson.co.uk



family-announcements.co.uk/essex



Sylvia Louise NATYNCZYK (nee Chipperfield)

Passed away peacefully on 25th February 2018 aged 89 Years.

Our Dearest Mum, Nan, Great Grandma & Sister. Time for 'Chip' to be reunited with our much loved Pete.

Funeral Service to be held at Parndon Wood Crematorium on Monday 26th March 2018 at 10:00am.

Flowers or Donations, made payable to 'Great Ormond Street Hospital' may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990.

Bereavements

Terri NICKLESS

Passed away peacefully, aged 88 years, on 8th March 2018, with her daughters by her side.

Much loved Mum, Grandma and Great Grandma who will be missed. The funeral service will take place at Parndon Wood Crematorium on Thursday 29th March at 1:45pm.

Family flowers only please. For donation details please contact Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990

Sheila PORTER (Formerly Quick)

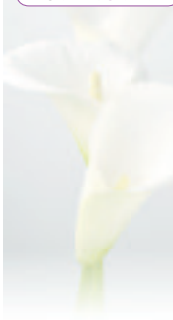
Sadly passed away on the 6th March 2018, aged 88 years.

Mum will be sadly missed by her loving family and friends.

Funeral service will be held at Parndon Wood Crematorium on Tuesday 27th March at 1.45pm.

Flowers may be sent to Masterson Funeral Home, Station Road, Old Harlow, CM17 0AS.

YOUR LOVING MEMORIES WILL LAST FOREVER ONLINE



family-announcements.co.uk

Gerald William SEWELL

Passed away peacefully on 14th March 2018 aged 83 years.

A much loved brother of Judy, Roger, Sue and Jim. He will be sadly missed by his family and friends.

Funeral to be arranged but all enquiries please to Daniel Robinson & Sons, Bishops Stortford 01279 655477

BOOK A NOTICE

You can do this online 24/7

Acknowledgements

Jean Elizabeth RUST (Woor)

Diane, David and family wish to thank everyone who attended Jean's funeral. What wonderful tributes to her. Thank you for all the cards, floral tributes and generous donations. Special thanks to Gary Tubbs at St Mary's Church, Elsenham and Joanne at Daniel Robinsons. Please accept this as our only but most sincere acknowledgement.

More than 3000 loving messages and photos are added every month on our site, you can leave your own tribute or add a picture today completely free of charge.

Thank you for the many good times we shared xxxx



Today, tomorrow, all my life, I will love and miss you mum x



family-announcements.co.uk

In Memoriam

FRED WRIGHT

25th March 2013

In memory of a loving, kind and caring dad, grandad and great-grandad.

You are missed every day and will always be in our hearts and thoughts.

Ade and Carol; Malcolm and Pat; Duncan, Jackie and Families

Jonathan BRETT

23rd March 2007

'Our continuing cherished and lasting memories of a beloved and talented Son, Brother and Uncle.'

Time has not diminished the sadness and loss that is felt by your family, friends and your colleagues in the City of Bristol.

Our lasting love, Ron, Jeremy, Angela, Nathan and Yasmin.

Maurice FRENCH

In loving memory of a dearly loved husband, dad, and grandad, who passed away 26th March 2017.

A year has passed but memories stay, loved and remembered everyday.

Pauline, Jason, Mark and families.



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Independent Family

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YOUR VIEWS

LETTERS

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How rigid are boundaries of GP practices?

I DON'T understand the statement in a recent Star article that patients of Osler House have until March 29 to register with a new practice. And, that they will only be accepted by practices within whose catchment area they reside.

Surely they reside in the Osler House catchment area, (most of them). I have never seen catchment area maps for each practice in Harlow, and I am therefore unaware if there are overlaps in catchment areas.

Furthermore, I am unclear as to how rigid these boundaries are. A clear, broadly-applicable detailed statement of the terms/conditions on which an NHS practice can accept/refuse a patient should be published, and be widely available (in the Star?).

S. J. Pead
By email

CCG quotes worth nothing

OBSERVATIONS on the closure of Osler House surgery. Firstly, I will remind people that this is the second time that Osler House has been

“
I have never seen catchment area maps for each practice in Harlow

S. J. Pead

peremptorily closed.

The first time, I believe, its registered patients were transferred to the Church Langley practice, without being asked.

After a spell, of course, Osler House was re-opened. I don't recall who the decision-making body was at the time of the first closure, but the current incumbent is "NHS West Essex CCG".

For the uninitiated, the CCG stands for Clinical Commissioning Group.

Two quotes from their website are worth noting.

1 "In April 2013, NHS West Essex CCG became the statutory body responsible for buying healthcare services on behalf of 295,000 people in Epping Forest, Harlow and Uttlesford".

doing better than ever!!! Extra specialist teachers coming in supporting the school in P.E and music etc..

Hopefully the people that have a problem go to the head to discuss the situation?

Kelly Bayford: I think that's a great idea, also teaching the kids some life skills on tidying up after themselves. It's not a baby's bib it's an apron,

CONTACT US

■ Please enclose your full address and daytime phone number. Keep your letter to no more than 200 words. We reserve the right to edit material.

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PHOTO
of the week

William Newman, aged 4, from Harlow, with the Snowman and Snowdog that he helped to make
Photo: MARK NEWMAN

Readers will note that the emphasis is on buying the healthcare service, not on ensuring suitable provision of it.

2 "We are proud to involve and listen to patients and our local communities when making decisions about local health services".

The recent Star articles on the subject indicate that perhaps they did not do this early enough in the six months notice-period they had.

Gordon H. Chase
By email

MP should rethink position

CHILDREN in Yemen are dying from an epidemic of

cholera caused by a war that Britain's Conservative government is fuelling, with the support of MPs such as Harlow's Robert Halfon.

The Kingdom of Saudi Arabia and its allies have been intervening militarily in the civil war in Yemen for the past three years, and their war effort is receiving diplomatic and military support from the United Kingdom.

British-trained Saudi air force pilots flying British-made warplanes are dropping British-made bombs on schools, hospitals, and homes in Yemen, while British military officials advise the armed forces of Saudi Arabia on how to conduct their intervention in that country.

The United Nations reported last September that air raids by the Saudi-led coalition continued to be the leading cause of the 13,893 civilian casualties documented, killing 3,233 people. A Saudi-led blockade has caused a shortage of food and fuel. Seven cities shut down their water systems for lack of fuel in January.

About 75 per cent of the population - 22.2 million people - are in need of humanitarian assistance. Severe acute malnutrition is threatening the lives of almost 400,000 children under the age of five.

The United Kingdom has supplied over £4.6 billion worth of weapons to Saudi Arabia since this war began,

and now the government of Theresa May has approved the sale of another 48 Typhoon warplanes to Saudi Arabia.

The deliberate starvation of civilian populations and indiscriminate bombing are war crimes.

It is shameful that the British government enables these crimes, and that the MP for Harlow defends the perpetrators.

I hope that Mr Halfon will rethink his position and decide to denounce Saudi war crimes, call for the immediate cessation of arms exports to Saudi Arabia, and work for a negotiated settlement to the pointless war in Yemen.

John Wake
By email

WEBCHAT

The hot topics our readers have been discussing on social media this week

DAD SAYS HARLOW SCHOOL IS 'PUBLICLY HUMILIATING' CHILDREN WITH NEW PUNISHMENT REGIME:

Gayne Purser: Well I must say my son's in year 3 and although I was very worried about the change to an academy since the new head has taken over I've seen many positives... I was sorry to see so many LSA lose their jobs but other than that my son is

there's nothing embarrassing about clearing up after other people.

Lucy Ansell: Good on the school. Bet the pupils who have misbehaved won't do it again after that!!!

Andrew Dutton: I think this is a positive, not a negative. Maybe some parents in the town could learn from these ways to instil some discipline into their unruly children that they let run wild on the street causing havoc!!!

Bottom line if the child misbehaves and has to do something they don't like then maybe they will think twice next time.

Nicki Marsh: I moved my son out of this school last year as he was having an awful time, as were many others.

Tracey Shults: This school is just horrific. It was bad enough under the previous regime.

Aimee Richardson: Oh wow that's awful. I'd be fuming x

Jo Wilson: Omg this is disgusting and should be stopped!!!

Samia Shaun: Disgusting I would never put my son in this school.

HARLOW SCHOOL WARNS PARENTS AFTER REPORTS OF ATTEMPTED CHILD ABDUCTIONS NEAR SAINSBURY'S:

Angela Emek: The police normally notify the schools and then the schools send

out emails/ letters. I received an email from Burnt Mill on Wednesday. I suggest if you haven't heard anything from your school ask them why.

Claire Wade: I have been notified by my child's school as has a friend's child in senior school. However should be a warning issued from higher up like Essex police

Kelly Byford: And why have we not been notified by the schools?

TALKING POINT

Why have Essex's roads gone to pot with dangerous craters everywhere?



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THE BIG QUESTION:

Severe weather has increased the number of potholes in the region. What can be done to tackle the issue?

LABOUR



Aiden O'Dell

council tax bill which included an increase on every service the county council provides.

There was no increase on the amount collected by Harlow Council for the services it provides this year thanks to the retention of profits from HTS.

It's an outrage that we're paying for services that the county council is not delivering. And while bad weather may compound some of the problems on our roads, every person reading this knows that the biggest potholes in Harlow's roads pre-date the bad weather by months, if not years. Driving along Southern Way is like driving along a road in a Third World country.

There are deep holes in the roundabouts and avoiding them risks an accident with another vehicle and driving through them risks incurring expensive damage. The

speed humps along Paringdon Road have potholes on either side of them and they are particularly bad outside St James and Longwood primary schools, and Millwards Academy.

My fellow candidate, Laura McAlpine, hears regularly about these problems on the doorsteps in Staple Tye. Other problems that the county council needs to address urgently to improve road safety include repairing the lights at the Clock Tower roundabout on the A414 which have been out for weeks, and the street lights behind Sainsbury's on Bowhill Way have been out for years. The list goes on and on.

Harlow Labour will continue to apply pressure on Essex County Council to deliver the services that our residents are paying even more for this year.

GREEN PARTY



James Aicken

OUR Conservative Essex county councillors have voted to increase council tax for 2018/19 and £3 million of the budget is set aside for repairing potholes and footpaths.

Harlow residents must ensure our roads get their fair share of this funding by reporting potholes on the Essex CC website.

The map view of all the reported potholes shows the sorry condition of our roads and the next lot of bad weather will only add to the problem. Patching up these

holes is only a temporary solution and more needs to be done individually and at a governmental level to reduce the damage in the first place.

We all need to reduce the number of non-essential journeys we make by car and when we do have to drive we can reduce our impact by driving slower in residential areas.

The Government needs to provide safe paths and cycle tracks and improve public transport so we have viable

alternatives to driving. Fortunately in Harlow most residents live within walking distance of a hatch or local shopping centre and we can support these small or independent businesses instead of driving to the supermarket.

Technology may offer solutions in the future by making self-driving shared car schemes available but we must drive the change in our own habits towards a sustainable future.

WHAT QUESTIONS DO YOU WANT ANSWERED?

■ Every week, we'll be putting your questions to representatives of each of your main local parties. So get involved! Email your questions to get the issues that matter to you on the agenda.

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YOUR EDUCATION NEWS

Academy's 'Give Up Clothes for Good' plan

YOUNG people in Harlow are giving up clothes for the good of poorly children.

Burnt Mill Academy is supporting the Give Up Clothes for Good campaign by high street retailer TK Maxx.

By donating unwanted clothes, the school is helping the chain to raise vital funds for Cancer Research UK's work around childhood cancer.

Kayleigh Trainor, head of humanities, said: "We were keen to get involved in this project to raise awareness of the work of Cancer Research UK, especially as we have had students at school who have undergone treatment for cancer or have had relatives diagnosed with cancer. So many people

today are affected by cancer and so everyone is keen to help.

"Our students are always looking to get involved and help those in need. Charities are always blown away by the support of our students."

Key Stage 3 leaders are promoting the charity mission among peers.

Deputy head girl Daisy Broughton, Year 11, said: "Any help we can give is good. We have put posters up around school and have been speaking in assemblies and during tutor time to remind people to bring in their donations. So much has been brought in already.

"As you get older, one of the best qualities to have is to give without receiving."

The campaign follows on



Burnt Mill Academy students are supporting the Give Up Clothes for Good campaign

from the school's donation of coats to the homeless for Wrap Up London and goods to Harlow Food Bank at Christmas.

Since 2004, TK Maxx has raised more than £32m for Cancer Research UK's work through stock and cash donations. Of that, more

than £28m is supporting research into children's cancers specifically and £4m supporting general cancer research.

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Children bring history books to life using their colourful handmade Roman shields

OVERTURNED desks and cardboard shields were a necessity for a school reading session.

Year 3 pupils at Freshwaters Primary Academy, in Harlow, stepped back in time and got creative as learning came to life.

Teacher Sam Roberts tasked pupils with making their own Roman shields out of cardboard to illustrate what they were learning in class.

The history theme carried over into literacy and drama as they used their shields to act out scenes from The Moonshine Dragon book.

Mrs Roberts said: "In the story, a character comes out of the book on the floor and anyone who touches them shrinks down to the same size.

"There is then a battle to get the character back into



Students stepped back in time and got creative as learning came to life

the book.

"Pupils had to act out a scene and decided they would like to use their

Roman shields in their performance.

"They had such a lovely time, they didn't even realise

they were learning history and literacy.

"Once a week, we get involved in role play, so they

can immerse themselves in the story we are reading.

"It shows me they are understanding, especially

when they use the vocabulary from the book."

Pupils also wrote stories based on the book, using their own good and bad characters from other tales to demonstrate their understanding of the concept.

Teresa Avey, head of school, said: "Language and vocabulary is a focus for the children at Freshwaters and teachers support this by planning lessons involving drama and role play.

"They do so because this provides opportunities to recycle the language the story contains through retelling and acting out.

"Providing children with this kind of fun opportunity to use and apply the vocabulary learnt means it becomes ingrained and understood – this is then seen in the application of their writing."

Junior leaders inspired to 'leave a legacy' by setting a good example

PUPIL leaders are working hard to leave a legacy behind at their primary school.

A team of 16 pupils at Freshwaters Primary Academy in Harlow have been appointed members of the Junior Leadership Team (JLT).

The pupils, from Year 3 to 6, are tasked with setting an example to their peers and working on projects to benefit the school and those around them.

Since Christmas, the JLT has already inspired the school community to raise more than £260 towards new iPads to enhance lessons, as well as donating goods to the homeless.

Sue Preston, higher level teaching assistant, said: "The JLT has a heavy focus on charity work. Instead of supporting the large national charities, they felt it would be nice to help those closer to home, here in Harlow."

"I have been really pleased with the response we have had to our fundraising and charity events, especially as they came so soon after Christmas. It goes to show how much our children and families want to get involved and help."

A black and white themed day saw pupils pay to dress in the chosen colours as a nod to the days of black and white television.

The idea was that of Hannah Hamid, Year 6, who said: "When I was thinking of ideas for the JLT, I wanted something that would fit with the theme of



Junior leaders are tasked with working on projects to benefit the school and those around them

technology. In the old days, they did not have colour TVs, so I thought that would be perfect.

"I felt really proud of myself when I saw everyone dressed in black and white. It gave me confidence to see

everyone liked my idea.

"As JLT members, we want to be role models and to inspire other children. I want to leave a legacy when I leave Freshwaters."

The day will be repeated several times throughout the

year. The JLT has also inspired peers to collect vital items needed by Harlow charity Streets2Homes to help those living on the streets. Classes donated lip balms, combs and brushes, sponges, flannels, socks,

pasta and soup pots, deodorant, toothpaste, toothbrushes and baby wipes.

Ronnie McManus, Year 5 JLT member, said: "It feels really good to help people who do not have much and

are sleeping on the streets. Everyone has brought something in; I was surprised when I saw how much had been collected."

Kerrie Easman, Streets2Homes CEO, said: "This is such a wonderful initiative and means so much more than the much-needed essential items donated. For those who do not have a home to know the community wants to help them is so good for their morale and self-esteem."

"For young people to display such thoughtfulness and empathy is really inspiring. Streets2Homes are truly grateful for the donations, effort and thought from all involved."

Four pupils per class are appointed JLT members each year after going through an application process, which includes an interview and speech.

Each member is also linked to a class where they help with organising resources and supporting their peers.

Teresa Avey, head of school, said: "The JLT provides children with the perfect opportunity to express their views and opinions. During assemblies, children come up with these great ideas to help others and we are very fortunate our parents are supportive and help them to achieve their goals by donating money and the various objects required."

"We feel pupil voice is important."



The pilot event could see visiting performances hosted at the school

School's travelling theatre vision will make arts more accessible

A HARLOW school could become a travelling theatre venue.

Burnt Mill Academy is taking part in a free pilot event which could see visiting performances hosted at the school.

The school has been working with A New Direction, which works to ensure all children and young people can develop their creativity and play an active part in the culture and heritage of their community.

GCSE drama students in Year 9, 10 and 11 and those studying the Trinity Arts

Award watched So Many Reasons, a play by writer and performer Rachel Ofori.

Drama teacher Benjamin Eva said: "We have been piloting the programme by A New Direction, who like to enrich students' experiences of the arts and make it accessible for all."

"They are bringing new writers and different styles of theatre to the forefront of performance."

"This was a pilot event to potentially turn our school into a travelling theatre venue to enrich students' theatre experiences, to expose them to professionals

in the business and enrich their inclusion in theatre and the arts."

So Many Reasons is about a second-generation Ghanaian woman being raised in Britain under the rule of her strict Ghanaian parents.

The one-woman show looks to connect different cultures and experiences for today's communities.

Students took part in a Q&A session where they asked about the play, how to improve their own performances and to gain valuable skills for their future.

YOUR CHARITY NEWS

Mums and daughters urged to join this year's Race for Life

HARLOW mums and daughters are being urged to join the fight against cancer by entering Cancer Research UK's Race for Life.

The charity is inviting women of all ages, shapes and sizes to pledge to take part in the Harlow Race for Life 5k and 10k on Sunday May 13 at Harlow Town Park.

And there's no better time for mums and daughters across Essex to sign up right now at www.raceforlife.org

Taking part in Race for Life is a hugely moving experience as people come together to remember loved ones lost to cancer, celebrate the lives of those dear to them who have survived or support those going through treatment.

Many women will be taking part in Race for Life with their mums while others will be participating to honour their memory.

Megan Bailey, Cancer Research UK's Harlow Event Manager, said: "We are urging mums and daughters in Harlow to make this Mother's Day extra special by signing up to Race for Life.

"By signing up to Race for Life, women in Harlow can make a real difference in the fight against cancer.

"Money raised will help Cancer Research UK

scientists and doctors find new ways to prevent, diagnose and treat the disease, helping save more lives.

"Taking part in Race for Life is a special and unique experience - full of emotion, courage, tears and laughter. By joining like-minded ladies committed to the cause, women can unite against a disease that affects us all in some way. Whether they plan to pound the pavements or amble to the finish line, every step participants take will help to support crucial research."

One in two people in the UK will be diagnosed with cancer at some stage in their lives, but the good news is more people are surviving the disease now than ever before. Cancer survival in the UK has doubled since the early 1970s and Cancer Research UK's work has been at the heart of that progress.

Cancer Research UK's Race for Life, in partnership with Tesco, is an inspiring women-only series of 5k, 10k, Pretty Muddy, Half Marathon and Hiking events which raise millions of pounds every year to help beat cancer sooner by funding crucial research.

Cancer Research UK's life-saving work relies on the public's support. Thanks to



Race for Life supporters come from all age ranges

the generosity of its supporters, the charity was able to spend over £49 million last year in East Anglia on some of the UK's

leading scientific and clinical research - helping more men, women and children survive the disease.

Megan added: "Every day,

around 820 people are diagnosed with cancer in England. That's why we're calling on ladies in Harlow to sign up right now and join

women from every walk of life at the start line"

To enter Race for Life today visit raceforlife.org or call 0300 123 0770.

Having a ball playing Boccia

ALL Ability Sports Club had six players enter the Boccia England Heathcote Cup which was held at University of Hertfordshire Sports Village on Sunday February 25.

All players played fantastic games with Luke Lowe coming first in the BC8 category and Emma Kirby coming third in the BC6 category.

Luke and possibly Emma will go through to the next area round which will be taking place on April 21.

Then Curtis Rulton and Ritesh Rajcoomar found great form making it into the quarter finals, and Brian Feldman and Terry Hill did really

well as this was their first year of competing at the event.

Boccia is a sport similar to Petanque or Boule and is great for all the family, but particularly targets anyone with a physical or learning difficulty.

All age groups are welcome from seven years upwards.

The All Ability Group meets every Saturday morning from 10am to 12 noon at Mark Hall Sport Centre, London Road, Harlow.

For further information contact All Ability Sports Club at: email Helen@allabilitysportsandleisure.co.uk



All Ability Sports and Leisure





Walkers took part in a sponsored stroll with their pooches at the annual St Clare Hospice event last month

Winter Walkies fundraiser

FROM beagles to bulldogs, and sausage dogs to schnauzers, more than 100 dogs joined St Clare Hospice's annual Winter Walkies event on Sunday, February 25.

At the head of the pack was the winner of the Hospice's Cutest Canine competition, Milo the Cockapoo puppy, who led more than 250 walkers out the gates of the Hastingwood-based hospice for the sponsored 5km countryside stroll. This year's Winter Walkies fundraising event is expected to raise over £5,000 for St Clare once all sponsorship money has been received.

There were plenty of wagging tails as the pets and their owners set off at 11am, making their way down into Hastingwood and across the beautiful Essex countryside.

Amongst the participants was St Clare Patron, Dame Claire Bertschinger DBE DL, Deputy Lieutenant of Hertfordshire, who took part with her two Bichon Frise.

Commenting on the event Dame Claire said: "Winter Walkies is a great community event.

"I can't think of a nicer way to raise funds for St Clare than by taking part in a walk with dozens of other dog lovers and their pets across the beautiful countryside around the



Dog owners enjoying the Winter Walkies

Hospice.

"My dogs loved being with so many other dogs of all shapes and sizes, and it was actually very moving to see hundreds of people gathered in support of St Clare."

The event organiser, St

Clare Challenges and Events Fundraiser, Emma Broadbent said: "This was the 12th year that we have organised Winter Walkies and it continues to be our best loved event, with hundreds of four-legged

friends and their humans taking part. It really was a sight to see so many happy wagging tails held aloft as the dogs set off out the Hospice gate."

Emma continued: "It was a privilege to organise such a

fun event and to see so many people from our local community joining forces to help raise money and awareness for their local hospice.

"We'd like to thank everyone who came along or

supported the event, helping us raise much-needed funds so we can provide our skilled and compassionate care to every local family who needs us – and we look forward to setting the bar even higher for next year".

YOUR COMMUNITY NEWS

Route is revealed as plans to stage town carnival again are announced

THE proposed route and date for this year's Harlow Carnival has been unveiled.

The carnival will take place on Sunday, August 26, and set off from Bush Fair Shopping Centre at midday and ending in the Town Park showground at around 2pm.

This will all be in time for the popular Linkfest music event, which this year will take place on the Showground and Bandstand.

The street carnival, which was a regular and popular event in the town in the past, returned last year as part of the Harlow 70 celebrations.

Bringing back the carnival proved to be a huge success, with over 600 people taking part and around 5,000 lining the streets.

The council hopes to build on last year's event and make it bigger and better.

This year the route will be extended and it is hoped that

more groups and organisations will take part.

It is proposed that the carnival procession will start from Bush Fair which is the same starting point as past Harlow carnivals.

The procession will make it way down Tillwicks Road to Howard Way, past the Stow where it will go down First Avenue and turning into Fifth Avenue before making its way into the Town Park.

For the safety of those taking part and watching, there will be a number of road closures in place during the carnival.

Councillor Emma Toal, Leader of Harlow Council, said: "I was lucky to be part of the parade last year and I remember seeing so many families lining the streets and cheering on the parade."

"The carnival created so many positive memories for all those who took part and

it showed how much Harlow's community spirit is still alive.

"It was an easy decision to make to bring it back every year as part of the legacy of Harlow's 70th birthday celebrations.

"We want to give something back to local families and establish it once again as an annual event which all members of the family grow up remembering."

Residents, voluntary groups, social groups and commercial businesses are all being invited to take part.

More information will be released in the coming weeks but interest can be registered at www.harlow.gov.uk/carnival-form

Keep an eye on the council's website www.harlow.gov.uk/carnival and Facebook and Twitter sites for more details in the coming months.



Harlow

■ **FLOWER CLUB:** Harlow Flower Club meets at New Life Christian Fellowship Church, Purford Green, Harlow, CM20 3RG usually on the second Thursday every month at 7.30pm except in January.

They have demonstrations, talks and workshops.

This is a long running, established club and visitors and new members are more than welcome.

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For further details please contact Jenny Thomas on 01279 428935.

The next meeting is on April 5 at 7.30pm.

YOUR NEWS

■ We compile our Community News pages two weeks in advance of publication. If you'd like to include a future event please make sure you tell us in plenty of time so our readers can come along.

Last year's carnival proved to be a great success

Photo: MARK RIDGWELL



A ribbon to mark the opening was cut by chair of Harlow Council Sue Livings, who was joined by Bush Fair ward councillors and representatives from Kazen Kai

After major makeover, pavilion is back in use

A NEW sports pavilion and community hall has officially opened at Nicholls Field.

The former derelict sports pavilion was given a major makeover in 2017.

It has now been completely transformed and on Saturday, March 10 an official opening event was held by the first tenants of the building, Kazen Kai Martial Arts.

A ribbon to mark the opening was cut by chair of Harlow Council, Councillor Sue Livings, who was joined by the Bush Fair ward councillors and representatives from Kazen Kai.

After cutting the ribbon, councillors were treated to an exhibition of martial arts by some of the club's members.

The new building includes four changing rooms, a changing room for officials, an office, disabled toilets and a community hall.

The refurbishment was virtually a new build with new foundations, a new pitched roof, improved access and fencing and changes to the internal layout of the building.

There have also been drainage improvements

made to the six adult size football pitches.

The council is currently in discussions with local community organisations and sports clubs and the Essex FA regarding the use of the pitches and changing rooms.

It is also planning to refurbish the adjacent multi-use outdoor area.

Councillor Mark Ingall, portfolio holder for youth and community, said: "The pavilion sat derelict in the middle of Nicholls Field for far too long but what we have today is a completely transformed building for the community to use.

"The pavilion has literally been rebuilt from top to bottom and it is now in use seven days a week helping to contribute towards getting people active.

"The first tenants of Nicholls Field, Kazen Kai, have really been able to grow their club since using this facility.

"We also want to see the football pitches back in use as soon as possible and more of the local community using the new building and the fantastic green open space which surrounds it."



Councillor Sue Livings was joined by the Bush Fair ward councillors and representatives from Kazen Kai



After cutting the ribbon, councillors were treated to an exhibition of martial arts by some of the club's members

Photos: MELISSA PAGE PHOTOGRAPHY

SPOTLIGHT

Be prepared for strong language as Canadian tour-de-force Tom Stade takes to the road with his stand-up show *I Swear*. **MARION McMULLEN** chats with the cool dude of comedy about breaking taboos

What's it like being back on the road again with your show *I Swear*?

OH, man, I've never been off the road. There's never a weekend I'm not working. I've been on the road longer than the Rolling Stones... and I gave them a 20 year start. I've been doing this since 1989. The Rolling Stones at least have six months stints off every now and again.

Do you find it easy to relax when you're not touring?

(LAUGHS) It's when I come home that I turn into an idiot. The road is my home. Things just get weird when I'm not touring and I'm home in Edinburgh. I start to get stir crazy.

Do you get a lot of your comedy ideas when you driving?

WHEN you are in a car for six hours you are in a place where you have no distractions and I have come to like that. It's like being in one of those sensory deprivation tank things. You get to think things through and come up with ideas.

But you have to believe in yourself that what you think is funny. If I come up with a comedy idea at home, I end up running around my wife like a five-year-old saying 'Look at me, look at me.'

You've done TV shows like *Live At The Apollo*, *Michael McIntyre's Comedy Roadshow* and *The John Bishop Show* and co-wrote *Frankie Boyle's Tramadol Nights*. Is it hard not to swear when you are on television?

IF I'm on one of those shows I don't mind toning it down. I feel like I'm going into your home so I'm not going to come out with 'What the f**k is this?' (Laughs) But if you come to me for a show that's like coming into my home, my own place, and I can do what the f**k I want.

You've been described as both mischievous and enlightened. Is there any subject that's off limits?

WE'RE living in a very dangerous time with people in the desert chopping someone's head off. Let me tell you Isis does not have a sense of humour.

Those who want to be in power have also lost their sense of humour. I think we should pick our leaders by going into a room at any factory and saying 'Hey, Bob, you're the new leader.'

He wasn't looking for it

If one or two people walk out, I think I've actually done my job



Tom Stade believes being offensive on stage makes people think

and he wouldn't make the same mistakes. He'd be like 'OK, so my wife says schools need more computers and sh*t so let's do something about that.'

Have you ever had people walk out of a show?

OF COURSE. There's a difference between a comedian and someone who makes people laugh, someone who is a people pleaser.

A comedian is someone that has something to say like a Mark Twain or Voltaire. It can be an art form. A people pleaser is someone who just wants to make you laugh and they are not going to say anything offensive.

A comedian wants to challenge your thoughts not just tickle your funny bone. (Laughs) I always think if everyone walks out then it's a bad show, but if one or two walk out I think I've actually done my job.

Does the show change a lot while you are on tour?

It always changes. I'm never satisfied. Sometimes I like to be in the moment. I'm aware of what is going on with the audience.

If you've seen the show before and come back again it will be different.

How did your comedy career begin in Canada?

THE first time I stood on a comedy stage was in 1989, two weeks before my 19th birthday, so I can officially say I was 18 years old when I started.

I still enjoy working with young comedians and do an online sitcom with Daniel Sloss. (Chuckles) I like feeding off their energy like a wicked witch.

A lot of these guys are so young and funny and they have not been conditioned yet. I can relate to them more then when I see someone coming into the business at 31 or 32 who has already been conditioned to be nice and polite and not cause offence.

I started at 18 and I wasn't worried about being liked.

Any plans following this UK tour?

I'M already working on the next show that I'm going to play at the Edinburgh Festival and then I'll be popping off to Australia to tour before coming back here ... and then I'll maybe think about taking some time off.

■ Tom Stade's stand-up show *I Swear* is on tour until the end of June. For details, go to tomstade.co.uk/live



Joe Pasquale is on the road again

COMEDY performer Joe Pasquale burst onto television screens 30 years ago on ITV talent show *New Faces*.

Now he's planning to tour the country from August to celebrate his 30th anniversary with stand-up show *Joe Pasquale: A Few Of His Favourite Things*.

It follows a UK tour of the stage version of BBC hit comedy *Some Mother's Do 'Ave 'Em*.

■ Go to joepasquale.com for details.

MARTINE McCUTCHEON and David Essex are to appear in a Christmas UK tour of hit West End and Broadway musical *Elf*.

The show, based on the Hollywood comedy film starring Will Ferrell, is to be supersized into a festive spectacular for the holidays. David Essex will play *Elf*'s father Walter and Love Actually's Martine McCutcheon will play Buddy's girlfriend, Jovie.

■ Go to buddytheelf.co.uk for details.

PEAKY BLINDERS actor Paul Anderson (Arthur Shelby) is to make his West End debut in a new adaptation of Moliere's *Tartuffe*.

He will play the title role in the classic comedy which re-imagines *Tartuffe* as a radical American evangelist who uproots the life of a French film tycoon in Hollywood.

The production runs at the Theatre Royal Haymarket from May 25.

■ Go to trh.co.uk for ticket information.



SOUND OUT

As punk survivors The Stranglers prepare for yet another UK tour, JJ Burnel talks to **JOE NERSSESSIAN** about riots in Greece, the band's longevity and the "sterile" music of 2018

SUMMER 1985 and The Stranglers are performing to a crowd of around 40,000 in Athens. Outside a police car is ablaze as rioting fans try to break into the Panathenaic Stadium. Depeche Mode were hiding under the stage while Boy George was being attacked with bottles, recalls a cackling Jean-Jacques Burnel.

It's 44 years since JJ founded The Stranglers (originally the Guildford Stranglers) alongside Jet Black, Dave Greenfield and Hugh Cornwell - who left in 1990.

They arrived in the boom of the British pub rock scene, jostling, snarling and at times exchanging punches with their more media-friendly punk peers, Sex Pistols and The Clash.

As the genre's bubble burst and those bands around them split, The Stranglers stayed firm.

JJ, 66, cites the Athens performance as his favourite memory in the band's four-decade history, but concedes there are so many it changes every day.

It's all a lot calmer now, of course. "We don't get arrested every night and I'm not getting laid," he jokes.

He's just off the plane from France, where he resides, but had only been home for three days following the band's Australia and New Zealand tour.

They are touring the UK this month and show little intention of slowing down - although drummer Jet has now officially retired at the grand age of 79.

"He's enjoying his twilight years," JJ says. "He's alright, his body has given up and he's on the last run home. There aren't many 80-year-old drummers out there, he did everything he was supposed to do in rock and roll. We did call him The Hoover."

It really was sex, drugs and rock'n'roll for the band. As well as fights with their punk peers, they incited a riot in Nice, took heroin for a year and even tied up journalists - although that's not the reason for this particular interview



JJ Burnel on stage

We were classed as the bad boys



The Stranglers: Dave Greenfield, Jim Macauley, Baz Warne and JJ Burnel

being conducted by phone.

It all seems a long way away from the current music scene, where an argument on social media can become headline news.

"Everyone wants to be successful now, they play safe, there aren't many innovators, people taking risks," JJ says. "They're talking about careers now. When we started, you were lucky if you lasted two or three years."

"Everything is more business-like and showbizzy," he continues, and he reckons The Stranglers are attracting a new wave of youngsters because of the largely sterile nature of modern music.

"People see us actually playing and with the f***-ups that can occur."

"I think all the things that were frowned upon which we did in the past now seem as badges of honour."

JJ admits there were times it did spin out of control, before quipping: "But if you've got no experience of music, you've got no imagination."

The sterile nature of the current music industry makes him even more determined to continue with The Stranglers, who are working on a follow-up to 2012's *Giants*, the band's best and most acclaimed album since the mid-Eighties.

Being a band of pensioners, he admits they often discuss mortality.

"We talk about one day The Stranglers will no longer be, and it would have been 40 years of our lives - and that's a weird concept but you have to be realistic," he says.

JJ hesitates, then adds: "But unless I die in a motorcycle accident or someone in the band



The Stranglers in 1980

dies, we will carry on until we bore the pants off each other."

A theory of his is that the band's longevity is thanks to their rejection of America. Rather than donning "cowboy hats and boots," as he puts it, they acted a little disinterested in the US.

"It's a pact with the devil. You have success with America and then you're set up for life or you don't make the pact with America and you're creative. And there's not a single band in the firmament, I challenge you, as creative and eclectic as the Stranglers."

They also split everything equally, JJ says. Success and failure felt the same to all.

Success certainly seems the word for their recent renaissance. Their annual UK tour, which this year includes stops in Newcastle, Birmingham and Bristol, continues to attract new faces.

In 2010, a huge crowd was drawn to The Other Stage at Glastonbury to see their debut appearance at the festival, although there is no expectation

they will be invited back.

"We were banned from Glastonbury for many years so that was a bit of progress. I'd love to go back. It's the biggest and the best. I don't think they'll invite us - they just don't like us full stop."

It's hard to simply accept JJ's 'everyone's out to get us' mindset. But he's adamant it existed.

"We just p***ed off so many people, having punch-ups with people, irritating the f*** out of journalists."

"At one point, we polarised opinion so much that the press were supporting The Clash and the Sex Pistols. They did have nicer clothes than we did but that's about all," he says.

"There are fashions and trends and when that happened we were classed as the bad boys but we had the last laugh, and we're still laughing," adds JJ, as he breaks into another cackle.

■ The Stranglers are on tour now. See the stranglers.net for dates and more details.

SOUND JUDGEMENT

THE LATEST ALBUM
RELEASES RATED
AND REVIEWED

FICKLE FRIENDS - YOU ARE SOMEONE ELSE

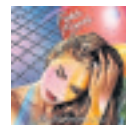
★★★★★

FICKLE Friends' debut is nostalgic for the past, for the 1980s, and it pays homage to genre-defining songs from the likes of Whitney, Tiffany, Shannon and other major power-pop players of the decade.

The tracks combine this with more current dance and trance sounds, heard in Glue and Bite, but overall this knows exactly where it belongs.

The most striking elements are the big, singalong choruses, which are executed brilliantly.

There are darker parts to this colourful offering - the songs are often driven by a heavy bass, and at times they seem to be moving a little bit too quick, like an experimental, musical drug. It keeps you on your toes, and is an excellent, classic pop album.



KIM WILDE - HERE COME THE ALIENS

★★★★★

KIM Wilde once warned you should Never Trust A Stranger; here is another public service announcement. The UK's

green-fingered queen of 1980s new wave pop has cultivated an obsession with little green men.

"They're out there in the stars, maybe they come from Mars," she sings on 1969, the tacit title track to *Here Come The Aliens*. Pop Don't Stop pays homage to Buggles classic *Video Killed The Radio Star* with its piano-led intro before bursting away on an interplanetary path.

Wilde has certainly seen some extraordinary things. The real revelation here is that her 14th studio album might be the Chelsea Flower Show gold medalist's finest non-horticultural work in decades.



ALEXANDRA BURKE - THE TRUTH IS

★★★★★

AFTER a six-year wait, Alexandra Burke has grown as an artist and as a woman, particularly in the past year

- what with her successful Strictly stint and the death of her mother - and is set on making her mark in music again.

However, for all that life experience and the absorption of a more musical theatre-friendly style - thanks to her years treading the boards in the West End - somehow this new effort doesn't feel like she's quite giving her best... yet.

The power ballads are pleasant, if not a bit lacking in true heart, while other tracks have the essence of something great but fall short of brilliance.

A highlight is her duet with Ronan Keating, *Say We'll Meet Again*.



FOOD & DRINK



CRISPY RED MULLET

SERVES FOUR

INGREDIENTS:

Vegetable oil, for frying
Four red mullet, around 300g each, scaled and gutted (gurnard can be used as an alternative)
Plain flour, for dusting
Sea salt, to taste
Lemon wedges, to serve
3-4tbsp extra-virgin olive oil and lemon dressing (see below)

METHOD:

1. Make the dressing, using the ratio: 70% extra-virgin olive oil (the best you can buy) and 30% freshly squeezed lemon juice. Whisk together and set aside.
2. A deep-fat fryer is the best thing to use for this recipe. If you don't have one, heat vegetable oil in a frying pan large enough to fit the four fish. The oil needs to be deep enough to submerge half of the fish when laid on their sides.

Bring the oil up to 190 degrees C/375 degrees F. Test the temperature by putting a cube of bread in the oil – if it immediately starts to crisp up, you're ready to go.
3. Pat the fish dry with paper towels, then dust with flour, ensuring they are completely covered and any excess is shaken off.
4. Carefully place the fish in the hot oil. Fry for four minutes on each side. Remove with a slotted spoon onto some paper towels to absorb any excess oil.
5. Transfer to a serving plate, sprinkle with sea salt and serve with lemon wedges and the dressing in a small bowl on the side.

Cod forsaken

THE story of Prawn On The Lawn is one of constant ingenuity. It started out as a tiny North London fishmonger and seafood bar; just eight seats, a fish counter and no fryer. "The idea was, you could have a glass of fizz and a few oysters while you bought your fish and it was being prepped," explains Katie Toogood, who runs POTL with her husband, self-taught chef Rick.

The tricky bit was, they didn't have a licence for hot food. "It forced us into doing something a bit more out there," admits Rick, describing how their ever-changing menu revolved around curing, pickling, ceviche, oysters, and crab and lobster on ice. "Having all the fish on display, we just wanted to cook it. As a chef it became quite frustrating."

Five years on, the pair have swapped their stripped-back fishmongers for two restaurants – one in London and one in Padstow, Cornwall – and now have their own cookbook, packed with 'fish and seafood to share'.

They might have fryers at both locations now, but don't expect to find them dishing out portions of salt and vinegar-covered cod. "We don't do fish and chips," says Katie, "[but] we could do you some crushed new potatoes and tempura battered white fish."

Instead, they're all about small, inventive sharing plates – swayed by whatever their Cornish fishermen have hauled in that day.

Rick, who previously worked front of house for a string of high-end restaurants, had never been particularly interested in plodding through meals that

KATIE AND RICK TOOGOOD'S INVENTIVE EATERIES AIM TO REDEFINE OUR SEAFOOD TASTES... JUST DON'T ASK FOR FISH AND CHIPS. ELLA WALKER MEETS THE DUO TO TALK ADVENTUROUS FISH DISHES AND THEIR FOOD MEMORIES

predictably went: starter, main, dessert. "We loved the idea of sharing, it's how we both grew up," he says, as Katie chips in: "Everything in the middle of the table, helping yourself."

They also wanted to smash up the idea that seafood restaurants should be formal – it's fiddly enough cracking crab claws without worrying about how smart your shirt is. "When you go to Europe, seafood is so informal," says Katie. "It's just stuff off a boat, and real basic cooking."

When the pair met online ("It wasn't on Plenty Of Fish," says Katie with a laugh), she didn't really eat meat and was "way

more scared of fish." Rick sorted that out.

"I don't know when I became so obsessed with fish," he says. "I was born in Guernsey, but left when I was three or four, but mum says whenever we'd go to the market, I'd go straight to the fish counter."

Their whole red mullet, floured and deep fried, comes from sitting on plastic chairs with Rick's parents in a little bay in Greece, where the fish was served with really good olive oil and some lemon juice, whisked, and poured all over the fish. "The simplicity of it," says Katie reverently.

While they're all about keeping

things simple, they've noticed that people are becoming more adventurous with their seafood. So much so, "people don't even want cod if it's on the menu, they're like, 'No, have you got any pollock?'" says Katie. Some do still need to be nudged to have their fish whole rather than filleted, though. "You just get so much flavour from the bones!"

Hence why Rick has taken the decision that, if you order crab at POTL, it'll come whole, not dressed. "It's the theatre of it," he says proudly. "Picking the meat out is so rewarding."

There are some things that just don't need reinventing.

■ **Prawn On The Lawn: Fish And Seafood To Share** by Rick and Katie Toogood, Pavilion, priced £18.99. Available now.



The couple's book

Rick and Katie Toogood

NO sooner had I suggested last week that spring might be round the corner, it snowed AGAIN.

At least the clocks are changing and we'll all feel so much better. I love this time of year when everything is so new again; there's a fresh start as the sun warms and the days get longer.

It's a busy time in the wine world too, with lots of new happenings.

Sainsbury's has extended its organic range with the addition of a prosecco, a sauvignon blanc and a French rosé.

This comes on the heels of the wines **So Organic Malbec** (£6.50), **So Organic Côtes du Rhône** (£7.50) and **So Organic Merlot** (£6.50) which launched last November. Sainsbury's says it saw a 25% jump in demand for organic wines last year, which it believes is

RAISE A GLASS

WITH JANE CLARE



driven by younger customers.

So Organic Prosecco (£10, 11% abv) isn't cheap when you consider how much you can spend on a bottle of prosecco these days. It's not a DOCG designated wine (the top style of wine in Italy) unlike my favourite prosecco from Sainsbury's, **Taste the Difference Conegliano Prosecco** which comes in at around the same price. Saying that, I shared a sniff and a dip with some girlie

friends, including lots of swirling and chatting, and the aromas got a thumbs-up; pears, tropical fruit, a little bit of cinnamon (I don't know where that came from) and freshly sliced apples.

The label on **So Organic Sauvignon Blanc** (£6.50, 13.5% abv) declares the wine has "citrus and grapefruit flavours and a delicate herbaceous note" but I found the opposite. It is from Spain and the sun-dappled grapes have delivered a wine of tropical fruits, guava and a hint of nectarine. **So Organic French Rosé** (£6.50, 13.5% abv) is grenache-based and has squishy strawberry aromas with a hint of spice.

Over at Tesco, a new selection from Domaines et Châteaux has arrived on the shelves. The team

searches for smaller parcels of French wines and once they're sold out, that's it, they're gone.

My favourite of the new four wines I tasted was **Domaine Barol 2016** (£9, 13% abv), a white from the Côtes du Rhône. It is a blend of marsanne and viognier and has a nose of white peach and honeysuckle with a peep of candied fruit. Those same notes carry through to the flavours and it was pretty much spot-on with my Sunday afternoon roast chicken and buttery bacon and cabbage.

Meanwhile one of my reliable go-to wine brands, Cono Sur Bici-cleta, is having a make-over. New bottles with a bicycle embossed in the

glass are out next month with a nod to making the wine a little more premium. The bicycles are a tribute to the vineyard workers who travel around the Chilean vineyards on bikes. **Cono Sur Bici-cleta Pinot Noir** (RRP £7.49, Tesco, Asda, Sainsbury, Morrisons, Co-op, 13.5% abv) is the UK's best-selling pinot noir and its notes of strawberry, violets and cherries are smooth and tempting.

Finally, Aldi has brought out a new range of half-bottles for those nights when you don't want a full bottle. The wines are **Pinot Grigio**, **Pinot Noir** and **Malbec** and they are £2.99 for 37.5cl. Let's raise a glass to spring!

■ Jane is a member of the Circle of Wine Writers. Find her on social media and online as One Foot in the Grapes.



INGREDIENTS:

8tbsp Vietnamese marinade (see below)
1.5kg monkfish tail on the bone, skinned and butterflied (ask your fishmonger to do this)
4 spring onions, finely sliced
4 sprigs of coriander, leaves only
4 sprigs of holy basil (Thai basil), leaves only
A handful of toasted peanuts, chopped (optional)
1 lime, cut into wedges

For the Vietnamese marinade:

(Makes 150ml)
2 garlic cloves, peeled
A handful of coriander, stalks and all
5 kaffir lime leaves
1 thumb-sized piece of fresh ginger, peeled
1 birdseye chilli, roughly chopped
2 lemongrass stalks, topped and tailed, roughly chopped
A splash of Thai fish sauce (nam pla)
Juice of 2 limes
50ml extra virgin olive oil



ROASTED MONKFISH TAIL & VIETNAMESE MARINADE

SERVES
FOUR

METHOD:

1. Make the marinade. Put all the ingredients into a food processor or blender and blitz until as smooth as possible. Don't worry if it looks a little 'bitty', as it will soften down during the cooking process.
2. Preheat the oven to 160 degrees C fan/180 degrees C/350 degrees F/gas mark 4. Line a roasting pan, large enough to hold the monkfish tail, with greaseproof paper.
3. Spread two tablespoons of the marinade across the greaseproof paper and place the monkfish tail on top. Make sure the meat of the butterflied monkfish is

opened out and spread the remaining marinade over the fish. If you are using a different fish you may need more or less marinade – just make sure the fish is well covered.
4. Sprinkle with half the spring onion and roast in the hot oven for 20 minutes. When the fish is cooked, the meat will start to peel away from the backbone.
5. Transfer to a serving plate and pour the cooking juices over the fish.
6. Garnish with the remaining spring onion, coriander, basil and peanuts (if using). Serve with lime wedges on the side.

INGREDIENTS:

150g white crab meat (unpasteurised)
1tbsp creme fraiche
2 spring onions (scallions), finely sliced
1tsp lemon juice
Sea salt and freshly ground black pepper
4 courgette flowers, with baby courgettes attached
1L vegetable oil
For the tempura batter:
75g cup plain flour
50g cup cornflour
1½tsp baking powder
Approx 150ml chilled sparkling water



CRAB-STUFFED COURGETTE FLOWERS

SERVES
FOUR

METHOD:

1. In a mixing bowl, add the crab meat, creme fraiche, spring onions and lemon juice and mix together, seasoning to taste.
2. Gently open the petals of the courgette flowers and spoon equal amounts of the crab mixture in between the petals, packing the mix in tightly and leaving enough space to be able to twist the petals back together. Ensure there are no gaps for the crab

to escape out of.

3. Ideally, use a deep-fat fryer (if you haven't got one, use a heavy-based saucepan) and heat the vegetable oil to 190 degrees C/375 degrees F. Test the temperature by putting a cube of bread in the oil – if it immediately starts to crisp up, you're ready to go.
4. Meanwhile, make the tempura batter. Mix the plain flour, cornflour and

baking powder together and slowly add the chilled sparkling water, whisking as you go. You're aiming for the consistency of double cream.
5. Gently coat the stuffed flowers in the batter and, using a spoon for support, slowly lower a flower into the hot oil, flower-end first. After a few seconds, let it submerge fully and fry for about one-and-a-half minutes, until golden. Repeat for all four flowers.
6. Remove with a slotted spoon and place on paper towels to absorb any excess oil.
7. Season with sea salt and they're ready to serve.

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HOTSEAT

Back then we were much more naive about food. We'd see an advert on telly and go: 'Well it must be great!'

In Britain's Favourite Food, Simon Rimmer explores how the dishes that defined our meal times in the past were sold to us. The chef tells **GEORGIA HUMPHREYS** what he learned while filming the documentary

What was the starting point for the documentary?

AS a kid, I was obsessed with butterscotch Angel Delight, (pictured below) and it's like, 'Well, what's actually in Angel Delight?' And then you go into all the other things that we featured – Blue Nun, Smash, Ski Yoghurts – remembering the adverts. It's just a very nice, nostalgic watch.

What did you learn from filming the show?

HOW much more naive we were as consumers back then. Now, we all are incredibly savvy – you get bombarded with subtle levels of advertising and promotion on your phone every single second of the day. Back then, you would see an advert on telly and go, 'Well, it must be great!'

Do you think it's easy to look back at the past with rose-tinted glasses?

YEAH, I think so. It almost felt like a gentler age really, and I don't know whether it necessarily was.

But now, we're so much more concerned with what we eat, what

goes into our bodies, whereas then, the level of labelling etc... none of that really came into play. [In the past], there was an awful lot of chemicals kicking around!

The show looks at wider social issues too – that must have been interesting to explore?

YEAH, that whole rise of convenience foods and working mums – all of a sudden households were no longer about one wage. It was quite a liberating time.

We see you visit your childhood home. How was it filming with your mum?



Chef Simon Rimmer on Strictly Come Dancing

I REALLY liked the fact that my mum told me off where I'm whisking the Angel Delight, saying that I wasn't whisking it properly!

I've been doing telly for 17 or 18 years and it was nice to do something with my mum. It was really sweet.

Would you like to do more of these documentaries?

YEAH, I really hope this does well and they want to do more. I love the social history surrounding all kinds of food – how food has developed our society and vice versa.

That age of my childhood does feel like a golden age for food because so many things were

changing. All of a sudden, it was a very affluent time, so people had spare cash in their pocket.

What would you explore next if given the opportunity?

I'D like to do something about the social history of drinking. It's amazing how it's changed. One of the things we touched on in the show was Babycham, pictured right, being an incredible breakthrough in terms of women drinking, because [until then] it was very much frowned upon – women didn't really drink.



know what to expect and that makes it easier, I guess.

They know it's very laid-back, they know it's fun, they know that it's kind of slightly chaotic and that's part of its charm.

You also starred in the last series of Strictly. Are you still dancing?

I'M not, I've got to be honest. It's not that I've said, 'Right, I'm never going to do it again!' – it's opportunity. It's one of the best things I've ever done. It was hard work and I was terrified, but I loved every minute. I was favourite to go in the first week, I lasted till week six, so it was win-win for me.

You've presented Sunday Brunch on Channel 4 for six years. Do you still get nervous?

EVERY single week, Tim [Lovejoy] and I still get butterflies before we start – but they're good ones.

We've been going for so long, 99% of guests who come on, they know what the show's about, so they

Following on from Strictly, have you found yourself in the public eye more?

IT does change things – having been on Strictly must be what it's like to be a proper celebrity, where you couldn't go anywhere without people stopping you, talking to you, asking you how it's going.

I've never experienced anything like it and it's so lovely. It's an incredibly positive experience.

■ Britain's Favourite Food is on Channel 4 on Friday at 8pm.



Simon meets a face from his childhood... the Smash instant mashed potato robot

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FILM REVIEWS

With Damon Smith

FILM
OF THE
WEEK

ALSO OUT THIS WEEK



John Boyega as Jake Pentecost and Scott Eastwood as Nate Lambert

PACIFIC RIM UPRISING (12A)

In 2013, gargantuan alien creatures known as Kaiju emerged from a temporal rift on the sea floor and razed some of the world's most densely populated coastal cities.

The United Nations responded by forming the Pan Pacific Defence Corps (PPDC) and built an arsenal of Jaegers - 25-storey tall robots operated by human pilots, whose minds are melded to allow a co-ordinated response to the otherworldly threat.

After a titanic battle between the Kaiju and the Jaegers, we emerged victorious.

The sequel directed by first-time helmer Steven S DeKnight unfolds 10 years after this epic showdown. The PPDC forges ahead with a new generation of Jaegers to ensure that if the Kaiju do rise again, we are ready for the apocalypse.

Former Jaeger pilot Jake Pentecost (John Boyega), whose father General Stacker Pentecost (Idris Elba) gave his life to protect mankind, has abandoned his station and been swallowed by the criminal underworld.

Lacking direction or purpose, Jake is on the brink of self-destruction until a terrifying new threat to mankind is unleashed and Jake's estranged sister Mako Mori (Rinko Kikuchi) implores him to return to the PPDC to avenge the fallen.

Haunted by ghosts of the past, Jake reluctantly agrees and he builds a close-knit surrogate family in the shadow of war including fellow pilot Lambert (Scott Eastwood) and a plucky 15-year-old hacker called Amara (Cailee Spaeny).



Rinko Kikuchi as Mako Mori



Storm Reid as Meg Murry, Deric McCabe as Charles Wallace Murry and Levi Miller as Calvin O'Keefe

Not all smooth sailing

A WRINKLE IN TIME (PG)

★★★★★

With its impassioned, tub-thumping messages of self-belief and individuality, *A Wrinkle In Time* is certainly not *A Waste Of Time* for the target audience of peer-pressured teenagers, who are force-fed an airbrushed version of "reality" on social media channels.

Nor is director Ava DuVernay's picture the emotionally rich call to arms that it earnestly strives to be, hamstrung by gaping plot holes, inconsistent characterisation and a steadfast reliance on swathes of digital effects to propel the narrative towards its syrupy conclusion.

Fantastical realms crammed with otherworldly flora and fauna, reminiscent of James Cameron's mega-blockbuster *Avatar*, provide an eye-popping backdrop to a 13-year-old girl's painful coming of age during a madcap time-travelling quest to locate her missing father.

The pacing is frenetic, in part to distract from loopy logic, which results in an exhausting 109 minutes of style

over meaty, heart-tugging substance.

The glittering jewel in the film's wonky tiara is 14-year-old lead actress Storm Reid.

With a deftness beyond her years, she beautifully captures the awkwardness and aching vulnerability of her heroine, who constantly questions whether she possesses the strength to achieve her otherworldly destiny when she is repeatedly driven to tears by barbs from her neighbour Veronica (Rowan Blanchard), queen bee of a catty coterie of popular girls.

Gifted student Meg (Reid) has shunned friendship since

the disappearance of her father Alex (Chris Pine) four years ago during his ridiculed experiments into space travel via a frequency-generated tesseract.

Meg's mother Kate (Gugu Mbatha-Raw) valiantly holds the family together and cares for her daughter and precocious adopted son, Charles Wallace (Deric McCabe).

During a walkabout in the neighbourhood, the siblings encounter Meg's classmate Calvin O'Keefe (Levi Miller) followed by three astral seers named Mrs Whatsit (Reese Witherspoon), Mrs Who

(Mindy Kaling) and Mrs Which (Oprah Winfrey).

This extravagantly attired three-strong chorus reveals that Meg's father is alive in another dimension and they need the children's help to locate Alex before an insidious evil named The It pollutes the universe with hatred, jealousy and self-loathing.

"You just have to find the right frequency and have faith in who you really are," Mrs Which tenderly assures Meg.

Leaping between magical kingdoms, Meg, Charles Wallace, Calvin and their guides encounter a quixotic soothsayer called The Happy Medium (Zach Galifianakis) and a diabolical henchman (Michael Pena) who preys on the children's darkest fears.

Based on Madeleine L'Engle's 1962 novel, *A Wrinkle In Time* is less than the sum of its expertly crafted parts.

Reid's fearless performance demands we care about Meg and urge her onwards to glory.

Winfrey glides serenely through every frame replete with rhinestone eyebrows, while Witherspoon predicts doom and gloom under her breath because of the children's obvious insecurities.

"They're human, they're very limited," she laments.

So is DuVernay's picture.



Oprah Winfrey as Mrs Which

MUSIC

Staying power of T'Pau

80s singer Carol Decker talks to **MARTIN NEAL** about music, festivals, moving on and Brits bread roll fights

Aah the 80s. Big hair, soft focus videos and being able to go about your daily business without posting everything you did on social media.

And, of course, the music. A vibrant kaleidoscope clash of styles, genres and tastes which is still celebrated today as something of a golden age.

Someone who knows all about the music scene back then is Carol Decker of T'Pau, still instantly recognisable after all these years and still heard regularly thanks to the enduring quality of China in Your Hand, the pop-rock classic that spent five weeks at No 1 and 30 years on the turntable of almost every DJ in the country.

The 80s are big business these days, with tours and festivals featuring acts from that era a common occurrence all over the country. T'Pau are no strangers to the retro circuit and will be appearing at Audley End this summer in Here and Now – Back to the 80s, alongside Jason Donovan, Midge Ure, Five Star, Toyah and a stack of other well-known acts.

"I've been there a couple of times for similar shows and it's

'The 80s was such a dynamic and creative era, and people still love it'

Carol Decker



a beautiful place," enthused the band's bubbly singer Carol Decker, who reformed the group in 1998. "My summer gigs are a joy because there are so many places like this.

"The 80s was such a dynamic and creative era, and people still love it. My first arena tour since I started doing this again was with Go West, Kim Wilde, Paul Young and China Crisis in 2001 – so I've been doing it, this time, longer than I was in the 80s.

"The 80s were so wonderfully diverse. You had Boy George and you had U2 for example – they were completely different but they were in the charts at the same time.

"The 80s were punky and funky. We had post-punk, we had the new romantics, synthesisers came along and changed the way we made

music, MTV started, we had the first mobile phones and the first computers. Everything was moving in existential leaps. And it wasn't as corporate then – everything is so corporate and glossy now."

Not that everyone always got along though...

"I remember the 1989 Brits," recalled Carol. "We were sitting next to The Cure, and they didn't like T'Pau or anything we stood for – and they started throwing bread rolls at us! The bass player at the time in particular really didn't like us."

"I was sitting next to Feargal Sharkey – and he got up and said to them 'what the f*** is the problem with the Addams Family?' I was heartbroken actually because I loved The Cure and I still do!"

Released in October 1987, China in Your Hand went to

No 1 in six countries. It was by far T'Pau's biggest hit, and it's a song Carol is rightly proud of, although it's easy to forget that the band did far more than just that one song and they're still releasing albums today.

"It's officially recognised as a classic now," she points out, "and it has provided me with a great career. But when your useful chart career subsides, it all comes down to one song."

"When I play my own gigs, the fans know all my songs and album tracks and we brought out a new album – Pleasure and Pain – two years ago but it hardly got any airplay and that can be frustrating."

"We are working on a new album now and the first track we have written is bloody fantastic! I know I would say that, but it is. It would be better if it got some airplay but

even Madonna struggles for airplay now! People want to confine you to memories. But it's OK, I can suck it up."

It's a measure of China in Your Hand's popularity that, almost on the back of that song alone, she's still a well-known face. Her TV appearances include Celebrity Mastermind, she's on a forthcoming episode of Benidorm and her autobiography Heart and Soul is available on Amazon and www.awaywithmedia.com

"Sometimes when I'm feeling a bit sorry for myself I pick up my diary and look at what I've done in the last 12 months," she said, "and I think 'bloody hell!' I can't complain. Everything has a peak and you can't stay there forever."

■ Here and Now – Back to the 80s, Audley End, July 13. Visit: www.ticketline.co.uk

LIVE MUSIC



■ **2 Tone Forever Festival, Garon Park, Southend, July 21**

Details have been emerging as to who's playing this ska fest by the sea and it's an impressive line-up that includes The Beat featuring Ranking Roger, The Selecter featuring Pauline Black (pictured above), Neville Staple (ex-Specials), Rhoda Dakar (The Bodysnatchers) and The Ska-Talites. More acts to be announced but it's already looking like a great day for

■ **Icons of the 80s, Cliffs Pavilion, Southend, Friday, March 23**

Get in the mood for the 1980s extravaganza at Audley End in the summer (see Carol Decker interview left) with this trip down memory lane with chart regulars Go West, Nik Kershaw and Cutting Crew.

DOWN THE PUB



Steve Weston – once Eddie and the Hot Rods' keyboard player – is back at the Railway Hotel, Clifftown Road, Southend, this weekend. The bluesman played harmonica on the Wilko/ Roger Daltrey album a few years ago and this week he'll front his Bluesonics from 4.30pm on Sunday. As well as that, there are some excellent gigs this weekend, free entry, so get out there and support your local.

Gigs March 23-25:

■ **Star & Garter, Moulsham Street, Chelmsford:** Friday – Thirsty Work; Saturday – VTII

■ **The Bull, Colchester:** Saturday – Holding Aces

■ **Horse & Groom, Braintree:** Saturday – Stakeout

■ **Waggon at Wix:** Saturday – The Martells

■ **The Shark, Harlow:** Saturday – Repertoire Dogs

■ **Rose & Crown, Bishops Stortford:** Saturday – Bombshell

■ **Golden Fleece, Chelmsford:** Friday – Barney & the Rubbles; Saturday – Beggar

■ **Railway Hotel, Clifftown Road, Southend:** Saturday (4.30pm) – Jamba Blues Band; Sunday (4.30pm) – Steve Weston's Bluesonics

■ **Boars Head, Braintree:** Saturday – Replica

■ **Benfleet Tavern, Benfleet:** Saturday – Dead Man's Hand

■ **Cow & Telescope, Southend:** Friday – East of Java; Saturday – Mr Spankey & the Hipthrusters

■ **The Purple Emperor, Harlow:** Friday – Scam 69

PUZZLE TIME

Pathfinder

Beginning with the top highlighted letter, follow a continuous path of words associated with the given subject. The trail goes through each letter once, twisting up, down and sideways, but never diagonally.

Quiz shows

B T T H E L L O R G D T I N K
E A H T M I I F G O L H L T S
A N E S S N O I N S A E A K E
T I T L E P O O E T M W E L R
N O N E P O U G R M T V A E O
P O I G G R N D N I I E E I T
S D A E H D D E T E T H K A T
T H I T O N L R I L S E C H E
P E S Y E G Y C A L T C I A S
E E R C H N E O N Y A D D T S
O V I N A L L N O I L M A O T
P L E U T F I N E C L I E B N
V E N O E E F S R T A A M W A
E U S O T N B U E K S F I O H
R S B L O C K S T T H E L Y W

Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

B	C	L	R	T	S	H
G	U	D	R	C	F	
S	M	A	R	E	T	
I	H	I	G	T		
L	B	C	P	N	Z	
S	T	E	T	V	E	

Sudoku

There is one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

		9		5	7			2
	2	7	1		6	3	9	
	4			2				
1	8			3		5	6	
		5	6			1	3	
	3	6		1			2	
				7			5	
7		1			5		4	
3			9	8		2		6

Hard

				9				5
5							7	
	8	1	6			2		
				6	1	8		
			1	2	3			
	1	4	7					2
		3			2	6	9	
	9							4
1				4				

Two Speed Crossword

This two-speed crossword has two sets of clues, but just one grid. If you can't solve the Cryptic clue, try the Quick.

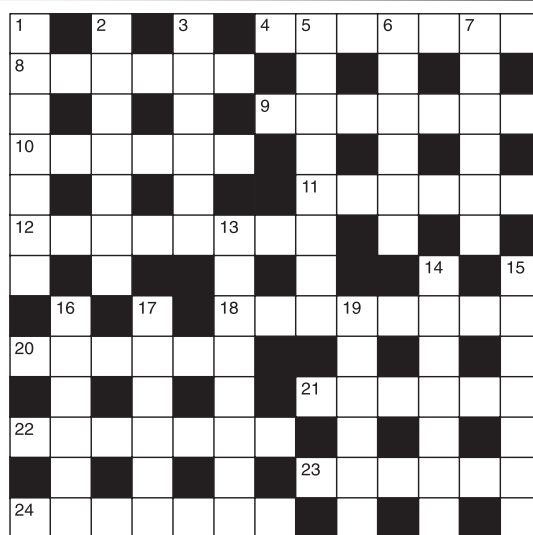
Cryptic

Across

- Put a heavy burden on work with newspaper reporters (7)
- A shiny top coat (6)
- Residents at home with companions (7)
- The fireman may use it, but it will ruin the hose! (6)
- A close approximation to comfort (6)
- Can't hope to reconstruct a monument (8)
- Female to enjoy being suitably refined (8)
- See 19 Down
- Variety of staple food containers (4)
- Show anxiety about horse slaughter (7)
- A novel the editor reserved (6)
- Compactness that may well be specific (7)

Down

- Poison the border and bar entry (7)
- Making a sortie to assist in the arena (7)
- Leave the fruit course, we hear (6)
- Penalised by being shoved around in the wrong way! (8)
- Make another treaty of friendship in fact (6)
- A bit of the least enchanting odour (6)
- Nobody left - that must be correct ... (3,5)
- ... This must be wrong - it's faulty in manufacture (7)
- Where you'll find holidaymakers rectifying disease (7)
- Put into position round a fine residence (6)
- Corrects what the compensator makes (6)
- 19 & 20Ac. This winger is a cowardly striker (12)



Scribble pad

Quick

Across

- Subjugate (7)
- Tooth covering (6)
- Prisoners (7)
- Portable steps (6)
- Comfort (6)
- Monument (8)
- Befitting a respectable woman (8)
- Tool (6)
- Crockery items (6)
- Slaughter (7)
- Reserved (6)
- Stupidity (7)

Down

- Poisonous plant (7)
- Attacking (7)
- Arid region (6)
- Penalised (8)
- Truly (6)
- Stink (6)
- Satisfactory (3,5)
- Error (7)
- Resort area (7)
- Royal residence (6)
- Improves (6)
- Colour (6)

Codeword

This puzzle has no clues. Instead, every number printed in the grid represents a letter, with the same number always representing the same letter. For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.

17		22		7	10	14	10	6	19	13	15
6	2	3	21		17		22		6		24
19		4	13	8	24	1	22		9	19	16
4	15	19	2				10		22		6
		6		24	26	3	4	17	10	14	24
22	21	10	12	9		3		13		1	21
24		2			23	4	17		2		21
21		17		17		22		1	18	24	12
21	24	18	24	10	21	9	24		3		
4		10		21				15	10	2	24
5	4	6		9	19	21	15	4	15		4
4		24		24		3		2	12	13	11
1	10	22	10	1	19	20	6		24		25

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
14	L		I									
15		16	17	18	19	20	21	22	23	24	25	26

Wordsquare

Give yourself ten minutes to find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.

How you rate:

10 words - average; 15 words - good; 20 words - very good; 25 or more - excellent.

S	O	W
C	E	C
L	K	I

Quiz

- What is the title of the latest album from former EastEnders actor Shane Richie?
- What is the capital of Uruguay?
- What was the name of the Celtic paradise to which King Arthur was taken after his final battle?
- Which former England cricket captain played for Somerset, Worcestershire, Queensland and Durham?
- What name is given to a slip of the tongue in



Q1 - Shane Richie

- which the first letters of words are transposed?
- What name is given to the scientific study of plants?
 - Which Scottish town is at the head of the Moray Firth?
 - Which German-born physicist was famous for his theories of relativity?
 - What was the last battle of the Wars of the Roses?
 - What name is given to any animal without a backbone?

LAST WEEK'S SOLUTIONS

Pathfinder

The Holiday, Bad Teacher, The Invisible Circus, My Sister's Keeper, The Green Hornet, In Her Shoes, Shrek The Third, Gambit, Being John Malkovich, Head Above Water, Charlie's Angels, She's the One, Knight and Day, Vanilla Sky, Gangs of New York, The Sweetest Thing, The Mask, Any Given Sunday.

Quiz

- Walk on Water; 2. Uranus;
- International Monetary Fund;
- The Army Reserve; 5. The Plough;
- Sheffield; 7. Maurice Mickelwhite;
- Axis Powers; 9. Barry Sheene;
- Swindon.

Sudoku

8	9	1	2	7	4	5	6	3
5	6	7	1	8	3	2	9	4
3	2	4	6	9	5	1	8	7
7	8	6	3	4	2	9	5	1
1	5	3	8	6	9	7	4	2
9	4	2	7	5	1	8	3	6
2	1	9	4	3	8	6	7	5
4	7	5	9	1	6	3	2	8
6	3	8	5	2	7	4	1	9

8	1	4	6	9	2	3	5	7
7	9	3	1	8	5	2	6	4
5	2	6	4	3	7	9	8	1
2	7	5	9	6	1	4	3	8
6	8	1	5	4	3	7	9	2
4	3	9	7	2	8	6	1	5
3	5	7	2	1	9	8	4	6
9	4	2	8	5	6	1	7	3
1	6	8	3	7	4	5	2	9

Codeword

1	2	3	4	5	6	7	8	9	10	11	12	13
X	H	Z	M	N	A	S	O	T	L	R	B	E
14	15	16	17	18	19	20	21	22	23	24	25	26
F	G	D	W	K	Q	J	P	Y	U	C	I	V

Split Decision

W	H	A	L	E
R		B		S
A	S	H	E	S
P		O		A
S	O	R	R	Y

THURSDAY, MARCH 22, 2018

ESSEXLIVE.NEWS/PROPERTY

PROPERTY & LIVING



BUYING AND SHELLING

Style out your breakfast with these cool cup for your Easter eggs

PAGE 44



SPACE TO PLAY WITH

This property is a fantastic family home and will may well struggle to find anything more accommodating. PAGES 2&3

HOT HOUSE

IMMACULATE HOME IN POPULAR HIGH CHASE

Homebuyers looking to move to the award-winning Ne-whall development in Harlow should look no further than this fantastic family home.

The four bedroom semi-detached property in High Chase is in immaculate condition throughout. The accommodation is spread over three floors with two balconies offering views of the surrounding area.

It also boasts a larger than average rear garden – compared to other homes on the development. This would make it ideal for entertaining friends and family or just letting the children wear themselves out in.

On the ground floor there is a downstairs washroom off the entrance hall – containing a toilet and vanity basin. Elsewhere the open plan lounge/diner has bi-folding doors to the rear.

The kitchen contains a range of wall

and base units with a good selection of integrated appliances. These include a washing machine, fridge/freezer, dishwasher, electric oven and gas hob.

Stairs lead to the first floor landing which has access to the larger of the two balconies.

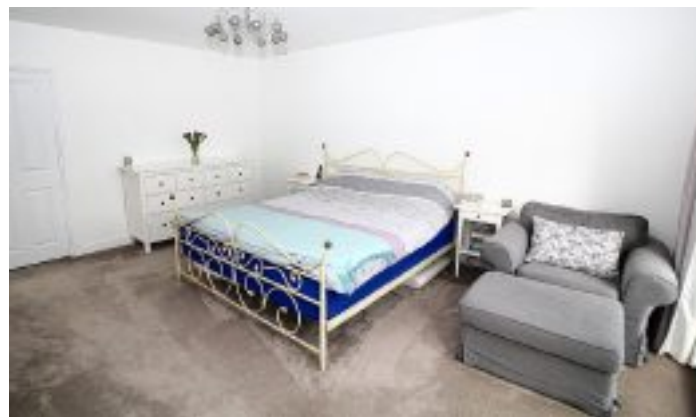
On this floor is three bedrooms and a family bathroom containing a three-piece suite.

The master bedroom is on the second floor and shares access to the upper balcony with the landing. The bedroom has an en-suite bathroom containing a fully-tiled shower cubicle with power shower. There is also a separate dressing room with fitted wardrobes, carpeted flooring and loft access.

Outside of the property is space to park multiple vehicles.

The house is being marketed for £475,000 by Kings Group in Church Langley Way, Harlow.

To arrange a viewing or to request further details call 01279 949045 or visit <https://www.kings-group.net/>





SELLING POINTS

Address... High Chase, Harlow

USP... Four bedroom semi detached house, open planned living space, two balconies, parking for multiple vehicles, under NHBC guarantee, en-suite to master bedroom

Price... £475,000

Agent... Kings Group on
01279 410084



YOUR HOME

Mirror mirror on the wall

From maximising space and light to adding a touch of fun, mirrors really are a style gift that keeps on giving. **SAM WYLIE-HARRIS** eyes up 10 of the best

From creating eye-catching moments to adding interest to walls, mirrors are one of the easiest ways to style up a space – without having to spend a fortune or go to too much effort. Call it an interior design shortcut

if you like, but a large mirror, whether that's a full-length cheval or vintage piece hung like a picture, not only looks good but can be used to bounce light around the room, add depth and dimension and enhance other details in the room (and yes, even cover up an unsightly hole, mark or DIY mistake!).

Of course, you may need a second

pair of hands when it comes to hanging them (if you're putting up something big and heavy, you'll want to make sure it's being done correctly and safely).

But once you've nailed the mounting, you'll be rewarded with a dizzying display.

Here are our favourites to choose from now...



Turquoise and Purple Pom Pom Mirrors, from £25, Raj Tent Club (rajtentclub.com)

A crafty choice if you have eclectic taste, or can't resist a quirky design detail, with beading and pom-poms around the edge, and a cute tassel attachment to hang them from, these boho mirrors are super-fun and will bring a wall to life.



Bevelled Mirrors, from £18 each, RE for the home (re-foundobjects.com)

These classically shaped frameless mirrors will enhance any space, and could even be used as a mirrored backsplash in a retro-themed kitchen. Otherwise, try them in a boudoir – the metal chain could be accessorised with an ostrich feather to glam up the decor.



Dima Mirror, set of three, black, £35, Amara (amara.com)

These hanging pendants can be used in symmetry and placed either side of an objet d'art or painting to make a fashionable statement, and would look brilliant next to some wall-mounted jewellery or a gallery of sun hats.



John Lewis Concrete Mirror Range, £595, John Lewis
Really want to make a statement? We love this range of oversized mirrors framed in concrete resin. Take some time to angle it correctly and tricks of the trade, such as reflecting light and opening up the room, can even create the illusion of an extra window.

Porthole Mirrors, from £59-£170 each, Graham & Green (grahamandgreen.co.uk)

A porthole wall mirror with convex glass can create an interesting illusion of depth. Pair the gently distressed style of these, with playful touches such as grouping them together, and you'll create a statement feature that also reflects what's hanging on the opposite side of the wall, to maximise a painting or hero piece.



Petite Friture Francis Mirror, blue, small, £329, Amara (amara.com)

This circular mirror with a wash of blue can be placed opposite a sofa piled high with scatter cushions to bump up the colour, or over a table with a vase of blue iris to create an illusion of a giant bouquet.





Utility Cane Mirror, £145, Oliver Bonas (available from April)
With attractive coral trimming that's reminiscent of a holiday home - or luxury hideaway in the Caribbean - with the onset of spring, this colourful addition is surely one of the simplest ways to refresh a hallway.



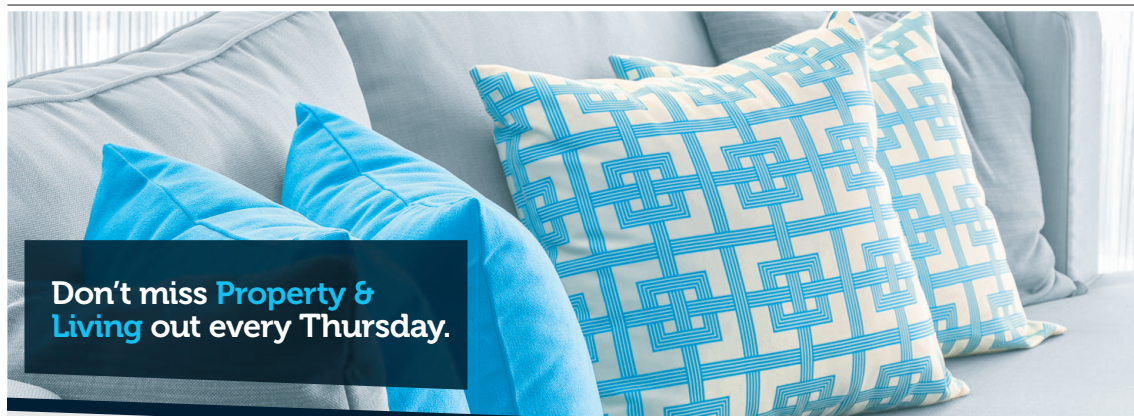
Bluebell Wall Mirror, £179.99, My Furniture (my-furniture.com)
Perfect for a snug room, or dark, cosy corner or decadent dining room, this deep frame peppered with individual circular mirrors, would gorgeously reflect a chandelier, candelabra or French window to let the light stream in.



Vintage Floral Swag Gold Wall Mirror, £29.99, Historic Royal Palaces (hrp.org.uk)
Decorative, and another clever way to widen a space, this Edwardian style, with antique gold finish, would look charming in a hallway or bathroom. But don't feel like you always have to think about styling - sometimes it's nice to know it's there for a quick once over before answering the door.



Beaded Antique Mirrors, from £99-£175 each, Graham & Green (grahamandgreen.co.uk)
If you don't want the hassle of mounting, why not stand a full-length mirror against the wall? Especially if you use identical frames in different heights, you can highlight low-slung pieces such as a velvet pouffe or decorative chest, and still have the height to show off a feature wall.



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HarlowStar

YOUR HOME

Want to flush out some of those wasteful habits at home? **ABI JACKSON** taps into some easy ways to be more water-aware

It's surprisingly easy to forget how lucky we are to have free-flowing water at the turn of a tap, considering – as WaterAid highlights – one in nine people on this planet still don't have access to clean water close to their home.

The average person in the UK gets through 150 litres of water a day, and while it might seem we have an abundance of the stuff (it certainly rains enough, right?), water doesn't just magically appear in our pipes – there's a lengthy, energy-consuming process involved in getting it there and ensuring it's clean.

In the grand scheme of things, the carbon footprint associated with each litre of tap water is relatively tiny (exact figures are unclear but estimates range from 0.298g-0.79g CO₂/litre) compared with things like running a car, for instance (the average new car emits 120.1g CO₂/km, according to the SMMT New Car Report 2017), and is vastly smaller than that of its bottled water equivalent – so nobody's suggesting a mass tap turn-off.

But, with climate change and sustainability becoming an increasing priority, running water isn't something we should take for granted – and the least we can do is try not to be wasteful. Here are seven simple ways to waste less water at home...

1 FIX DRIPPING TAPS

Not only is a dripping tap really annoying, but, according to the Energy Saving Trust, they account for around 5,500 litres of water waste a year. So don't leave leaky taps to drip on for ages – tighten them up yourself if you can or get a plumber in to fix them.

2 DON'T LEAVE THE TAP RUNNING WHEN BRUSHING YOUR TEETH

Tend to leave the tap running while



Follow these steps to be less wasteful with your water

brushing your teeth? That's around six litres of water per minute just washing wantonly down the plug-hole. This is one of the simplest bad habits to break – just wet your brush, turn off the tap, then turn it back on quickly at the end to rinse. You'll quickly get used to it.

3 USE A WASHING-UP BOWL

The same principle applies to doing the washing-up. Filling a bowl tends to use considerably less water than washing each item under a running tap.

Plus, as ENGIE points out, washing up twice a day with a bowl, instead of leaving the hot tap running, could save around £25 a year on your gas bill and around £30 a year on your

water bill (if you have a water meter).

4 DON'T LEAVE HOT WATER RUNNING FOR AGES TO 'HEAT IT UP'

You like a nice hot shower – who can blame you! But we really don't need to turn the water on a good five or 10 minutes before getting in (if it really does take this long for your water to heat up, isn't it time to get the boiler checked?).

Nobody's saying you need to stop having baths, or you should be taking in cold showers; just make sure the water you're running is being used, not mindlessly wasted.

5 SWITCH TO A LOW-FLOW TOILET FLUSH

Older toilets can use around 13.6

litres of water per flush, while more efficient modern ones, or ones with low-flow fixtures installed in the plumbing, can reduce this to an average six litres per flush – so it's worth ensuring your loo is operating on low-flow mode.

6 GATHER RAIN WATER FOR GARDENING

As many gardeners will know, hosepipe bans do happen, but a good solution for trimming water waste in the garden is by investing in a suitable means of collecting rain water.

There are a number of solutions out there for this – tap up Google or ask at your local garden centre for advice.

7 BE MINDFUL OF DISHWASHER/WASHING MACHINE USE

If you really must run a small load through the dishwasher/washing machine, use those eco and half-load settings (your energy bills will thank you too). Better still, try to get into the habit of being a bit more mindful of how frequently you're putting on a wash.

For instance, you really don't need a fresh towel with every bath/shower (keep the room well ventilated and hang them up to air), and if you're in the habit of tossing things into the laundry basket on auto-pilot, consider whether each item could last another wear or two (common sense of course – this doesn't extend to underwear and sweaty vests!).

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HOME STYLE



Congo set of six glass tumblers £21, Habitat



Green knitted pouffe £39, George at Asda



Holly double bed £599, Holly bedside table £179, Capri table lamp £59, set of two raffia and seagrass baskets £45, medium wide-neck vase £19.50, fern in grey pot £25, small cheese plant in pot £19.50, small hexagonal lantern £25, small wide-neck vase £12.50, linen cushion £19.50, ladybird embroidered cushion £15, watercolour stripe bed set £49.50, bug-print bed set £49.50, supersoft throws £29.50 each, all M&S



Blackout studio roll blind in sage, from £10, textured reactive vase, £30, mug and teapot, from a selection, all Next



Green and white knobs, eight, £28, Not On The High Street

GO GREEN

An injection of this vivid shade is a great way to give your home a fresh spring makeover



IMS chair green Amazon £29.98, Sklum



Morphy Richards prism jug kettle £45, Look Again



Personalised house number retro Biba sign £34.99, Not On The High Street

Gaston lamp in retro green £65, Loaf Knitted cupcake from a selection at Etsy



Lime green plastic wine glasses, 20 pack, £12.99, Tesco

Green cactus-shaped Mason jars, two pack, £4, George at Asda



Green artichoke candle, £7.95 each, Not On The High Street

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SHOP HOME



Rhino egg cup
£10.95,
audenza.
com



Batman egg cup & toast cutter set,
£11.28, yellowoctopus.com



Sumo egg cups, Peleg
Design, £12.86,
yellowoctopus.com



Right:
T-Rex dino
egg cup, £8,
redcandy.co.uk
Bendo Luxe egg
cup yolk, £6.71,
thedesigntailor.com



Make a statement
with your egg cup
this Easter, says
DAN BEAVAN



Above: Hubert & George Beard
egg cup set, £10, redcandy.co.uk
Below: Egg cups set in porcelain and
slate, £22.95, annabeljames.co.uk



Above:
Bunny egg cup in
yellow, £6, tch.net

Right:
Klevering golden
egg cups,
set of two, £28.75,
printerandtailor.com



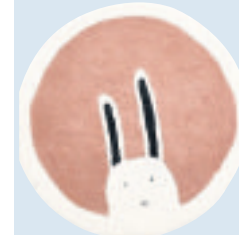
Left:
Kitchen craft retro
flower spot porcelain
egg cup, £1.99,
kitchencraft.co.uk



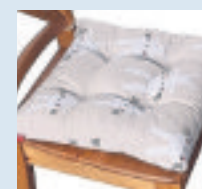
Above:
Llama egg cup,
£8.50, redcandy.co.uk



...BUNNY THEMED BUYS



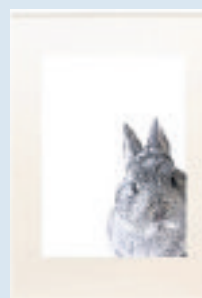
HOP ON IT
Pasu felt bunny rug, dusky
rose, £140
bobbyrabbit.co.uk



PARK YOUR BUNS
Bunny print,
Jacek seat pad with
ties from Dekoria, £11
dekoria.co.uk



GIN BUNNY
Personalised mug
by Getting Personal
Gettingpersonal.co.uk



DOE EYED
Baby Bunny from
Art Wow, £53,
ArtWow.co



Guide Price
£425,000 - £450,000
Elwood, Church Langley
Great Family Home
EPC TBC

A rare opportunity to buy this 1930's style bay fronted modern detached family home with garage, the property is located on the popular Church Langley development. Ref14238

Must Be Seen



Open Plan Living
Great Auger Street
£285,000
EPC C

If you like modern and contemporary living then this fantastic split level second floor apartment with spiral staircase and master bedroom with an en-suite shower room is the perfect purchase for you. We highly advised an internal viewing. Ref 14291
Call Today



Ideal For A First Time Buyer
Brenthall Towers
£145,000
EPC C

Located in Potter Street within easy reach to the M11/M25 is this well presented one bedroom flat. The property would be ideal for any first time buyer who is looking to jump onto the property ladder. Ref 14284
Viewing Advised



Guide Price
£320,000 - £330,000
Westfield
Parking Is The Key
EPC TBC

Located within walking distance to St Mark's West Essex Catholic School is this three bedroom staggered end of terrace benefiting from conservatory and a ground floor utility room/study and off road parking. Call now to view. Ref 13447

View Today



A Great First Home
Carters Mead
£170,000

This well presented one bedroom first floor flat has been subject to many improvements by the current owners and would make a great first time buy or letting investment. Call haart today to book your viewing. Ref 14191
Call To Book Your Viewing



Spacious Living Accomodation
Milwards
£274,995
EPC D

Offered for sale chain free is this spacious three bedroom middle terrace family home benefiting from a conservatory and over looking playing fields to rear. Call the sales team now to arrange your viewing. Ref 14292
Call 01279 443311



Guide Price
£435,000 - £445,000

Space For All The Family
Fenton Grange, Church Langley

Located in one of Church Langley's most popular turnings is this four bedroom detached family home coming to the market for the first time since it was built. The property benefits from an en-suite to the master bedroom. Ref 14271

- Four Bedrooms
- En-Suite To Master
- Driveway For Two Cars
- Detached
- Open Plan Lounge Diner
- Gas Fired Radiator Central Heating

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Close To Town Centre
Northbrooks
£240,000
EPC E

This two bedroom end of terrace family home sits on a good plot where you are able to extend to the side. This property is offered chain free and with the town centre not far away this home will suit a first time buyer or an investor. Ref 13987
Seeing Is Believing



Guide Price
Sold Another
Hyde Mead, Nazeing
£400,000 - £425,000
EPC D

This property located in the sought after village of Nazeing has now been sold STC, if you are looking to sell in this popular area please call 01279 443311. Ref 13943
Call For More Information



Sold Sold Sold
Taylifers
£260,000
EPC C

This three bedroom end of terrace family home has now been sold STC, if you are thinking of selling please call 01279 443311 for more information. Ref 13797
Phone In Today!

Howick & Brooker

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NEW PRICE

£193,000
HADLEY GRANGE, CHURCH LANGLEY
• One Bedroom • Ground Floor
• Own Rear Garden • Chain Free
• Allocated Parking • EPC Rating: D



CHAIN FREE

£225,000
SOUTHERN LODGE, NEWHALL
• Two Bedrooms • Lounge/Diner
• First Floor • Chain Free
• Warden Assisted • EPC Rating: D



CHAIN FREE

£262,500
HOLLYFIELD, HARLOW
• Three Bedrooms • Mid Terrace
• Modern Interior • Chain Free
• Popular Location • EPC Rating: D



SPLIT LEVEL

£279,995
GREAT AUGER STREET, NEWHALL
• Top Floor Flat • Two Bedrooms
• Prime Location • Chain Free
• Allocated Parking • EPC Rating: D



NEW PRICE

£274,000
WEDGEWOOD DRIVE, CHURCH LANGLEY
• Two Bedrooms • Separate Dining Room
• End Terrace • Chain Free
• Two Parking • EPC Rating: D



NEW ON

£284,995
QUARRY SPRING, HARLOW
• Three Bedrooms • Popular Location
• End Terrace • Chain Free
• Large Kitchen • EPC Rating: TBC



CHAIN FREE

£295,000
MARK HALL MOORS, HARLOW
• Three Bedrooms • End Of Terrace
• Excellent Project • Chain Free
• Conservation Area • EPC Rating: E



NEW PRICE

GUIDE PRICE £310,000 - £320,000
JOCELYNS, OLD HARLOW
• Three Bedrooms • Close To High Street
• Mid Terrace • Chain Free
• Detached Garage • EPC Rating: F



PLOT

£315,000
MEADOW WAY, NEWHALL
• Single Build Plot • Rarely Available
• Services Connected • Award Winning Location
• Plot Size 560m2 • South Facing



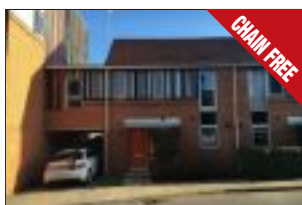
NEW ON

£325,000
SILVESTERS, HARLOW
• Three Bedrooms • No Onward Chain
• Two Reception • Semi Detached
• Needs Modernisation • EPC Rating: TBC



NEW PRICE

£340,000
LUTTON GREEN, HARLOW
• Four Bedrooms • Semi Detached
• Ground Floor Bathroom • Chain Free
• In Need Of Updating • EPC Rating: TBC



CHAIN FREE

£374,950
TATTON STREET, NEWHALL
• Four Bedrooms • Two Bathrooms & W/C
• Linked End Terrace • Off Street Parking
• Open Plan • EPC Rating: C



PLANNING

OIEO £375,000
HONOR STREET, NEWHALL
• Three Bedrooms • Two Bathrooms
• Immaculate • Downstairs WC
• Driveway & Allocated Parking • EPC Rating: C



POTENTIAL

£384,995
FELMONGERS, HARLOW
• Three Bedrooms • Two Bathrooms
• Two Reception • Popular Location
• Semi Detached • EPC Rating: E



ANNEX

£399,995
HEATHCOTE GARDENS, CHURCH LANGLEY
• Four Bedrooms • Three Bathrooms
• Detached • Landscaped Garden
• Garage Conversion • EPC Rating: C



NO CHAIN

£430,000
ALBERT GARDENS, CHURCH LANGLEY
• Four Bedrooms • Driveway
• Detached • Ensuite
• Garage • EPC Rating: C



BARN

£650,000
THE BARNS, OLD HARLOW
• Three Bedrooms • Semi Detached
• Gardens & Parking • Courtyard Setting
• Two Bathrooms • EPC Rating: E



CHAIN FREE

£725,000
GREAT AUGER STREET, NEWHALL
• Four Bedrooms • Solar Energy
• Three Reception • Rain Water Harvesting
• Bespoke Build • EPC Rating: B



MUST VIEW

£895,000
GREAT AUGER STREET, NEWHALL
• Detached House • Four Bedrooms
• Bespoke Build • Four Bathrooms
• Double Garage • EPC Rating: B



PRIVATE SPOT

£895,000
LUTTON COMMON, HARLOW
• Five Bedrooms • Detached House
• Three Reception • Gated Entrance
• Private Location • EPC Rating: C



TO LET

£850 PCM
AYNSLEY GARDENS, CHURCH LANGLEY
• Two Bedrooms • Available Now
• Unfurnished/Furnished • Other Fees Apply
• Allocated Parking • EPC Rating: D



TO LET

£875 PCM
SYCAMORE FIELD, HARLOW
• Two Bedrooms • Available Now
• Maisonette • Other Fees Apply
• Private Garden • EPC Rating: D



TO LET

£900 PCM
AYNSLEY GARDENS, CHURCH LANGLEY
• Two Bedrooms • Available Now
• Top Floor • Other Fees Apply
• Allocated Parking • EPC Rating: F



TO LET

£1,040 PCM
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• Two Bedrooms • Available Beginning April
• Top Floor • Other Fees Apply
• Walking To Station • EPC Rating: B



TO LET

£1,200 PCM
SWALLOWS, OLD HARLOW
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• Garage & Parking • Other Fees Apply
• No Smokers / Pets • EPC Rating: D

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LETTINGS: 01279 400444



MALKIN DRIVE, CHURCH LANGLEY £575,000

- FIVE BED DETACHED
- SOUTH FACING GARDEN
- TWO RECEPTION ROOMS
- TWO EN-SUITES
- GAS HEATING
- UPVC D/GLAZED WINDOW
- PARKING FOR 4 CARS
- INTERNAL PHOTOS ONLINE



THE HORNBEAMS, HARLOW £260,000

- TWO BED END TERRACE
- LARGE LOUNGE
- STUDY ROOM
- CLOSE TO THE STATION
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE



ALEXANDER MEWS, HARLOW £345,000

- TWO BED TERRACE HOUSE
- SOUGHT AFTER LOCATION
- GATED ENTRANCE
- LUXURY FITTED KITCHEN
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE



MOORFIELD, HARLOW £260,000

- THREE BED TERRACED HOUSE
- TWO RECEPTION ROOMS
- CLOAKROOM
- UTILITY ROOM
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- CLOSE TO LOCAL AMENITIES
- INTERNAL PHOTOS ONLINE



ABBEYDALE CLOSE, CHURCH LANGLEY £297,500

- TWO BED SEMI
- GARAGE & DRIVEWAY
- SOUTH FACING GARDEN
- SOUGHT AFTER LOCATION
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE



SEYMOURS, HARLOW £155,000

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- IDEAL INVESTMENT
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- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED



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HARLOW
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SAWBRIDGEWORTH,
EPC BAND C, £1100 PCM*



SAWBRIDGEWORTH,
EPC BAND D, £359,950



NEWHALL
EPC BAND D, £299,995



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HARLOW
EPC BAND D, £325,000



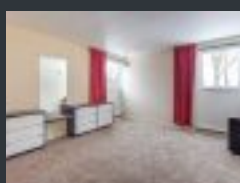
SAWBRIDGEWORTH,
AWAITING EPC BAND, £1,150 PCM*



CHURCH LANGLEY
EPC BAND C, £1000 PCM*

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SPELLBROOK, AWAITING EPC BAND, £1,850 PCM*

OLD HARLOW, EPC BAND C, £1,000 PCM*



SAWBRIDGEWORTH, EPC BAND E, OFFERS IN EXCESS £520,000

OLD HARLOW AWAITING EPC RATING, GUIDE PRICE £490,000

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WESTBURY RISE, CHURCH LANGLEY £585,000

- Four Bedrooms
- Two Receptions
- Kitchen/Family Room
- Conservatory
- Detached House
- Double Detached Garage
- Immaculate Home
- EPC Rating: D



THURSTANS, HARLOW £575,000

- Four/Three Bedrooms
- Three Receptions
- Premium Location
- Detached Double Garage
- Detached Home
- Stunning Orangery
- Large Garden Plot
- EPC Rating: D



DENBY GRANGE, CHURCH LANGLEY

- Three Bedrooms
- Two Receptions
- Immaculate Home
- Garage & Drive
- Detached Home
- En-Suite Shower
- Cul-De-Sac Location
- EPC Rating: TBC

£425,000



CHELSEA GARDENS, CHURCH LANGLEY

- Three Bedrooms
- Garage & Driveway
- Two Receptions
- Chain Free
- Detached Home
- Popular Location
- Southerly Garden
- EPC Rating: TBC

£385,000



ALBERT GARDENS, CHURCH LANGLEY

- Three Bedrooms
- Kitchen/Diner
- Cloakroom W.C
- Double Driveway
- Semi Detached
- Conservatory
- Popular Location
- EPC Rating: D

£339,995



PRIORY COURT, HARLOW

- Four Bedrooms
- Recently Redecorated
- Driveway
- Overlooking Lutton Common
- Town House
- Ensuite To Master
- Private Close
- EPC Rating: TBC

£330,000



THE FORTUNES, HARLOW

- Four Bedrooms
- Kitchen/Diner
- Utility Room
- Chain Free
- Terraced House
- Large Corner Garden
- Popular Location
- EPC Rating: D

£319,995



PURFORD GREEN, HARLOW

- Three Double Bedrooms
- Driveway For Two Cars
- Well Presented
- Kitchen/Diner
- Middle Terrace
- Popular Location
- Utility Room
- EPC Rating: TBC

£315,000



ABBEYDALE CLOSE, CHURCH LANGLEY

- Two Bedrooms
- Modern Kitchen
- Lounge/Diner
- Allocated Parking
- Terraced House
- Westerly Garden
- Popular Location
- EPC Rating: C

£284,995



RADBURN CLOSE, HARLOW

- Three Bedrooms
- Popular Location
- Two Receptions
- Chain Free
- Middle Terrace
- Southerly Garden
- Potential Driveway
- EPC Rating: TBC

£275,000



SPRUCE HILL, HARLOW

- Three Bedrooms
- Well Presented
- Lounge/Diner
- Ground Floor WC
- Middle Terrace
- Popular Location
- Fitted Wardrobes
- EPC Rating: TBC

£274,995



COALPORT CLOSE,

- Two Bedrooms
- Allocated Parking
- Lounge/Diner
- First Floor
- Apartment
- Popular Location
- Communal Garden
- EPC Rating: TBC

£225,000



MOORFIELD, HARLOW

- Two Bedrooms
- First Floor
- Balcony
- CHAIN FREE
- Apartment
- Lounge/Diner
- Fitted Kitchen
- EPC Rating: TBC

£179,995



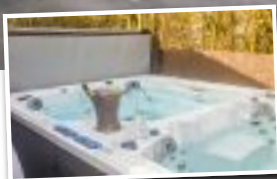
HIGH ELMS, HARLOW

- One Bedroom
- Allocated Parking
- Open Plan
- Chain Free
- First Floor Apartment
- Well Presented
- Popular Location
- EPC Rating: TBC

£170,000

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CHELSEA GARDENS, CHURCH LANGLEY £549,995

- Six Bedrooms
- Two Receptions
- En-Suite Shower
- Garage & Drive
- Utility & W.C
- Riptide Swim Spa
- EPC Rating: TBC



PARK AVENUE, HARLOW £499,995

- Four Bedrooms
- Three receptions
- Large Gardens
- Garage & Driveway
- Semi Detached
- Extended Property
- Rarely Available
- EPC Rating: TBC



SPARROWHAWK WAY, NEWHALL

- Two Double Bedrooms
- Well Presented
- Overlooking New School
- NHBC Warranty
- Link Detached
- Kitchen/Diner
- Driveway
- EPC Rating: B

£339,995



LATTON GREEN, HARLOW

- Three Bedrooms
- Driveway
- Two Receptions
- Chain Free
- Semi Detached
- Popular Location
- Potential To Extend (STPP)
- EPC Rating: TBC

£339,995



LODGE HALL, HARLOW

- Three Bedrooms
- Garage & Driveway
- Cul-De-Sac Location
- Immaculate Throughout
- Semi Detached House
- Modern Kitchen/Diner
- Ensuite Shower Room
- EPC Rating: TBC

£335,000



NEW

CLIFTON HATCH, HARLOW

- Two Double Bedrooms
- Allocated Parking
- Lounge/Diner
- NHBC Warranty Remaining
- Middle Terrace
- Modern Throughout
- Popular Location
- EPC Rating: TBC

£300,000



GREAT AUGER STREET, NEWHALL

- Three Bedrooms
- Open Plan Living
- Three Bathrooms
- Balcony & Sun Room
- Duplex Apartment
- Allocated Parking
- CHAIN FREE
- EPC Rating: C

£299,995



MALKIN DRIVE, CHURCH LANGLEY

- Two Bedrooms
- Lounge/Diner
- Cloakroom/W.C
- Garage To Rear
- Terraced Home
- Craddock Build
- Southerly Gardens
- EPC Rating: C

£294,995



LONG LEY, HARLOW

- Two Double Bedrooms
- Potential Driveway
- Southerly Garden
- Chain Free
- Middle Terrace
- Popular Location
- Ideal First Purchase
- EPC Rating: TBC

£249,995



RUSHES MEAD, HARLOW

- Two Bedrooms
- Lounge/Diner
- Modern Kitchen
- Off Street Parking
- Terraced House
- Westerly Garden
- Close To Amenities
- EPC Rating: C

£249,995



ASH TREE FIELD, HARLOW

- Two Bedrooms
- Lounge/Diner
- Popular Location
- Chain Free
- Middle Terrace
- Close To Town Centre
- Southerly Garden
- EPC Rating: TBC

£245,000



REGENCY COURT, HARLOW

- One Bedroom
- Lounge/Diner
- Communal Garden
- Chain Free
- Ground Floor
- Apartment
- Residents Parking
- EPC Rating: D

£149,995



UPPER MEALINES, HARLOW

- One Bedroom
- Lounge/Diner
- Popular Area
- Chain Free
- First Floor
- Apartment
- Ideal Investment
- EPC Rating: TBC

£140,000



HORNBEAMS, HARLOW

- Studio Flat
- Own Balcony
- Close To Train Station
- Chain Free
- Top Floor
- Ideal Investment Or First Time Buy
- Popular Location
- EPC Rating: C

£119,995



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ESTATE AGENTS - SALES & LETTINGS

SOLD STC **MORE NEEDED**

MILLERSDALE, HARLOW **£429,995**

- Four Bedrooms
- Two Receptions
- Kitchen/Bkfst Room
- Garage & Drive
- Detached Home
- Long Gardens
- Cul-De-Sac Location
- EPC Rating: D

SOLD STC **MORE NEEDED**




CHALLINOR, CHURCH LANGLEY **£384,995**

- Three Bedrooms
- Two Receptions
- Private Rear Garden
- Garage & Drive
- Detached House
- Immaculate Home
- En-Suite & W.C
- EPC Rating: D

SOLD STC **MORE NEEDED**



REDWING WAY, NEWHALL

- Two Double Bedrooms
- Open Plan
- Driveway
- NHBC Warranty Remaining
- Semi Detached
- Quiet Cul-De-Sac
- Immaculate Throughout
- EPC Rating: B

£334,995

SOLD STC **MORE NEEDED**



DAVENPORT, CHURCH LANGLEY

- Two Bedrooms
- Ensuite & Dressing Area
- Large Driveway
- Open Plan Kitchen/Diner
- End Terrace House
- Cul-De-Sac Location
- Southerly Garden
- EPC Rating: TBC

£330,000

SOLD STC **MORE NEEDED**



THE MAPLES, HARLOW

- Three/Four Bedrooms
- Two/Three Receptions
- Garage En Bloc
- Popular Location
- End Terrace Home
- Ground Floor WC
- South Westerly Garden
- EPC Rating: TBC

£319,995

SOLD STC **MORE NEEDED**



GLAN AVON MEWS, HARLOW

- Three Bedrooms
- Allocated Parking
- Modern Kitchen/Diner
- Well Presented
- End Terrace Home
- Quiet Cul-De-Sac
- Ground Floor WC
- EPC Rating: C

£304,995

SOLD STC **MORE NEEDED**



COALPORT CLOSE, CHURCH LANGLEY

- Two Bedrooms
- Lounge/Diner
- Allocated Parking
- Chain Free
- Middle Terrace
- Westerly Garden
- Popular Location
- EPC Rating: TBC

£274,995

SOLD STC **MORE NEEDED**



HOOKFIELD, HARLOW

- Three Bedrooms
- Lounge/Diner
- Utility/Study
- Chain Free
- Terraced House
- Popular Location
- Southerly Garden
- EPC Rating: D

£269,995

SOLD STC **MORE NEEDED**



BLACKBUSH SPRING, HARLOW

- Two Double Bedrooms
- Lounge/Diner
- Large Rear Garden
- Popular Location
- End Terrace
- Modern Fitted Kitchen
- Westerly Garden
- EPC Rating: TBC

£255,000

SOLD STC **MORE NEEDED**



WILLOWFIELD, HARLOW

- Two Double Bedrooms
- Lounge/Diner
- Modern Kitchen
- Popular Location
- Middle Terrace
- 40ft Rear Garden
- Ideal First Purchase
- EPC Rating: C

£249,995

SOLD STC **MORE NEEDED**



SOUTHERN LODGE, HARLOW

- Two Bedrooms
- Own Garden
- Lounge/Diner
- Chain Free
- Ground Floor Apartment
- Residents Parking
- Recently Redecorated
- EPC Rating: TBC

£219,995

SOLD STC **MORE NEEDED**



DADSWOOD, HARLOW

- Two Bedrooms
- Lounge/Diner
- Recently Redecorated
- Chain Free
- Apartment
- Top Floor
- Close To Amenities
- EPC Rating: C

£184,995

SOLD STC **MORE NEEDED**



TITHELANDS, HARLOW

- One Bedroom
- Lounge/Diner
- Communal Garden
- Chain Free
- First Floor
- Maisonette
- Juliette Balcony
- EPC Rating: TBC

£159,995

SOLD STC **MORE NEEDED**



CHURCH END, HARLOW

- Studio
- First Floor
- Fitted Kitchen
- Chain Free
- Apartment
- Popular Location
- Large Store Room
- EPC Rating: D

£119,995

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TO LET



CHURCH END, HARLOW £775 P.C.M

- One Bedroom
- Lounge/Diner
- Ground Floor
- Unfurnished
- Apartment
- Available in February
- Own Garden
- EPC Rating: D



TO LET



EAST PARK, OLD HARLOW £1,250

- Three Bedrooms
- Lounge/Diner
- Available Now
- Pretty Gardens
- Terraced Home
- Popular Location
- Unfurnished
- EPC Rating: E



LET AGREED

MORE NEEDED

Mallows Green, Harlow £750 P.C.M

- One Bedroom
- Modern Kitchen
- Unfurnished
- White Goods Available
- Ground Floor Flat
- Available End March 2018
- Popular Location
- EPC Rating: D

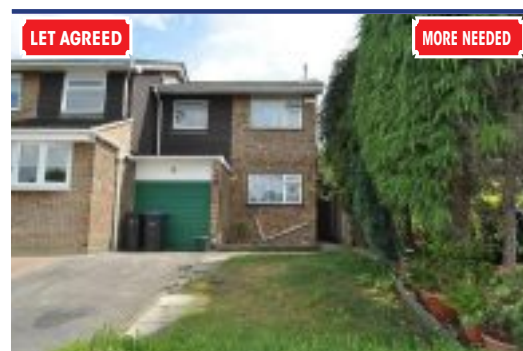


LET AGREED

MORE NEEDED

Aynsley Gardens, Church Langley £950 P.C.M

- Two Bedrooms
- Lounge/Diner
- Unfurnished
- White Goods Available
- Ground Floor Maisonette
- Allocated Parking
- Available Mid March
- EPC Rating: E

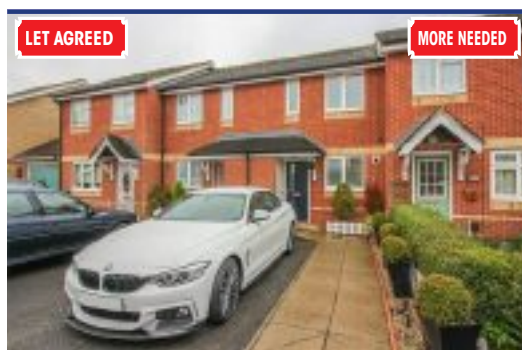


LET AGREED

MORE NEEDED

Morningsons, Harlow £1,100 P.C.M

- Three Bedrooms
- Lounge/Diner
- Unfurnished
- Garage To Front
- Semi Detached
- Available End Of March
- Driveway
- EPC Rating: E



LET AGREED

MORE NEEDED

The Gardiners, Church Langley £1,100 P.C.M

- Two Bedrooms
- Available Now
- Two Parking Spaces
- Well Presented
- Middle Terrace
- Unfurnished
- Cul-De-Sac Location
- EPC Rating: TBC



LET AGREED

MORE NEEDED

Wedhey, Harlow £1,395 P.C.M

- Four Bedrooms
- Kitchen/Diner
- Close To Hospital
- Available Mid April
- Terraced Home
- Plenty Of Parking
- Part Furnished
- EPC Rating: C



LET AGREED

MORE NEEDED

Old London Road, Church Langley £1,400 P.C.M

- Three Bedroom
- En-Suite Shower
- Unfurnished
- Garage & Drive
- Semi Detached
- Available NOW
- Kitchen/Diner
- EPC Rating: C


TAYLIFERS **OIEO £145,000**

- CHAIN FREE
- First Floor Flat
- Double Glazed
- Lounge 13'6 x 9'7
- Kitchen 7'9 x 5'10
- Bathroom
- Current Vendor to Refurbish Property


MOORFIELD **OIEO £150,000**

- One Bedroom
- Top Floor Flat
- Gas Central Heating
- Communal Parking
- Large Lounge
- Double Bedroom
- Fitted Kitchen
- Well Presented
- Throughout


MOORFIELD **£155,000**

- One Bedroom
- Ground Floor Flat
- Large Kitchen & Lounge Diner
- Modern Fitted Bathroom
- No Onward Chain
- Gas Central Heating
- Outskirts of Harlow
- Walking Distance to Shops


 NEW
INSTRUCTION

THE READINGS **£265,000**

- Two Bedroom End Of Terrace
- Recently Fitted Kitchen
- Conservatory
- Lounge Diner
- Bathroom & Separate WC
- Close to Shops & Schools
- Good Size Rear Garden


LADYSHOT **£159,950**

- One Bedroom
- Second Floor Flat
- No Onward chain
- Gas Central Heating
- Lounge with Balcony
- Double Glazing
- Kitchen 11'4 x 7'10
- 92 Year Lease


RIVERMILL **£220,000**

- Two Bedroom
- Maisonette
- End of Terrace
- Large Kitchen Diner
- Own Garden
- Gas Central Heating
- Double Glazing
- Modern Fitted Bathroom
- Walking Distance of Train Station


THE FORTUNES **£245,000**

- Two Bedroom Mid Terrace Home
- Fitted Kitchen 11'1 x 5'10
- Large Lounge 18'3 x 12'7
- Double Bedrooms
- Bathroom
- Close to Schools & Shops
- In Need of Some Work


COALPORT CLOSE **£269,000**

- Two Bedroom Home
- Church Langley Location
- Modern Fitted Kitchen/Diner
- Fitted Bathroom
- Close to Schools & Local Supermarket.
- Allocated Parking
- Viewing Recommended


PEACOCKS **£275,000**

- Three Bedroom Family Home
- End of Terrace
- Fitted Kitchen & Bathroom
- Open Plan Lounge Diner
- Garage En Bloc
- No Onward Chain


POTTER STREET **£275,000**

- No Onward Chain
- Rarely Available
- Two Good Size Bedrooms
- Lounge 12'1 x 18'3
- Kitchen 8'7 x 5'11
- South Facing
- Garden
- Set on Private Road


FENNELLS **£279,995**

- Three Bedroom Mid Terrace
- Lounge 12'2 x 12'8
- Fitted Kitchen
- Conservatory
- Downstairs Cloakroom
- Close to Shops & Schools
- Popular Location


HALLING HILL **£280,000**

- Two Bedroom Mid Terrace Home
- Extended Kitchen Diner
- Lounge
- Conservatory
- Stamp Duty Exempt
- for First Time Buyers.
- Shower Cubicle in Bedroom One
- Unoverlooked Garden


 NEW
PRICE

BARN MEAD

Offers in excess of £280,000

- Three Bedroom Home
- Mid Terrace
- Large Lounge Diner
- Fitted Kitchen & Bathroom
- Good Sized Bedrooms
- Close to Local Amenities & Schools
- Double Glazing


PRIORY COURT **£280,000**

- Three Bedroom Town House
- Own Drive
- Close to Schools & Amenities
- Good Size Garden
- Downstairs Cloakroom
- Fitted Kitchen
- Lounge & Dining Area


LADYSHOT **£295,000**

- Five Bedroom Town House
- End of Terrace
- Gas Central Heating
- Close to The Stow
- Large Lounge Diner
- Fitted Bathrooms
- No Onward Chain


 NEW
PRICE

WESTFIELD
OIEO £280,000

- Two Bedroom Detached Home
- Popular Location
- Modern Fitted Kitchen
- Double Bedrooms
- Off Street Parking for One Car
- Fitted Bathroom
- Lounge 15'5 x 11'2



NEW
PRICE

THE HILL

£409,995

- Three Bedroom Detached Home
- Heart of Old Harlow
- No Onward Chain
- Easy Access to all Amenities
- Good Size Lounge
- En-Suite Shower Room to Master Bedroom
- Neatly Enclosed Courtyard Style Rear Garden



FELMONGERS £365,000

- Three Bedroom Family Home
- Recently Fitted Boiler
- Lounge & Separate Dining Area
- Utility and Cloakroom
- Conservatory
- Large Garden
- Garage & Drive



BELFIELD GARDENS £395,000

- Five Bedroom Family Home
- Cul-De-Sac Position
- Set Over Three Floors
- Lounge 15'2 x 12'10
- Kitchen Diner
- En-Suite to Bedroom
- One
- Neatly Enclosed Rear Garden



GUILFORDS £300,000

- Three Bedroom Mid Terrace
- Kitchen/Breakfast Room
- Lounge
- Double Bedrooms
- Family Bathroom
- Downstairs WC
- Close to Train Station



OLD HARLOW £325,000

- No Onward Chain
- Three Bedrooms
- Lounge Diner
- Conservatory
- Gas Central Heating
- Kitchen
- In Need of Modernisation



SADLERS MEAD £315,000

- Three Bedroom Family Home
- Re-Wired and New Boiler Installed
- Fitted Kitchen
- Large Lounge
- Bathroom with Separate WC
- Close to Local Schools & Amenities
- Viewings Strongly Recommended



NEW HALL Price guide £339,995

- Well Presented
- Two Double Bedrooms
- En-Suite to Master Bedroom
- Driveway to Front
- Sun Terrace
- Modern Kitchen
- Breakfast Room
- Lounge 13'7 x 11'4



OLD HARLOW OIEO £324,950

- Two Bedroom Cottage
- Lounge 10'11 x 14'9
- Modern Fitted Kitchen
- Loft Room 15'9 x 9'6
- Bedroom One 12'1 x 11'0
- Bedroom Two 10'7 x 5'4
- Family Bathroom



CHALLINOR £349,995

- Three Bedroom House
- Semi-Detached
- Lounge 14'7 x 15'7
- Recently Fitted Kitchen
- Newly Fitted
- Bathroom
- Triple Glazed Throughout
- Close to All Amenities



NAZEING OIEO £450,000

- Three/Four bedroom Property
- Potential for loft conversion (subject to planning)
- Parking for five vehicles
- Double Glazing & GCH
- Spacious Lounge/dining area
- Family friendly rear garden
- Two annexes in garden area offering both living ac



Sawbridgeworth OIEO £465,000

- Three/four Bedroom Town House
- Semi-Detached
- Large Lounge 22'6 x 12'8
- Kitchen & Utility
- Bathroom &
- Downstairs Shower Room
- Rear Garden approx 45' in length
- Popular Location



NEW
PRICE

TYE GREEN

£499,995

- High Specification New Build
- Detached Four Bedroom House
- Facing Onto Private Driveway
- Luxury Kitchen Diner
- Large Bright & Spacious Lounge
- Driveway with Parking for Four Cars
- Fitted Carpets & Oak Flooring



CHURCH LANGLEY Guide price £515,000

- Four/Five Bedroom Detached Home
- Garage Conversion
- Conservatory
- Downstairs Cloakroom
- Driveway for Multiple Vehicles
- Modern Fitted Kitchen
- Close to all Local Amenities



CHURCH LANGLEY Offers in excess of £590,000

- Six Bedroom Detached Family Home
- Immaculate Condition Throughout
- Gas Central Heating
- Double Glazing
- Large Lounge
- Modern Kitchen with Open Plan Dining area
- En-Suite to Master Bedroom
- Large Drive
- Good Size Garden
- Close to all Local Amenities



ROYDON

£600,000

- Three/Four Bedroom Bungalow
- Potential Annex Accommodation
- Family Bathroom
- Kitchen & Utility Room
- Good Size Lounge
- Ample Parking at Front
- Village Location



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SOPER SQUARE £1100 PCM

- Two Bed Apartment
- Top Floor
- New Hall Location
- Modern Property
- En-Suite To Master
- Intergrated Appliances
- Intercom Entry
- Parking
- EPC Rating C
- * Admin Fees Apply
- Available 21ST April

NEW LISTING



AYNSLEY GARDENS £975 PCM

- Two Bedroom Flat
- Church Langley
- Double Bedrooms
- Allocated Parking
- Part Furnished
- EPC Rating D
- * Admin Fees Apply
- Available Now

NEW LISTING



THE CHASE £850 PCM

- One Bed Apartment
- New Hall
- White Goods Only
- Large Accommodation
- Rent Includes All Bills
- * Admin Fees Apply
- EPC Rating C
- Available Early April

NEW LISTING



BROADFIELDS £825 PCM

- 2 Bed First Floor Flat
- Gas Central Heating
- Close To Schools
- Next To Town
- EPC Rating D
- Available Now
- * Admin Fees Apply

NEW LISTING



BROMLEY CLOSE £720 PCM

- Integral White Goods
- Intercom Entry System
- Allocated Parking Space
- Part Furnished To Lounge/Diner
- EPC Rating C
- Available Now
- * Admin Fees Apply

NEW LISTING



RIVERMILL £675 PCM

- One Bed Flat
- * Admin Fees Apply
- EPC Rating C
- Unfurnished
- White Goods Only
- Close To Train Station
- No Pets
- Available Now



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- Fully referenced tenants
- First class customers service



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GUIDE PRICE £250,000 GREAT HALLINGBURY (Building Plot). Rarely available building plot with full planning permission for a 3 bedroom, approx. 1,400 sq ft detached house. Full plans and conditions available. Situated opposite Howe Green private school. Sole agents.



£260,000 SAWBRIDGEWORTH (Lawrence Moorings). 2 bedroom first floor apartment with a large living room with views over the marina. 2 good size bedrooms, family bathroom, kitchen and allocated off-road parking. Short walk to train station. Must be viewed. Sole agents.



£324,950 CHURCHGATE STREET. Character cottage in a village centre location with 2-3 bedrooms over 3 floors, large luxury kitchen/breakfast room, sitting room, family bathroom, good size rear garden with outbuilding and double glazed windows. Sole agents.



£360,000 HATFIELD BROAD OAK. Beautifully presented and spacious 2 bedroom period property with a large sitting room, kitchen/dining room, en-suite to master bedroom, many period features and a fabulous loft. Thriving village and close to all amenities. Vacant possession. Sole agents.



£429,950 NEWHALL (Harlow). Spacious detached 3 bedroom modern home. Beautifully presented throughout with large living room, luxury kitchen, separate dining room, impressive en-suite to master and a further family bathroom. 40ft rear garden. Parking for 2 cars. Sole agents.



£479,950 SAWBRIDGEWORTH (Durham Close). 4 bed detached family home. Offered with vacant possession & No onward chain, driveway and parking for 3 cars. Kitchen, sitting room, separate dining room, family bathroom and 35 ft Garden.



£519,950 SAWBRIDGEWORTH (Station Road). Beautifully presented 3 double bedroom period house on a raised position in the centre of Sawbridgeworth. Good size sitting room, large dining/family room, kitchen, off-street parking, garden and period features. 5 mins to station. Sole agents.



£535,000 OLD HARLOW (Old Road). Substantial 4 bedroom semi-detached townhouse on a raised location. Beautifully appointed with a large kitchen/breakfast room, sitting room, utility, 4 bedrooms over 2 floors with 2 en-suite bathrooms, 50ft garden, garage and parking. 5 mins walk to station.



£559,950 LITTLE HALLINGBURY (Lower Road). Modern 4 bedroom detached home with an impressive kitchen/dining room, large sitting room, utility room, cloakroom, en-suite bathroom plus main bathroom, landscaped rear garden, cartilage and parking to front for 3-4 cars. Sole agents.



£563,000 HATFIELD HEATH. Impressive Victorian semi-detached house. Close to village centre. 3 reception rooms, large kitchen/breakfast room, 4 bedrooms, en-suite to master, 45ft garden. Well presented. Sole agents.



£600,000 HATFIELD HEATH (West Hayes). Detached family home in a village location with a luxury fitted kitchen/dining room, sitting room, utility room, study/office, 4 good size bedrooms, en-suite to master and family bathroom, rear garden, detached garage and driveway. Sole agents



£649,950 GREAT CANFIELD (Hope End). Spacious 3 double bedroom single storey barn conversion with a vaulted ceiling, large dining room, sitting room, spacious entrance, kitchen, corner plot, double garage, gated entrance. Close to excellent facilities. Early viewing essential. Sole agents.



£899,950 SAWBRIDGEWORTH (High Wych Road). 5 double bedroom detached home on an exclusive development of 4 houses. Landscaped gardens, detached double garage, 4 high end luxury bath/shower rooms, large open plan kitchen/family room, conservatory, large living room, study/office, downstairs w.c. Immaculate throughout. Sole agents.



£1,150,000 MATCHING (Carters Green). Detached period house with a gated entrance, large granary, bespoke handmade kitchen and utility room, 3 reception rooms, master bedroom with dressing room and en-suite, further family bath/shower room and extensive grounds. Charm and character throughout.



£1,695,000 WOODSIDE GREEN. Substantial 7,000 sq ft country house with a detached annexe, indoor swimming pool complex, kennel block, 1/2 acre plot, magnificent kitchen/family room, sitting room, games room, study, 5 bedrooms, 4 bath/shower rooms, cinema room. National Trust position. Sole agents.



£750pcm SAWBRIDGEWORTH (The Meadows). Recently refurbished one bedroom first floor apartment situated a short walk from station. Fitted kitchen and shower room. Outside there are communal gardens and off road parking. Available now.



£800pcm BISHOPS STORTFORD (Grove Place). 2 bedroom mid terrace Victorian cottage in a sought after location. Comprising living room and fitted kitchen, good size bedroom plus further single room/study and bathroom. Courtyard rear garden, outbuilding, keys held available now.



£825pcm SAWBRIDGEWORTH (West Road). Unfurnished studio apartment situated in a convenient central location just a short walk from all local amenities including mainline station. Located on the 2nd floor the property enjoys a bright lounge, open plan kitchen and separate shower room. Allocated parking for one car. Available Now.



£910pcm SAWBRIDGEWORTH (Lawrence Moorings). Unfurnished two bedroom ground floor apartment, only a short walk from the mainline station and other facilities. The property comprises entrance hall, sitting room, recently updated kitchen, two bedrooms, a modernised bathroom and gas fired central heating. Unfurnished and available early April



£900pcm LITTLE HALLINGBURY (New Barn Lane). Detached 3 bedroom unfurnished annexe situated in a quiet rural location. Open plan living area and kitchen, windows on dual aspect, 3 good sized bedrooms, family bathroom and separate wc. Off road parking. Available now.



£1095pcm SAWBRIDGEWORTH (Church Street). 2 bedroom unfurnished period cottage in a central location close to town centre, short walk to station, comprises recently refitted kitchen with small breakfast area, good size living room, two bedrooms to the first floor plus recently refitted family bathroom, courtyard rear garden.



£1395pcm HIGH WYCH (Mabeys Walk). 3 bedroom semi-detached family home offering good size accommodation, with 3 bedrooms and family bathroom to the first floor, large lounge/diner to the ground floor and kitchen/breakfast room. Integral garage and driveway, good size garden.



£1395pcm SAWBRIDGEWORTH (The Orchard). 3 bedroom, 3 storey, town house situated close to town center and station. Downstairs wc, luxury fitted kitchen with built-in appliances and large living/dining room. 3 bedrooms with en-suite shower room to master. Low maintenance garden to the rear. Available now.



£1495pcm SAWBRIDGEWORTH (Sun Street). 4 bed family home situated within walking distance of all local amenities. Enjoying a good size kitchen/diner with appliances, w.c., master bedroom with en suite shower room, 2/3 further bedrooms, L shaped lounge and family bathroom. Driveway and a good size rear garden.



£1495pcm SAWBRIDGEWORTH (Bickerton Court). 1200sqft duplex apartment in a newly constructed development only a short walk to the station. Comprising huge lounge/dining room with balcony, fitted kitchen, 2 bedrooms and 2 bathrooms. Parking, gas fired central heating.

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GUARDIAN residential lettings



Guardian are pleased to offer this good sized studio flat in Staple Tye. The property benefits from large living space, fitted kitchen and electric shower. EPC - E. Available mid March.

£635 pcm

Five Acres



Guardian are pleased to offer this one bedroom flat in popular area of Dads Wood. Walking distance to Harlow town and PAH hospital. Early viewing is advised. EPC - C. Available mid April.

£730 pcm

Dads Wood



Guardian are pleased to offer a good condition one bedroom ground floor apartment in sought after town centre, private development. The property comprises lounge with patio doors overlooking private terrace, fitted kitchen, bathroom and double bedroom, additionally benefiting from allocated parking and gas heating. EPC - D. Available mid May.

£740 PCM

Netteswell Orchard



Guardian are pleased to offer this affordable two bedroom first floor flat in Great Parndon. Part furnished with oven and fridge freezer only. EPC - C. Available mid April.

£825 pcm

Holly Field



Guardian are pleased to offer this one bedroom flat in the popular area of Sawbridgeworth. Walking distance to the high street and local shops. An early viewing is advised. EPC - E. Available late March

£775 pcm

Copper Court



Guardian are pleased to offer this three bedroom family home on the outskirts of Harlow. With modern fitted kitchen, neutral decor and large sized rooms an early viewing is a must. EPC - C. Available late April

£1150 pcm

Tithelands



Guardian are delighted to offer this two bedroom top floor flat in the private area, Bromley Close. This property benefits from allocated parking and is close to local shops and amenities. EPC - C. Available mid May.

£900 PCM

Bromley Close



Guardian are pleased to offer this large four bedroom house in the Staple Tye area of Harlow. Great value for a large family home. Call to book your viewing. EPC - D. Available late April

£1075 pcm

Milwards



Guardian are pleased to offer this three bedroom property in Sumners, Harlow. Benefiting from shower and corner bath we would recommend an early viewing. EPC - C. Available early May

£1100 pcm

Little Cattins



Guardian are delighted to offer this immaculate three bedroom home in the Bush Fair area of Harlow. The property has recently been renovated throughout with a newly installed kitchen, bathrooms and neutral decor. EPC - D. Available mid May.

£1200 PCM

Hookfield

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Guardian are delighted to offer a one bedroom flat in Willowfield Tower. Ample storage, key fob entrance, good sized lounge and bathroom. Great first buy or investment! Great current tenants of two years paying £660.00, rental yield 6.74%. EPC: C

£117,500

Willowfield, Harlow



Guardian are delighted to offer a one bedroom flat in the popular location of Barn Mead. In need of modernization, the property is a great project for a first time buyer or investor. Market rent in a good condition would be £725.00. EPC: E

£149,999

Barn Mead, Harlow



Guardian Residential are delighted to offer this immaculately presented one bedroom first floor flat in the ever popular Markhall Moors area of Harlow. EPC: D

£165,000

Tany's Dell, Harlow



Guardian are delighted to offer for sale this immaculate two bedroom first floor maisonette with a large private garden. Boasting two double bedrooms, modern fitted kitchen, modern bathroom and large rear garden with patio and decking area. EPC: D

£195,000

Cloverfield, Harlow



Guardian are delighted to offer a well presented three bedroom split level maisonette in the town centre. Close to local schools and amenities, walking distance to the station and bus stops. Immaculate bathroom with both bath and separate shower. EPC: D

£239,995

The Hides, Harlow



On the market with Guardian, well maintained two bedroom terraced house in the desirable location of Pittmans Field, Harlow. Two good sized bedrooms, a family bathroom and tucked away in a quiet cul-de-sac, this is a brilliant first time buy or investment. EPC: D

£245,000

Pittmans Field, Harlow



Guardian are delighted to offer a two bedroom end of terrace house in Vicarage Wood. Perfect for first time buyers and investors, current tenants in the property since March 2011. Double glazed throughout, gas central heating, large garden with brick built shed. EPC: E

£249,995

Vicarage Wood, Harlow



Guardian are delighted to present a three bedroom mid terrace house in Berecroft. Great first time buy or investment, current tenant paying £1,095.00 pcm. Double glazing, gas central heating. Downstairs WC and three good sized bedrooms. EPC: C

£250,000

Berecroft, Harlow



Guardian are pleased to offer this two bedroom Mid terrace property ideal for a starter home. The property benefits from double glazing, gas central heating, Drive way, en-bloc garage, a modern fitted kitchen and bathroom and offered with no onward chain.

£265,000

Sibneys green,



Guardian are delighted to offer for sale this end of terrace family home with easy access into North London! A three bedroom end of terrace. EPC: D

£269,500

Taylifers, Harlow



O.I.R.O - Guardian are delighted to offer a rarely available two bedroom mid terrace house in a quiet, cul-de-sac location in sought-after Archers. EPC: C

£270,000

Archers, Harlow



Guardian are delighted to offer for sale a well presented four bedroom Town House in Pittmans Field. Perfect for families or investors. Double glazed throughout, two reception rooms, four good sized bedrooms and downstairs WC. Large kitchen with island. EPC: C

£285,000

Pittmans Field, Harlow



Guardian are delighted to offer for sale this four bedroom mid terrace town house situated close to The Stow shopping centre. The property boasts double glazed windows, gas central heating to radiators and good sized rooms. EPC: E

£290,000

Pittmans Field, Harlow



Located in the award winning development of New Hall, Harlow, Guardian have the privilege to present a rare opportunity to acquire a mid terrace two bedroom property. Allocated parking, two large double's and perfect for a family. EPC: C

£309,995

Alba Road, New Hall



Guardian are delighted to offer this modern immaculately presented three bedroom property in the ever popular area of Katherine's on the outskirts of the town. The presentation is modern throughout and would suit a family needs. EPC: C

£310,000

Peacocks, Harlow



Guardian are delighted to offer this rare opportunity to acquire this three bedroom detached family oriented property in the sought after, private area, of Albert Gardens, Church Langley.

£340,000

Albert Gardens, Church Langley

ENERGY - ENTHUSIASM - HONESTY - INTEGRITY - CLARITY

Enter our Easter Competition! How many eggs are in the bowl?

- 1 Follow us on Facebook and/or Twitter @KingsGroupLLP
- 2 Share/Retweet the competition post
- 3 Comment your best guess and the closest guess will win the Creme Eggs

We'll be announcing the winner on **Monday 26th March 2018** via social media.

Good luck and happy egg-estimating!



www.kings-group.net



UNIT 4, CHURCH LANGLEY WAY, CHURCH LANGLEY

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Victoria Gate

£215,000

- Two Bedroom Ground Floor Flat
- CHAIN FREE
- Situated In A Residential Cul-De-Sac
- Allocated Parking
- Situated Within Close Proximity Of Local Amenities
- EPC Rating: C



Coalport Close

£220,000

- A Two Bedroom Ground Floor Flat
- CHAIN FREE
- Allocated Parking
- Lounge/Diner
- Security Telephone Entry System
- E.P.C Rating: D



Chelsea Gardens

£230,000

- STAMP DUTY EXEMPT
- A Two Bedroom Ground Floor Flat
- Allocated Parking
- Lounge/Diner
- Telephone Entry System
- E.P.C Rating: D



Chamberlain Close

£267,500

- A Two DOUBLE Bedroom Terrace House
- Allocated Parking For Two Cars
- Fitted Kitchen
- Lounge / Diner
- Secluded Private Rear Garden
- E.P.C Rating: D



Tickenhall Drive

£270,000

- Two Bedroom Terraced House
- Kitchen / Diner
- Stamp Duty Exempt
- Cul-De-Sac Location
- Allocated Parking For Two Vehicles
- EPC Rating: C



Challinor

O.I.E.O
£325,000

- Three Bedroom End Of Terrace House
- Cul-De-Sac Location
- Allocated Parking
- Garage En Bloc
- Kitchen/Diner
- EPC Rating: C



Denby Grange

£375,000

- Four Bedroom Semi Detached House
- CHAIN FREE
- Three Double Bedrooms
- En-suite to Master Bedroom
- Driveway For Two Vehicles
- EPC Rating: C



Oak Piece

O.I.E.O
£425,000

- Four Bedroom Semi-detached House
- Driveway For Two Vehicles
- Within Walking Distance To St Andrews Primary School
- Conservatory
- Potential To Extend (STPP)
- EPC Rating: E



Old Road

£600,000

- A Five Bedroom Semi-Detached Family Home
- CHAIN FREE
- 30ft Heated Swimming Pool
- Cinema Room and Gym/ Sauna
- Detached Annex In The Rear Garden
- EPC Rating: F



Rushton Grove

£299,995

- Two Bedroom House
- Extended To Rear
- Off street Parking For Two Vehicles
- Secluded Rear Garden
- Stamp Duty Exempt For First Time Buyers
- Awaiting EPC Rating



Enter our Easter Competition! How many eggs are in the bowl?

- 1 Follow us on Facebook and/or Twitter @KingsGroupLLP
- 2 Share/Retweet the competition post
- 3 Comment your best guess and the closest guess will win the Creme Eggs



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We'll be announcing the winner on **Monday 26th March 2018** via social media.

Good luck and happy egg-stimating!



19 EASTGATE, HARLOW
01279 433033



Glebelands
O.I.E.O
£220,000

- A Three Bedroom First Floor Flat
- Two Balcony's To The Front & Rear Aspect
- Fitted Kitchen
- Two Storage Cupboards On The Ground Floor
- Fitted Family Bathroom
- EPC Rating: Awaiting



Bowhill Way
O.I.R.O
£269,995

- A Two Bedroom Semi-Detached Crouch House
- Juliette Balcony overlooking a small green area
- 10 Year built mark warranty (NWBK)
- Allocated Parking
- Approx 0.8 Miles Away From Harlow Town Train Station
- EPC Rating: B



Rectory Wood
£265,000

- A Two Bedroom Mid-Terrace House
- Private Driveway For One Car
- Two DOUBLE Bedrooms
- Approx 53ft Rear Garden With Side Access
- Approx 0.1 Mile Away From The Princess Alexandra Hospital
- EPC Rating: Awaiting



The Readings
£275,000

- A Three Bedroom Mid-Terrace Family Home
- Utility Room
- First Floor Family Bathroom
- Larger Than Average Lounge/Diner
- uPVC Double Glazed & Gas Central Heating Throughout
- EPC Rating: D



Spencer Croft
£275,000

- Three Bedroom Mid-Terraced House
- Lounge/Diner
- Approx. 40ft Rear Gardens
- First Floor Bathroom
- Ideal First Time Buy or Investment Opportunity
- EPC Rating: Awaiting



Dunstalls
O.I.E.O
£280,000

- A Three Bedroom Mid-Terrace House
- Lounge Through Diner
- Fitted Kitchen
- Secluded Rear Garden With Rear Access
- Allocated Parking To Rear
- EPC Rating: D



Brockles Mead
£280,000

- A Four Bedroom Town House Property
- Four DOUBLE Bedrooms
- Private Driveway
- Ground Floor Shower Room
- Kitchen/ Diner
- EPC Rating: D



Canons Gate
O.I.E.O
£280,000

- A Three Bedroom Mid-Terrace Family Home
- Landscaped Rear Garden
- CHAIN FREE
- Approx. 0.7 Miles Away From Princess Alexandra Hospital
- uPVC Double Glazed & Gas Central Heating Throughout
- EPC Rating: C



Canons Gate
O.I.R.O
£270,000

- A Two Bedroom Mid-Terrace Family Home
- Utility Room
- Lounge/ Diner
- Approx. 63ft Rear Garden With Side Access
- Two Out Buildings And A Wooden Aviary
- EPC Rating: Awaiting



Long Banks
O.I.E.O
£285,000

- A Three Bedroom End Of Terrace House
- Situated In A Quite Residential Cul-De-Sac
- First Floor Family Bathroom
- Landscaped Rear Garden
- uPVC Double Glazed & Gas Central Heating Throughout
- EPC Rating: Awaiting



WHEELS

ROAD TEST: DS 7 Crossback Performance Line BlueHDI 180 by David Ward

SOMETHING DIFFERENT

AT A GLANCE

■ **Model:** DS 7 Crossback Performance Line BlueHDI 180 Automatic
 ■ **Price:** £36,335
 ■ **Mechanical:** 180bhp, 1,997cc, 4cyl turbo diesel engine driving front wheel via eight-speed automatic gearbox
 ■ **Max Speed:** 134mph
 ■ **0 to 62mph:** 9.9 seconds
 ■ **Combined mpg:** 57.6mpg
 ■ **Insurance group:** 29E
 ■ **CO2 emissions:** 128g/km
 ■ **BiK rating:** 27%
 ■ **Warranty:** 3 years/60,000 miles



It was seen by some people as a somewhat brave move four years ago by French bosses at Peugeot/Citroen to reintroduce their famous Citroen DS brand after a gap of 40 years in what is now a far more competitive market place.

The idea was to create it as a luxury stand alone brand from Citroen with cars offering distinctive styling and design with a greater presence on the road and overall being rather different from any other similar sized models around.

The gamble has clearly paid off with their quite stylish DS3, DS4 and DS5 hatchbacks having won over motorists and now Citroen has launched effectively their piece de resistance in the shape of the DS 7 Crossback – their first up market compact SUV.

This means taking on the already established SUV premium rivals like the Audi Q3, BMW X1 and Volvo's XC40 in what is a growing sector with increasing expensive models full of all the latest automotive high technology on board.

Citroen here will soon have over 60 dedicated DS dealerships to help continue the marque's emergence in which later will also see its first DS 7 hybrid powered

model.

For the time being the choice of power is down to a 1.6-litre turbocharged petrol model and either a 1.5-litre or 2.0-litre turbocharged diesel with latter 180bhp diesel expected the best seller.

With a choice of four trim levels – Elegance, Performance Line, Prestige and Ultra Prestige – and prices from £28,050 to £43,535 Citroen has really well and truly placed this DS 7 Crossback up amongst the premium big boys.

Tested here is the mid range Performance Line BlueHDI 180 automatic (coming in at £36,335) which like the rest of the range offers drivers a multitude of options that will soon push the price up further so potential buyers had better watch what they may add on to their basic package.

In terms of looks this DS 7 Crossback does look stylish from the outside, much like its smaller DS sister models, so it does offer a different looking car.

So much so, in fact, that on test when parked more than half a dozen other motorists came up to ask what the model was having obviously been unaware of the distinctive DS badge on the front grille.

The interior styling, quality furnishings and fittings match the distinctiveness of the outside with Nappa leather dashboard and door panels, Alcantara covered seats that give excellent all round lumbar support and really spacious head and leg room in both the front and rear seats.

Going for the Performance Line trim it comes with a 12-inch touch screen infotainment system with a easy to use row underneath of controls that operate with a mere touch of the finger and that are clearly displayed as to what they do whilst for night time driving there is infrared vision display on the touch screen that will immediately highlight

pedestrians or animals cutting across in front of the car.

The extra cash outlay on a Performance Line model is well worth it just for that safety feature but is also comes with a host of comfort and convenience features that includes LED lights, folding and defrosting wing mirrors, automatic wipers, top air conditioning system, remote tailgate opening with the key, loads of airbags, sat nav, Bluetooth, voice recognition and much more. And there's decent boot space (555 litres) enlarged when the 40/60 split rear seat backrest folded.

As for driving the test car sitting on 19-inch alloy wheels, but without the optional DS Active Scan Suspension on board, it provides a comfortable enough ride even over our now many potholed A and B roads, soaking up the more uneven surfaces without too much trouble.

With light yet precise steering it's overall quite supple out on the open road and with the 180bhp turbo diesel engine under the bonnet it's remarkably quiet for a diesel engine and really comes into its own on those longer journeys with good fuel economy (54.5mpg overall on test) at motorway speeds.

Performance is more than adequate – 0 to 62mph in 9.9 seconds – and one of the

biggest plus factors for any driver at the wheel of this eight-speed automatic is the quick but smooth responsive of the gearbox. It's by far and away the best in its class in my book – a real joy to use in normal automatic model without reverting to manual mode courtesy of the steering wheel mounted paddles.

For decades Citroen has often been ahead of time – who can remember their then revolutionary hydro pneumatic self-levelling system in that original DS back in the sixties?

This eight-speed automatic gearbox is outstanding with such an efficient, instant up and down gear movement when needed and so quiet too even with a diesel engine on board.

The Performance Line models naturally have a bagful of standard driver aids on board like hill start assist, adaptive cruise control, anti-lock brakes, electronic stability control, lane departure warning and much more.

For such quite a large SUV it handles easily even in stop start city traffic and really comes into its own cruising out on the open road and with such a high driving position as these kinds of cars do it makes for better all round vision too for the driver.

Only one minor niggle though on this Performance Line – Citroen charges an extra £450 to have that so practical reversing camera onboard which is a bit miserly when paying out thirty-six grand for a car, particularly when smaller and cheaper cars now include it as a standard item!

Overall though the DS brand continues and, deservedly so in my view, to make inroads into that premium sector of the market offering something that's refreshingly different in so many ways.



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Bobby Howood has had only a 127 credit score

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CASH PRICE	CUSTOMER DEPOSIT	48 MONTHLY PAYMENTS	AMOUNT OF CREDIT	OPTIONAL FINAL PAYMENT	PART EXCHANGE ALLOWANCE*	TOTAL AMOUNT PAYABLE	FIXED RATE OF INTEREST	REPRESENTATIVE APR
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Based on 8,000 miles per annum. Excess mileage charged at 10p per mile

Year	Description	Colour	Mileage	Price £
CARS £5,000 TO £5,999				
14/14	Ford Ka Hatchback 1.2 Studio Connect 3dr [Start Stop]	Blue	38162	£5499
15/15	Fiat Punto Hatchback 1.2 Pop 5dr	White	12059	£5999
CARS £6,000 TO £7,999				
15/15	Citroen C1 Hatchback 1.0 VTi Feel 3dr	White	11871	£6299
14/14	Vauxhall Corsa Hatchback 1.2 Design 3dr	Blue	26547	£6499
15/15	Vauxhall Adam Hatchback 1.2i Jam 3dr	White	33569	£6999
13/63	Vauxhall Astra Hatchback Special E 1.4i 16V Energy 5dr	Black	47498	£6999
14/64	Toyota Aygo Hatchback 1.0 VVT-i X-Pression 5dr	Red	26517	£7499
15/15	Ford Fiesta Hatchback 1.25 82 Zetec 3dr	Blue	11600	£7499
CARS £8,000 TO £9,999				
15/15	Vauxhall Corsa Hatchback Special E 1.4 ecoFLEX Excite 3dr [AC]	Yellow	11623	£8199
15/15	Toyota Yaris Hatchback 1.33 VVT-i Icon 5dr	Red	31517	£8499

Year	Description	Colour	Mileage	Price £
15/64	Nissan Note Diesel Hatchback 1.5 dCi Acenta Premium 5dr	Black	14200	£8499
16/16	Vauxhall Corsa Hatchback Special E 1.4 ecoFLEX Energy 5dr [AC]	Blue	9233	£9499
15/15	Vauxhall Gtc Coupe 1.4T 16V 140 SRi 3dr	White	29061	£9499
16/66	Vauxhall Corsa 1.4 SRi Vx-line 3Dr Hatchback	Silver	9171	£9999
15/64	Peugeot 3008 Diesel Estate 1.6 e-HDi Active 5dr EGC	Red	32793	£9999
17/66	Vauxhall Adam Hatchback Special Ed 1.2i Energised 3dr	Black	6600	£9999
CARS £10,000 AND ABOVE				
16/66	Vauxhall Astra Hatchback 1.0T 12V ecoFLEX SRi Nav 5dr	Silver	25025	£10690
15/15	Ford Fiesta Hatchback 1.0 EcoBoost 125 Titanium X 5dr	Blue	9688	£11299
15/15	Nissan Qashqai Diesel Hatchback 1.5 dCi Tekna 5dr	Blue	37951	£13499
17/17	Vauxhall Insignia Diesel Hatchback 1.6 CDTi ecoFLEX Elite Nav 5dr	Black	10162	£14499
16/16	Volkswagen Scirocco Coupe 1.4 TSI BlueMotion Tech GT 3dr	Mauve/Purple	5555	£16299

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Representative example: **New Kia Sportage '2' 1.6 GDI (petrol) manual 2WD with optional paint finish. No minimum deposit required.**

Duration Agreement	37 months
Cash Price	£21,695.00
Customer deposit	£3,450.00
Deposit contribution	£1,000.00
Amount of credit	£17,245.00
Interest charges	£2,043.84
36 monthly payments of	£249.89
Optional final payment (GFV)	£10,292.80
Total amount payable	£23,738.84
Fixed rate of interest	2.52%
Representative APR	4.9%

The Kia Sportage March Special Offer

£1,000 towards your Personal Contract Purchase deposit. Free Care-3 Servicing Plan worth up to £339.*



Representative example: **New Kia Sportage 'KX-2' 2.0 CRDi (diesel) manual AWD with optional paint finish. Save £1,000 off list price! No minimum deposit required.**

Duration Agreement	37 months
Cash Price	£24,495.00
Customer deposit	£3,725.00
Deposit contribution	£1,000.00
Amount of credit	£19,770.00
Interest charges	£2,307.42
36 monthly payments of	£299.27
Optional final payment (GFV)	£11,303.70
Total amount payable	£26,802.42
Fixed rate of interest	2.52%
Representative APR	4.9%

SPORTAGE

Standard spec on these models includes: • 7" touchscreen Sat-Nav with European mapping & Kia Connected Services featuring TomTom® • Reversing camera system with rear sensors • Cruise control & speed limiter • 17" alloys • LED daytime running lights • Bluetooth® & music streaming • USB & AUX ports • DAB radio • Leather-trimmed steering wheel & gearshift • All-round electric windows • Privacy glass (rear windows and tailgate) • Roof rails • Dual automatic air conditioning • Black premium cloth upholstery • Auto windscreen de-fog • Electrically folding, adjustable & heated door mirrors with LED indicators • Automatic light control • Auto-dimming rear mirror • Lane Keep Assist system • High-beam assist • Chrome front grille with high-gloss black diamond mesh radiator grille • Driver's seat power lumbar support

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*Kia Sportage '2' 1.6 GDI manual 2WD – £339 / Kia Sportage 'KX-2' 2.0 CRDi manual AWD – £329.00. Annual mileage allowance is 9,000. At the end of the Personal Contract Purchase there are 3 options: (1) part-exchange the car, where equity is available (2) Pay the GFV to own the car or (3) return the car, further charges may be made subject to the condition of the car. Finance subject to status. Terms & conditions apply. Kia Finance RH2 2AQ. Ken Brown Motors (Harlow) is a subsidiary of Shephall Way Service Station Ltd T/A Ken Brown Motors. Registered Address: Shephall Way Service Station Limited, Shephall Way Garage, Shephall Way, Stevenage, Hertfordshire, SG2 9RW. Registered number: 01522824. Regulated and authorised by the Financial Conduct Authority, number 679900. We are a credit broker not a lender. We can introduce you to a limited number of lenders to provide funding and may receive commission for the introduction.

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Models shown: Ignis 1.3 Adventure petrol manual including metallic paint (£1660) available at £16,166 on the road. Swift 1.0 Boostjet HYBRID S25 petrol manual including optional accessory pack (£1790) and metallic paint (£1485) available at £16,465 on the road. Vitara 1.6 Kuro petrol manual including metallic paint (£1600) available at £16,166 on the road. Official fuel consumption figures in mpg (l/100km): Ignis range: Urban from 61.3 (5.5) to 57.6 (5.8), Extra Urban from 66.2 (4.4) to 70.6 (4.0), Combined from 60.1 (4.7) to 65.7 (4.3). Official CO₂ emissions from 106g/km to 93g/km. Swift range: Urban from 44.3 (6.4) to 38.8 (6.8), Extra Urban from 65.7 (4.3) to 78.3 (3.7), Combined from 56.9 (5.0) to 69.7 (4.3). Official CO₂ emissions from 114g/km to 97g/km. Vitara range: Urban from 42.3 (6.7) to 31.4 (6.8), Extra Urban from 55.4 (5.1) to 78.3 (3.7), Combined from 48.5 (5.7) to 70.8 (4.0). Official CO₂ emissions from 133g/km to 106g/km, from 134g/km to 93g/km. Fuel consumption figures are based on an EU test for comparative purposes only and may not reflect real driving results. Hire Purchase product available on 0% APR over 12–42 months. Personal Contract Purchase product available on 0% APR over 20–42 months. Offer is available from participating Authorized Suzuki Dealers only. Offer cannot be used in conjunction with any other offer unless otherwise stated. Credit is available to UK residents aged 18 years or over, subject to status. From Suzuki Finance, a trading style of Suzuki Financial Services Ltd, St. Willem House, Preston Terrace, Cardiff CF23 5BA. This offer is subject to availability and Suzuki Financial Services Ltd reserves the right to withdraw or amend this offer without notice or prior warning. *Excludes Suzuki lease. Terms and Conditions apply. Suzuki Financial Services Ltd, part of Toyota Banking Group. Offer correct at the time of going to print.

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Monthly Price From
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- 2016 (66) Land Rover Range Rover Sport 3.0 Automatic HSE**, Blue, Alloy Wheels, Climate Control, Bluetooth, Cruise Control, Parking Sensors, Reversing Camera, Panoramic Sunroof, SAT NAV, Full Leather, Heated electric Memory Seats, Fridge, Side Steps, Remote Control Locking, E/Windows, E/Mirrors 24,000 miles **£49,995 £P0A pw**
- 2012 (12) Jeep Wrangler Kahn 2.8 Automatic**, Alloy Wheels, Air Con, Air Con, Cruise Control, Heated Leather Seats, Hard Top, Remote Locking, E/Windows, E/Mirrors, Bluetooth, CD Player, 15,000 Miles only **£24,995 £P0A pw**
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WHEELS

CLASSIC CARS: Wolseley by Ian Johnson

ICON OF BRITISH MOTORING

Wolseley was one of the first marques off the blocks to create a whole new world of post Second World War car is the UK.

In 1948 the showrooms were graced by the six-cylinder powered Wolseley 6/80 and its four-cylinder counterpart, the 4/50.

They were based on the Morris Oxford and Morris Six and it was the 6/80 that offered new horizons of high-power driving in the UK.

The straight-six engine was of 2,215cc capacity with 772bhp on tap. It featured a round Morris rear end and upright Wolseley grille and very quickly was adopted by the police.

They can frequently be seen in black and white screen crime dramas which are being resurrected by nostalgia television

stations. With 85mph on tap it was a force to be reckoned with.

Built at Morris's Cowley factory and its bold grille and spotlights gave it a very businesslike appearance and many fleeing criminals dreaded seeing that illuminated oval Wolseley badge getting larger in their rear-view mirrors.

It became the longest ever running favorite of police forces who seemed to retain cars well into the 1960s when they were a favorite for skid pan and mechanical training. They are even today recognised as the iconic period British police car with their bumper-mounted bells.

To accommodate its larger six-cylinder engine, the 6/80 was 7in longer than the 4/50. It also had larger brakes with 10in drums.

There were still some pre-war features, such as a

centre-hinged bonnet and split windscreen but the beauty of this car lay in its interior.

The occupants enjoyed leather seats, a polished wood dashboard and many touches that branded this car something special.

I drove one once and for its day was very responsive and you could see just why the police liked them.

The engine was interesting, having its roots in an aero engine called the Wolseley Viper V8 that started life in World War One aircraft including the SE5 fighter.

But as time marched on so did vehicle design and there was a new generation of high powered cars on the streets.

To keep up, the Wolseley company replaced the 6/80 with the 6/90, a more modern and powerful development which was also adopted for police use.



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Motability



AYGO x-play 3 door 1.0 VVT-i Manual Fuel Consumption Figures in mpg (l/100km): Urban 56.5 (5.0), Extra Urban 78.5 (3.6), Combined 68.9 (4.1). CO2 Emissions 95g/km. All mpg and CO2 figures quoted are sourced from official EU regulated laboratory test results. These are provided to allow comparisons between vehicles and may not reflect your actual driving experience.

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WHEELS

ROAD TEST: Nissan Qashqai 1.6dCi Tekna+ by Jon Smith

CLASSY AND PRACTICAL

AT A GLANCE

- **Model:** Nissan Qashqai 1.6dCi Tekna+
- **Price:** £31,575
- **Mechanical:** 128bhp, 1,598cc, 4cyl diesel engine driving front wheels via 6-speed manual gearbox
- **Max speed:** 118mph
- **0-62mph:** 9.9 seconds
- **Combined mpg:** 64.2
- **Insurance group:** 15
- **CO2 emissions:** 116g/km
- **BiK rating:** 25%
- **Warranty:** 3 years/60,000 miles



A decade or so ago, few of us even knew how to pronounce Qashqai, Nissan's then new venture into the family car market.

Today it's recognised as the landmark crossover that kicked off a new style of car that lit a fire under just about every manufacturer, and began a global trend.

But time never stands still, and now, 11 years after the first version was launched, the Japanese marque is on its third version of the Qashqai introduced last year.

Since Nissan dumped the traditionally styled Primera saloon for the then radical Qashqai, there's been a flood of copycat crossovers launched on to a greedy market. Even now, against shrinking car sales, this sector is still growing at 24 per cent.

So, how well does the latest Qashqai fare against the rivals? Plusher cabin trim, better quality materials and heavier duty plastic

mouldings have conspired to boost the interior's feel-good factor – an important area bearing in mind the top Qashqai sells for around the £32,000 mark.

I drove the 1.6 dCi Tekna+ version in two-wheel-drive (2WD) guise which, along with the four-wheel-drive (4WD), are the flagship models.

The quickest of the diesels, it has 128bhp engine that has enough urge to cover the dash to 62mph in just under

10 seconds and go on to a maximum of 118mph, which is about par the course in this sector.

Good economy has long been a strength of the Qashqai and the current model continues this attribute with an official combined figure of 64.2mpg.

Most owners will easily top the 45mpg mark in normal road conditions. Emissions are impressive too, with CO2 of 116g/km.

The latest interiors has a

quality air about it and there's ample room for four or even five adults.

A flat bottomed leather steering wheel gives it a sporty edge and makes getting in and out easier for the driver.

The dash is well laid out with easy to read dials and plenty of dark, tactile plastic – smart looking if a bit conservative.

Legroom in the rear is sufficient but not as generous as some rivals and

the boot with a carrying capacity of 401 litres is smaller than much of the competition. With rear seats folded, this expands to 1569 litres.

Both engine and road noise are subdued, helping to make the Qashqai one of the most refined models in its class. There's plenty of torque from the smooth diesel engine, although it doesn't feel quite as nippy as the figures suggest.

A slick six-speed gearbox is

standard, although a CVT automatic is available for those who are not keen on manuals.

Gone, fortunately, are the days when it was accepted that high-riders wallowed and rolled around bends. The Qashqai corners confidently and securely with plenty of grip and offers reasonable ride comfort for passengers.

I suspect the lesser models which are fitted with smaller diameter wheels than the 19-inch ones on this car will feel still more composed over uneven surfaces.

As you'd expect there's plenty of standard kit on the Tekna+. This includes seven inch touchscreen with sat nav, rear privacy glass, eight speaker audio system, auto headlights, climate control and automatic folding mirrors.

Good looking and class yet still just as practical, the Qashqai remains at the front of the pack...and we all now know how to say its name.



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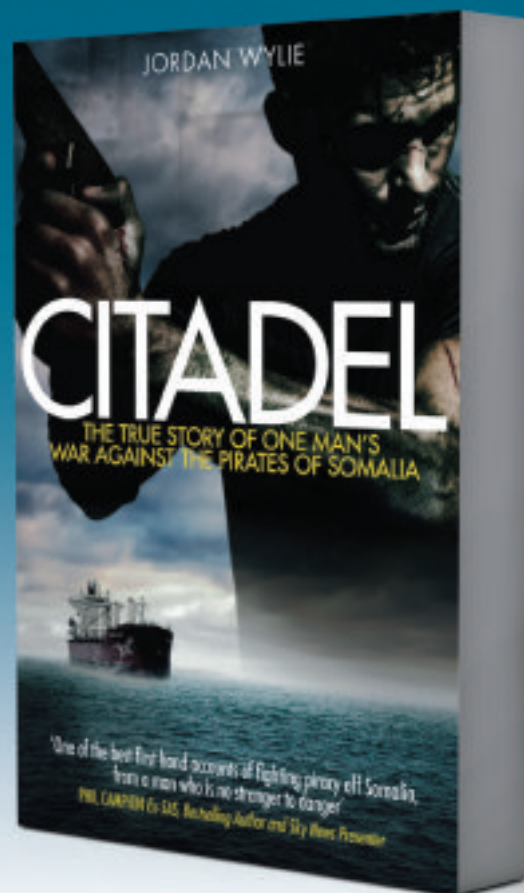
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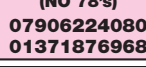
Articles Wanted

RECORDS WANTED

CASH PAID FOR LP/EP AND SINGLE RECORDS IN GOOD CONDITION. (NO 78's)

07906224080
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Audio Equipment



*** VINTAGE HIFI WANTED ***

Record Players: Garrard Models 301 or 401. Thorens TD 124 or 125, Linn LP12, Voyd or EMT 927 / 930. Transcriptors, or Townshend

Speakers - Large Old: Tannoy, Westrex, Western Electric, Lowther or Vitavox (pre 1960 cinema speakers) or Small Rodgers, Chartwell monitor speakers.

Valve Amplifiers: Quad, Radford, Leak, Westrex or Western Electric. Solid state: Quad, meridian or Lecson

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Retro style. Two matching suites each including a toilet, cistern, basin and pedestal with floral design. Excellent condition. £120 for pair. Offer £75 Tel: 01621 893321 or 07887842073

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Beds, Bedding, Bedrooms

BABY cot One baby cot, sideboard doesn't slide up and down but everything else in perfect condition. £30 without mattress and £70 with mattress. Mattress used only four times by baby. Pick up only from Cheshunt. £300 ono 07944 684621 07961975736

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4 Faux leather dining chairs, very dark brown with oak wood legs, they are 104cm high x 45cm wide and the floor to seat height 50cm. All in excellent condition hardly used No marks on them.

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ONE LINED HEAVY COTTON CURTAIN LARGE FLORAL CURTAIN & TIE-BACK 154"(391cm) PULLED (can adjust) 68"(173cm) DROP 86"(218cm). BEEN PROFESSIONALLY CLEANED. FROM SMOKE/PET FREE HOME £50 Tel: 07914 613112

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WORKING PLATFORM Ideal for garden or DIY work. Working height 590cm. 2 steps to working platform 645cmx350cm. Fitted guardrail, folds flat. Photo on website (hutton) £10 Tel: 07713 869612

LARGE SACK Barrow Pneumatic Tyres (large sack barrow now sold). Smaller one, collapses to go in your car boot. £25. Will carry heavy loads. £25 Tel: 01245 400026

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Household
Miscellaneous

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TAUCHMEISTER GERMAN made Auto 26 jewels divers men watch, stainless steel case and bracelet, black dial with date, similar to Rolex Submariner. Mint condition in original case. £85 Tel: 07746 100626

WINNIE The Poch clock Royal Selangor pewter and wood clock. Original £85 Perfect working order. Superb condition. Ideal gift. 15cm high by 9cm wide. Collectors piece. £15 ovno Tel: 01277 824103

CHILD'S WOODEN kitchen pastel colours, would make a lovely Easter gift for a child, well looked after and loved, can supply photo on request. £15.00 Tel: 01268 730577

DARTINGTON CRYSTAL Decanter John Lewis Admiral style, clear crystal glass, beautiful, perfect condition with stopper. £10 ovno Tel: 01277 824103

FOOTBALL TABLE Table Football game full size on legs well made in excellent condition hardly used. £50 ovno Tel: 01376 326541 or 07526274505

LIMITED EDITION PRINTS x 2 by Mary Farl Powers (1948-1982) signed in pencil to image, abstract formation, 36" x 29" very sought after prints each £90 Tel: 01277 652018

RETRO LOU Shabner 1960s Print Girl with Red Hair 'Sara' Chaireuse Green Background in original frame under glass Good Cond (Romford) £35 Tel: 07946 318956

VINTAGE 4 PANEL ROOM SCREEN Double sided fabric panels, two designs one on each side, wooded frame. Buyer collects. £50.00 Tel: 01245 464905

AUTUMN LEAVES tea ware, 38 pieces 15 each cups and saucers, 3 milk jugs and 2 sugar bowls, all in vgc £22 Tel: 01277 652018

HORS D'OEUVRE dish 1970s, Veropa made in France, clear patterned glass, 3 compartments, boxed. HEYBRIDGE £8 Tel: 07746 047022

J&G MEAKIN INCA RETRO COFFEE SET 1960s never been used still in original 'Bull in China Shop' box £35 Tel: 01277 652018

L.E.D COLORED LIGHTS +DISPLY 'ishbow' glass bowl. 2000 lights, white multi colored - new cost £25 bargain £10 Tel: 01277 200530

ROCKING HORSE Mamas and Pappas, 'chestnut' seat height 76CM vgc £75 ovno Tel: 01277 652066 or 0775978849

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COPPER PIPE 15mm x 3 meters length, per length £5.00 Tel: 07754 527460

CURTAINS NEW, size W52" x L54", emerald green. HEYBRIDGE. £8 Tel: 07756 047022

DENBY REGENCY BLUE Coffee Pot, original 1980s, hardly used and in vgc £15 ovno Tel: 01277 652018

GOLD LEAF imitation 14cmx14cm, pack of 100 £4.00 Tel: 07754 527460

DULUX rose white paint DULUX LUXURIOUS Silk Rose White paint from the 'natural hints' range for walls and ceilings. 2.5L unopened can, surplus to requirements. Letchworth 07448661291 £8

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SAGE GREEN 3 PIECE SUITE

Excellent condition

Includes remote control for maneuverability, and Pouffet.

Buyer collects

£1500

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Free To Good Home

FREE BROKEN pallets We have a quantity of broken pallets ideal for kindling and fencing or firewood, collect at Kings Transport North Weald Airfield Tel: 01279 882822 or Jayne Arnold jayne@kingsremovals.co.uk

FREE BROKEN pallets 4 firewood We have a quantity of broken pallets which are ideal for kindling, firewood etc please collect from Kings Transport based at North Weald Airfield Tel: 01279 882822 or Jayne Arnold

Kitchen Electrical
Appliances

FOOD PROCESSOR Braun model 4259 - New & unused. Along with processor blade also includes 5 separate slicing and grating attachments. Buyer collects from Hutton. £25 Tel: 07713 869612

FRIDGE/FREEZER BOSCH, White, W55cm. D60cm. H154cm. Quarter freezer at the top with one shelf. Three quarters fridge 4 shelves & salad drawer. £45 Tel: 01277 823754 or 07857629753

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ZANUSSI COOKER

White double oven, very good condition, still under guarantee. Genuine reason for sale.

£150 ovno

Tel: 01245 348660

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WASHING MACHINE Whirlpool. Good make. Multi-function. White. Good clean condition. Could deliver. £80 01462 639410 07833 626029

WASHING MACHINE Bosch Classixx 6 vario perfect, white, Model WA624165GB, 6kg load, 1200 spin. Excellent condition, Harlow. £95 ovno 07789 435112

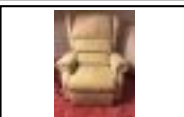
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LOGIC Fan Assisted oven Brand new, never used stainless steel fan assisted oven. £85.00 07941 881047

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Made to measure Rise and Recline Single Motor Mobility chair with waterfall back in excellent condition. Colour Oyster fabric. Price new £2,200.

Buyer to collect from Danbury.

£800 ovno

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VINTAGE RETRO
ICONIC BLOFELD
LEATHER G
PLAN CHAIR

Stunning black leather, swivels & rocks. The world's most comfortable chair used in the James Bond movie. Hardly used, excellent condition.

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G PLAN Teak Double Wall Unit includes drinks cabinet with folding doors, lighting, glass display shelves and two cupboards. WS H510 D21" Excellent condition. Buyer collects. £100 Tel: 01621 893321 or 07887842073

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BOOKCASE, TALL Beech and silver, brand new from Argos, still flat-packed ready to be assembled. Approx size H180xW78xD20 £25.00 Tel: 07791 720074

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TV STAND tv stand black glass with chrome legs has got 3 shelves and in excellent condition. length measures 43 inches. £20 Tel: 01245 258329



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Cottage style, primrose colour, two 2 seaters and 1 seater in excellent condition. Buyer to collect

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SONY 32" TV. Good quality make. Black case. With remote. Good condition. £80 01462 639410 07833 626029

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Quality glass display unit (top half) and four generous cupboard areas and 3 drawers on bottom half, approximately 185 cms high, 165 cms wide and 40 cms deep.

£250 ovno

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OLD CHARM ROCKING CHAIR Good condition apart from tear on seat cushion. £35.00 01992 468258

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CUBOT X165 5 inch HD IPS - 4G unlocked black smartphone, Android 6 OS, 3GB Ram, 16GB, SD card slot, dual cameras, charger and USB cables + case. Mint condition in original box. £85 Tel: 07746 100626

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DVDS ICE AGE-A MAMMOTH XMAS NEW £2 LARKINS tv series, new 7DVD set 1958-64, cost £26 sell15, PIRATES OF THE CARIBBEAN set 4 dvds £4 Tel: 01277 200530

READERS DIGEST Music of old Vienna, boxed collection of 6 records in excellent condition. £7 ovno Tel: 01702 231002

Marx brothers 8 Classic movie Marx brothers 8 Classic movie collection. Brand new, would make an excellent present. £25 Letchworth £25 07448 661291

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BT 4000 Big Button- digital cordless phone, extra large buttons, easy to use, large screen text, volume control, hearing aid compatible, hands free. £20 Tel: 01245 250582 or 07811302642

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TVs

40" SAMSUNG TV Excellent condition Less than a year old Comes with stand, remote and manual Buyer collects

£250

Tel: 01245 348660

TELEVISION GOODMANS 28" Nicaam Stereo 4:3 CRT (not digital), 2 Scart Connections (Romford) £10 Tel: 07948 318956

TV STAND Clear glass TV stand, 3 shelves with cable tidy. H500, W700, D460. £25 Tel: 01245 424217

SKY PLUS BOX including handset. £10 ovno Tel: 01245 355418

SONY 32" TV. Good quality make. Black case. With remote. Good condition. £80 01462 639410 07833 626029

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& Camcorders

CANON CAMCORDER CANON MV 600 CAMCORDER c/w ALL CABLES ETC. + CASSETTES V.G.C. £40 ovno Tel: 07758 688789

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Public Notices

Essex County Council

(First Avenue, Harlow & Howard Way, Harlow)
(Temporary Prohibition of Traffic)
Order 2018

Notice is hereby given that the Essex County Council has made the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: To temporarily close those lengths of First Avenue, Harlow in the District of Harlow from its junction with Halling Hill to its junction with Orchard Croft and Howard Way, Harlow in the District of Harlow from its junction with Mowbray Road to its junction with The Stow. The closures are scheduled to commence on 26th March 2018 for 4 nights, or where stated on a valid permit (EP201EH2241491 - Essex County Council. The scheduled dates may vary for these works with appropriate signs showing and/or displayed on www.roadworks.org. The closure is required for the safety of the public and workforce while carriageway patching works are undertaken by Essex County Council.

An alternative route is available via First Avenue, A414 Between Southern Town Boundary And Harlow Mill Roundabout, Cambridge Road, Edinburgh Way, Fifth Avenue, Velizy Avenue, Second Avenue and vice versa.

The Order came into effect on 15th March 2018 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

Got a story you think we'd like? Then email us your write-up and photos to sportsdesk@hertsessexnews.co.uk



Harlow close in on leaders

HARLOW Volleyball Club have turned in a string of smashing results to move up to second place in the Essex Volleyball League.

They now have their eyes firmly set on overhauling leaders Tendring Heate, who have been the champions for the last five seasons.

Last weekend Harlow, who are coached by Ilia Kalanov, played Brentwood away and won convincingly, 3-0.

They started the game full of confidence, and utilised their powerful serve to rack up the points, especially Czarek Potentassour.

Igor Pavlovskis was also outstanding, as Harlow controlled the game from start to finish with set scores of 25-18, 25-17, 25-20.

Harlow Ladies are also enjoying a fine season, topping the Essex League with just four games remaining.

They're in a group with Brentwood, Southend, Chelmsford and Ipswich, with Ipswich looking like their main rivals for the title.



Harlow Volleyball Club's men's team are second in the Essex League



Declan Garner proudly shows off his Table Tennis England award

Top award for Garner

ST MARK'S West Essex Catholic School pupil Declan Garner has been recognised for his sporting nature by winning a top accolade at the National Pride of Table Tennis awards.

The Year 10 student, who is a member of the BATTs table tennis club in Harlow, received Table Tennis England's Young Volunteer of the Year award.

He was nominated because of the time and hard work he gives, after school, to coach young players. Garner also sets up the sessions and helps the full-time coaches with many aspects of running the club.

Garner said: "I feel very proud and happy that my support for the club and its community has been recognised in this way, and I am really grateful to BATTs club for nominating me."

Andy loves a Jamaican run

HARLOW Running Club member Andy Kinney escaped the cold weather by running the Kingston City Half Marathon in Jamaica, in an energy sapping 30 degrees centigrade heat.

He completed the run in 169th place out of 182 finishers in 2hr 47min 09sec.

Meanwhile, at the Windsor and Eton 20 Mile race, one of few races not cancelled because of the weather, Steve Warren, in his debut at the distance, finished in 64th place out of 192 finishers and first Vet 55 in an excellent 2:45.12. He was followed by Sam Carter, 68th in a personal best time (PB) for of 2:45:55, and Ayesha Pite, also in her debut, 113th and third female Vet 45 in 3:05:09.

At the Hampton Court Half Marathon, Nick D'Alton finished in 865th place out of 3092 finishers in 1:54:48.

Michael Robey, completed the Vertical Rush, a run up the 42 floors and 932 steps of Tower 42 (the old NatWest Tower) finishing in 381st place out of 1615 finishers in 8min 20sec.

Several parkruns survived the weather, including the Harlow one where Alex Smith finished in second place out of 122 finishers in a superb 19:59.

Edwards an injury worry for Hawks

'We patched him up to play' admits assistant boss Knight

OTHER results worked in Harlow's favour to keep them in 22nd place in the Bostik League North Division table, as a combination of missed opportunities and individual mistakes consigned them to defeat on a freezing afternoon at Merstham.

The match saw influential midfielder Charlie Edwards hobble off injured early on, with assistant manager Spencer Knight explaining that he probably shouldn't have taken to the pitch in the first place, but was determined to help out the team.

"He picked up a foot injury the week before and we patched him up to start the game - he wanted to play," said Knight. "In hindsight he probably shouldn't have started the game, but he wanted to help us out."

"Unfortunately after ten or 15 minutes it was apparent he couldn't carry on. Hopefully he will be okay for this Saturday."

"The silver lining was other results went our way, but we shouldn't be hanging on other people's results with the quality

of players we've got.

"If we do our job then we won't be near the bottom of the table."

Harlow, who host Leatherhead this Saturday, are level on points with Tooting & Mitcham United but with a superior goal difference. Bottom of the table Burgess Hill are six points adrift, but with three games in hand.

"Leatherhead will be a tough game," said Knight.

"I believe they will make the play-offs, they've had a good season."

Consistently

"But that's not to say we can go and win the game, we've already beaten the likes of Folkestone and Dulwich in the Trophy, it's just a matter of whether we turn up on the day."

"We've not been able to consistently rely on people to be ten out of ten every week."

"That makes it very difficult to predict how we are going to play."

Alex Read almost forced a goal midway through the first half on



Charlie Edwards (centre) was forced off injured after being risked in the match against Merstham

Photo: MARTINE XERRI

Saturday when he beat his marker to deliver a powerful cross, only to see Liam Harwood put the ball over his own bar with Matt Foy ready for the tap-in.

With a good first half under their belts, Harlow just needed to settle into the second half, but a mix-up in defence put them on the back foot just three minutes after

the restart.

Merstham played a long bouncing ball forward, and when Hughes came off his line to clear, Tayshan Hayden-Smith nipped in and lobbed the ball over the keeper and into the net.

Another defensive lapse led to the hosts doubling the lead. Harlow conceded a foul just inside

their own half, and when Merstham took the free-kick quickly, Alex Addai rounded Hughes before sliding home to finish.

With two minutes left on the clock Harlow were denied a consolation when a free-kick found Syrus Gordon outside the area, and his low shot clattered off the upright.

"We probably had as many chances as they did, but we shot ourselves in the foot with two terrible goals to conceded," said Knight.

"That ultimately cost us a point and possibly more."

"We were pretty comfortable at half-time and felt if continued to work at the same tempo we would create chances to score, but it didn't work out that way."

"We shouldn't be conceding the sort of goals we are with the level of experience we've got in the team."

"It's been the story all too often this season that teams don't have to work that hard for a goal against us and we need to fix that in the run in."